

# New Providence Senior Citizens Newsletter

## "Good things happen here!"

JULY 2018



Vol. 18, No. 7



### COORDINATORS CORNER

"By the time you're eighty years old, you've learned everything. You only have to remember it." ~ George Burns

Summertime is here – warm weather, good food and lazy hazy days. I hope you have a chance to get outside and enjoy the sunshine. Don't forget that we still have many activities in July.

### Upcoming Events

- **Christmas in July Food Drive** – From July 12<sup>th</sup> – July 31<sup>st</sup>, we will be conducting a food drive to benefit the Our Lady of Peace food pantry. Please bring in a canned, boxed, or other appropriate item to donate. NO glass jars, please.
- **Walking Club Prize Drawing** – Every week an NPSCC member takes a stroll with the walking club in July and August, they will receive an entry ticket toward a prize drawing for a gift basket provided by Shoprite. You don't have to walk far or fast. You just have to WALK! See page 3 for details.

### Reminders/Schedule Changes

- The center will be closed Tuesday, July 3<sup>rd</sup> through Thursday, July 5<sup>th</sup> for the Independence Day holiday. We will reopen on Friday, July 6<sup>th</sup> but there will be NO pizza bingo on that day.
- There will be pizza bingo on July 13<sup>th</sup> and July 27<sup>th</sup>. **There will be NO pizza bingo on July 6<sup>th</sup> and July 20<sup>th</sup>.**
- All New Providence Borough offices will close at 1:00pm on Fridays from June 1<sup>st</sup> through September 1<sup>st</sup>.

### Notes

- If you have any suggestions for speakers or topics for a club meeting, please share them with Therese or Michelle. We welcome all ideas!
- If anyone is interested in playing billiards (pool), please tell Therese or Michelle. We have a new member who would like to get a game or two going.

### **THANK YOU...**

- Overlook Medical Center for free bone density screenings.
- Joe Tiboni, Esq. for his presentation on "The Use of Trusts to Shelter Houses from Long Term Care Costs".
- Christine Napolitano for running the Somerset Patriots Baseball and the Paper Mill Playhouse Trips.
- Classical pianist Ben Michael for performing at our June 20<sup>th</sup> meeting.
- Salt Brook School Enrichment Chorus for singing at our June 6<sup>th</sup> meeting.
- Girl Scout Troops 40726 and 41134 and the NP community members for donating Girl Scout cookies to the Senior Center during recent cookie booth sales.
- Grace Dalton for providing technology help.
- Vivian Dalton for helping Mike with the grocery shopping on Tuesdays.
- The Lions Club for its generous donation to purchase large print books and the New Providence Memorial Library for their assistance in ordering them.

### **NP Senior Citizens Club**

*An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.*

#### **Trustees**

Chair: Carolyn Foran

Vice-Chair: TBD

Secretary: Bette Schmitt

Bert Abbazia, Kathy Hendrickson, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Grace Parlapano, Bill Wehrle

#### **Club Officers**

President: Peggy Brodeur

Vice President: Bill Wehrle

Treasurer: Sal Ligammarri

1<sup>st</sup> Treasurer: TBD

2<sup>nd</sup> Treasurer: Delores Felezzola

Sergeants-at-Arms: Don Kern, Mike Ferlise

*Contact these members with any questions regarding your club!*

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### **DeCorso Community Center**

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

[www.newprov.org/seniorcenter](http://www.newprov.org/seniorcenter)

*A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.*

#### **Center Co-Coordinators**

Therese Dalton

Michelle Zack

#### **Hours**

Monday-Friday: 9:30am - 2:30pm

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### **Newsletter Staff**

Peggy Brodeur

Joan Clark

Therese Dalton

Barbara Koslap

Michelle Zack

## Trips, Activities & Meetings

*Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.*

*Please visit or call the center at 908-665-0046 if you need to cancel a reservation.*

*Do not transfer a reservation. It will not be honored.*

Check the calendar  
for ongoing activities  
& schedule changes!

***The center will be closed July 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> for the Independence Day holiday.***

- ***Wed., Jul 11, 11:00am: Meeting – Club Day.*** Come socialize and enjoy refreshments. We will celebrate July birthdays. All are welcome to stay afterwards for bingo which will be called by Chatham Hills!
- ***Thurs., Jul 12, 10:30am: Beneduce Winery Trip*** – Tour a wonderful winery described by the Wall Street Journal as “hitting all the marks” and enjoy a cafe lunch at a scenic local airport. Cost: \$22 plus cost of lunch.
- ***Mon., Jul 16, 9:00am-2:00pm: AARP Smart Driver Course*** – Refresh your driving skills, review the rules of the road, and learn research-based driving strategies. Participants may receive a multi-year discount on their car insurance. Cost: \$15 for AARP members, \$20 for nonmembers. Call the center at 908-665-0046 to sign up.
- ***Tues., Jul 17, 10:45am: Book Club*** - Therese Dalton will lead a discussion about ***Defending Jacob***, a suspenseful, character-driven mystery by author William Landay. If you need a copy of the book, see Therese.
- ***Wed., Jul 18, 11:00am: Meeting*** – Barbara Moran from the Jewish Community Housing Corporation will give a presentation on ***“The Art of Chocolate”***. Technology help will be available before the meeting.
- ***Thurs., Jul 19, 10:45am: Movie Club*** – Join us for a viewing of ***Beaches***, the story of a 30 year oil and water friendship, starring Bette Midler and Barbara Hershey.
- ***Thurs., Jul 19, 7:00pm: NP Summer Concert*** at Centennial Park featuring ***Asbury Fever***.
- ***Wed., Jul 25, 11:00am: Meeting*** – Frank Quadrino of Lyons Hospital will give a talk on ***“Veterans Benefits”***.
- ***Thurs., Jul 26, 7:00pm: NP Summer Concert*** at Centennial Park featuring ***The Day Trippers***.
- ***Tues., Jul 31, 9:45am-5:30pm: Casino Trip*** - Try your luck at the ***Sands Casino*** in Bethlehem, Pennsylvania. Purchase tickets in advance. Receive \$20 in “play money” and \$5 toward food. Cost: \$25. See Phyllis Winters.
- ***Wed., Aug 1, 11:00am: Meeting*** – Author/Lecturer, Kevin Woyce, will give a presentation on the ***History of the Jersey Shore***.
- ***Thurs., Aug 2, 7:00pm: NP Summer Concert*** at Centennial Park featuring ***1910 Fruitgum Company***.
- ***Tues., Aug 7, 6:00pm: NP Summer Concert*** at Centennial Park featuring the ***Elefante Family Band*** and observing ***National Night Out***, a community-building campaign promoting police-community partnerships and neighborhood camaraderie. The Diversity Committee will present ***“Faces of New Providence”***.
- ***Wed., Aug 8, 11:00am: Meeting*** – May Fridel will give a presentation on how to ***“Spice Up Your Healthy Kitchen”***.
- ***Thurs., Aug 9, 1:00pm: Seniors Day at the Pool*** – The New Providence Community Pool invites seniors to be their guests for lunch and entertainment. Please sign up in advance. Bus leaves at 12:45pm. Call for pickup.
- ***Wed., Aug 15, 11:00am: Meeting – Club Day.*** Come socialize and enjoy refreshments. We will celebrate August birthdays. All are welcome to stay afterwards for bingo which will be called by Chatham Hills!
- ***Thurs., Aug 16, TIME: Mystery Trip*** – Details to follow.
- ***Wed., Aug 22, 11:00am: Meeting*** – Topic to be determined.
- ***Wed., Aug 29, 11:00am: Meeting*** – CANCELLED

**CHRISTMAS IN JULY FOOD DRIVE**

Because food banks tend to run low over the summer, we will be having a food drive in July to benefit the Our Lady of Peace Food Pantry. There will be a box in the center's lobby. The items currently in most demand are tuna, tomato sauce, white rice, coffee and tea.

**CALLING ALL WALKERS!**

Every Wednesday at 10:00am, our Walking Club takes a stroll around the neighborhood before our club meeting. ShopRite is donating a gift basket to be raffled off as a prize drawing for those who participate. During July and August, walkers will receive an entry ticket every week they walk with the club. The more times you walk, the more tickets you get. You don't have to walk far or fast. You just have to WALK!

The drawing will be held on Wednesday, September 5<sup>th</sup> during the regular club meeting.

**RUBBER DUCKY RACE RESULTS**

We want to thank everyone who sold and/or purchased adoption tickets. We sold 476 tickets which will net the club approximately \$1,190.00. The money will be used to fund club events and programs.

A big thank you goes to Nancy Audet, daughter of Jack and Connie Spencer, who follows in her father's footsteps by supporting the Medical Alert Program through the Berkeley Heights Rotary Club. Nancy sold the tickets that won 1<sup>st</sup> prize (ticket to the Yankee home game) and 3<sup>rd</sup> prize (monthly flower arrangement for a year). We would also like to thank Joanne Malinauskas for coordinating the portion for the senior center.

**AROUND TOWN...****NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

**Knitting Club** – Bring a project you are working on or one you would like to start. Mon., Jul 2, 16 & 30, 7:00pm

**Baseball Club** – Come and talk about your favorite team and players or just listen. Mon., Jul 9, 7:00pm

**Cuba: Observations of a Photographer** – Nancy Ori will present photographs from her trips to Cuba and share stories and travel tips. Sat., July 21, 10:30am.

**Adult Summer Reading Program** - Complete at least one activity per week and enter drawings to win gift certificates. The grand prize drawing for an NP Fuel certificate, will be held at the End of Summer Reading Party on July 31<sup>st</sup> @ 7:30pm. Program runs from June 25<sup>th</sup> – July 29<sup>th</sup>. Details and entry forms are available on the NPML website and in the library.

**BOROUGH OF NEW PROVIDENCE**

**Independence Day Celebration** – Entertainment, "Chalk on South" and fun for the whole family. Fireworks, sponsored by Investors Bank, begin at 9:30pm. Tues, July 3, 7:00pm. Rain date is July 5.

**Summer Concerts** – Music and entertainment at Centennial Park. Free hot dogs courtesy of Prestige Diner and ice cream courtesy of Zita's.

- Asbury Fever, Thurs., Jul 19, 7:00pm
- The Day Trippers, Thurs., Jul 26, 7:00pm
- 1910 Fruitgum Company, Thurs., Aug 2, 7:00pm
- Elefante Family Band/National Night Out, Tues., Aug 7, 6:00pm

**MOVIE MARQUEE****JULY MOVIES AT THE NP MEMORIAL LIBRARY**

The 2 PM showing will have subtitles for the hearing impaired.

**Tuesdays at 9:30am & 2:00pm**

July 3 – *All the Money in the World*

July 10 – *Thank You for Your Service*

July 17 – *The Commuter*

July 24 – *Imperium*

July 31 – *Their Finest*

**Foreign Films**

Weds., July 4 – *NO MOVIE – LIBRARY CLOSED*

Mon., July 23 at 7:00pm – *Diplomacy (in French and German with English subtitles)*

<p><b>Union County Department of Human Services Division of Aging &amp; Disability Resource Connection</b></p>	<p><b>Rating: ***</b></p>
<p><b>Union County Meals on Wheels Home Delivery</b></p>	<p><b>BOOK REVIEW by Therese Dalton</b> <i>The Hideaway</i> by Lauren Denton</p>
<p>The home delivered meals program is not administered directly through the Division on Aging. It is administered by Meals on Wheels, a private non-profit agency. Meals on Wheels serves home delivered meals to County residents who, because of illness or physical disability are unable to provide their own meals. The program aids individuals in maintaining a degree of independence by keeping them from hospitalization.</p>	<p>This is a fast summer read that does not disappoint. I would have liked to meet one of the main characters, Mags.</p> <p>After her last remaining family member dies, Sara Jenkins goes home to The Hideaway, her grandmother Mags's ramshackle B&amp;B in Sweet Bay, Alabama. She intends to quickly tie up loose ends then return to her busy life and thriving antique shop in New Orleans. Instead, she learns Mags has willed The Hideaway to her and charged her with renovating it—no small task considering her grandmother's best friends, an interesting crew of senior citizens, still live there.</p>
<p><b>Eligibility Requirements:</b></p> <ul style="list-style-type: none"> <li>• Elderly individuals or couple who are unable to prepare a nutritious meal</li> <li>• Homebound handicapped individuals.</li> <li>• Individuals recovering from recent hospitalization or illness.</li> <li>• Participants must be 60 years of age or older.</li> <li>• A home assessment is necessary to determine eligibility.</li> </ul>	<p>Rather than hurrying back to New Orleans, Sara stays in Sweet Bay and begins the biggest house-rehabbing project of her career. Amid drywall dust, old memories, and a charming contractor, she discovers that slipping back into life at The Hideaway is easier than she expected.</p> <p>Then she discovers a box Mags left in the attic with clues to a life Sara never imagined for her grandmother. With help from Mags's friends, Sara begins to piece together the mysterious life of bravery, passion, and choices that changed her grandmother's destiny in both marvelous and devastating ways.</p>
<p><b>Income Guidelines and Resources:</b> None</p> <p>Call 1-908-486-5100 for additional information.</p> <p><a href="http://ucnj.org/wp-content/uploads/2014/01/Outreach-Revised-2015.pdf">http://ucnj.org/wp-content/uploads/2014/01/Outreach-Revised-2015.pdf</a></p>	<p>When an opportunistic land developer threatens to seize The Hideaway, Sara is forced to make a choice—stay in Sweet Bay and fight for the house and the people she's grown to love or leave again and return to her successful but solitary life in New Orleans.</p>
<p><b>MEALS ON WHEELS NEEDS SUMMER VOLUNTEERS</b></p> <p>SAGE Eldercare in Summit is looking for volunteers to help with the Meals on Wheels program which serves the local area including New Providence. It only takes 1 - 1.5 hours to take lunches to seniors in our community. Meals are delivered Monday through Friday at 11:00am. A volunteer may deliver meals one or more days per week or deliver on a substitute basis as needed. Volunteers must have their own vehicle. Please contact Amy Stuart at <a href="mailto:astuart@sageeldercare.org">astuart@sageeldercare.org</a> or 908-598-5513 if you would like to volunteer. Michelle had an opportunity to help with the Meals on Wheels program in May and found it a great way to help those in need. Please feel free to ask her about the experience!</p>	<p><b>HUMOROUS QUOTE</b></p> <p>A celebrity is a person who works hard all his life to become well known, then wears dark glasses to avoid being recognized. ~ Fred Allen</p>
<p><b>NPSCC NEWSLETTER ONLINE</b></p> <p>The public version of the NPSCC newsletter may be viewed online at <a href="https://www.newprov.org">https://www.newprov.org</a>. Select "Seniors" from the menu on the left hand side of the home screen. In the last sentence of the third paragraph, click on "<u>CLICK HERE</u>" to view current and past issues.</p>	<p><b>JULY FACTS</b></p> <p>Birthstone: Ruby and Onyx Flower: Larkspur &amp; Water Lily Zodiac Signs: Cancer (Jun 21–Jul 22) and Leo (Jul 23-Aug 22)</p> <p>Holidays and Observances:</p> <p>Independence Day – July 4 National Ice Cream Day – July 15 <a href="http://www.wincalendar.com">http://www.wincalendar.com</a></p>

~July 2018 ~						
	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:30 In Control w/Myriam 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	3 <b>CENTER CLOSED</b> <b>7:00pm New Providence Independence Day Celebration</b>	4 <b>CENTER CLOSED</b> <i>Happy July 4th</i>	5 <b>CENTER CLOSED</b>	6 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 <u>NO</u> Pizza Bingo	7
8	9 8:30 In Control w/Myriam 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	10 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike <b>10:00 Activities Meeting</b> 12:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	11 Happy Birthdays 9:30 Blood Pressure 10:00 Bus to Club 10:15 Walking Club <b>11:00 Club Day</b> 12:30 Bingo/Cards – Chatham Hills	12 9:30 Fit & Healthy Exercise w/Myriam <b>10:30 Winery Trip**</b> 12:30 Duplicate Bridge 12:30 Mah Jongg	13 9:00 Bus to Blue Star 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	14
15	16 8:30 In Control w/Myriam <b>9:00 AARP Smart Driver Class*</b> 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	17 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike <b>10:45 Book Club</b> 12:30 Knitting Group 1:00 Tai Chi w/Ayriel	18 9:30 Blood Pressure <b>10:00 Technology Help</b> 10:00 Bus to Club 10:15 Walking Club <b>11:00 "Art of Chocolate"</b> 12:30 Bingo/Cards	19 9:30 Fit & Healthy Exercise w/Myriam <b>10:45 Movie Club</b> 12:30 Duplicate Bridge 12:30 Mah Jongg  <b>7:00pm Summer Concert at Centennial Park</b>	20 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 <u>NO</u> Pizza Bingo	21
22	23 8:30 <u>NO</u> In Control w/Myriam 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	24 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 12:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	25 9:30 Blood Pressure 10:00 Bus to Club 10:15 Walking Club <b>11:00 Veterans Benefits</b> 12:30 Bingo/Cards	26 9:30 <u>NO</u> Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg  <b>7:00pm Summer Concert at Centennial Park</b>	27 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	28
29	30 8:30 <u>NO</u> In Control w/Myriam 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	31 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike <b>9:45 Casino Trip**</b> 12:30 Knitting Group 1:00 Tai Chi w/Ayriel	Aug 1 9:30 Blood Pressure 10:00 Bus to Club 10:15 Walking Club <b>11:00 "History of the Jersey Shore"</b> 12:30 Bingo/Cards	Aug 2 9:30 <u>NO</u> Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg  <b>7:00pm Summer Concert at Centennial Park</b>	Aug 3 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 <u>NO</u> Pizza Bingo	Aug 4

\*Sign up in advance.

\*\*Purchase ticket in advance.