

YOUR HEALTH MATTERS MONTHLY NEWSLETTER

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Westfield Regional Health Department
425 East Broad Street
Westfield, NJ 07090
Phone: 908-789-4070

WWW.WESTFIELDNJ.GOV/HEALTH



National Night Out

It culminates annually on the first Tuesday in August and enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances.



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International Overdose Awareness Day

It's a day to remember those we've lost to overdose, acknowledge the grief of the family and friends left behind, and renew our commitment to end overdose and related harms.

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National Immunization Awareness Month

This annual observance highlights the importance of getting recommended vaccines throughout your life. Vaccines can help protect us against more diseases than ever before.



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