

New Providence Senior Citizens Newsletter

“Good things happen here!”



DECEMBER 2018



Vol. 18, No. 11

COORDINATORS CORNER

“Leave a little sparkle where ever you go.” *Anonymous*

And the holidays have arrived! I wish you and your family a wonderful holiday season. I hope it brings you some peace as well as merriment.

- Speaking of merriment, don't forget to purchase your tickets for the Club Holiday Party by Wednesday, December 5th. The party starts at 5:00pm on Wednesday, December 12th. The Middle School Girls Choir will entertain us with holiday music. Come and celebrate together!
- Our Book Club group has put together a list of titles that members recommend. Check out the article on page 4.
- We are looking for volunteers to help write club holiday cards on Thursday, December 13th at 11:00am. If you would like to help, please sign up.
- Come join the students from the Middle School Art Club as we decorate the center for the holidays on Thursday, December 6th at 12:30pm.
- There are items in the front coat closet that have been left here throughout the year. If you are missing something, please check the closet. I will clean out the closet toward the end of the month.

Reminders/Changes

- Last classes for In Control and for Chair Yoga are Monday, December 3rd.
- There is NO Pizza Bingo on Friday, December 7th.
- The college class, Select Topics in Biology, runs through December 10th.
- The center is closed from Monday, December 24th through Tuesday, January 1st. We will reopen on Wednesday, January 2nd.

Please remember that when schools are closed for rain, snow or ice, the center is closed. If schools have a delayed opening, please call the center at 908-665-0046.

THANK YOU...

- Overlook Community Health for glucose and blood pressure screenings.
- Rebecca Abenante from Atlantic Health System for her presentation on “*Embracing Aging: Finding Your Path to Aging Well*”.
- Peggy Brodeur for organizing the Veterans Day Luncheon.
- New Providence High School for hosting Senior Citizens Day.
- Partnership for a Drug-Free New Jersey for their presentation, “*15 Minute Child Break*.”
- Kathy Hendrickson for sharing movies to be viewed at the Movie Club.
- Chatham Hills for donating pies to our veterans.
- Jane Caggiano for donating money to buy refreshments.
- Rick Cowan for sharing stories of NYPD Mafia cases.
- Hilary Stannard for coordinating the Pet Drive in October.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Carolyn Foran

Vice-Chair: TBD

Secretary: Bette Schmitt

Bert Abbazia, Kathy Hendrickson, Sal Ligammarri, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Grace Parlapiano, Bill Wehrle

Club Officers

President: Peggy Brodeur

Vice President: Bill Wehrle

Treasurer: Sal Ligammarri

1st Treasurer: Delores Felezzola

2nd Treasurer: TBD

Sergeants-at-Arms: Don Kern, Mike Ferlise

Contact these members with any questions regarding your club!

DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

www.newprov.org/seniors

A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.

Center Co-Coordinators

Therese Dalton

Michelle Zack

Hours

Monday-Friday: 9:30am - 2:30pm

Newsletter Staff

Peggy Brodeur

Joan Clark

Therese Dalton

Barbara Koslap

Bobbi McAneny

Michelle Zack

Trips, Activities & Meetings

Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the center at 908-665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

**Check the calendar
for ongoing activities
& schedule changes!**

- **Wed., Dec 5, 11:00am: Meeting** - The Sociology Class from New Providence High School will visit the center to interview NPSCC members. Please participate in these delightful discussions with the students.
- **Thurs., Dec 6, 12:30pm: Center Decoration** – Join in the fun as the Middle School Art Club helps us decorate the center for the holidays.
- **Wed., Dec 12, 10:00am:** Set up for Holiday Dinner. **THERE IS NO MEETING.**
- **Wed., Dec 12, 5:00pm: Holiday Dinner** – Indulge in a delicious dinner and share good times with friends. The NPMS Girls Chorus will provide beautiful music. Please bring a nonperishable item to donate to the OLP Food Pantry. COST: \$26. Purchase ticket by December 5th. Sign up in advance for bus pickup.
- **Thurs., Dec 13, 11:00am: Address Holiday Greeting Cards** – Share the spirit of the season and join us as we prepare holiday cards to send to our absent members. Please sign up in advance if you plan to help.
- **Wed., Dec 19, 10:00am: Meet & Mail** – Help us mail January newsletters.
- **Wed., Dec 19, 11:00am: Meeting - Club Day.** Come socialize and enjoy refreshments. We will celebrate December birthdays and elect Officers and Trustees. **We will also congratulate Public Health Nurse Janice Gironda on her retirement.** Chatham Hills will call bingo!
- **Thurs., Dec 20, 10:45am: Movie Club** – Enjoy the delightful holiday movie *White Christmas* starring Bing Crosby, Danny Kaye and Rosemary Clooney.
- **Sat., Dec 22, 1:00pm: Christmas Cantata** - The Union Methodist Church Choir is coming to the center to share beautiful holiday music. Enjoy this wonderful opportunity to celebrate the season. Light refreshments will be served. Please sign up in advance.

The center will be closed Monday, December 24 – Tuesday, January 1. We will reopen Wednesday, January 2.

- **Thurs., Dec 27, 12:30pm: Paper Mill Playhouse Trip** - *Holiday Inn.* For those with tickets. Bus leaves at 12:30pm.
- **Wed., Jan 2, 11:00am: Meeting** – Pete Axelrod from Wild Birds, Unlimited will give a presentation on backyard birding, **“Who Is That At My Feeder?”**
- **Mon., Jan 7, 10:30am:** The college class, “Select Topics in Biology,” resumes. Register in advance through Community Pass or see Therese or Michelle for assistance.
- **Wed., Jan 9, 11:00am: Meeting – Club Day.** **The Allen W. Roberts Elementary Band** will perform for us as we celebrate January birthdays. Come socialize and enjoy refreshments. Chatham Hills will call bingo!
- **Tues., Jan 15, 10:45am: Book Club** - Therese Dalton will lead a discussion about another wonderful book. The title will be announced when the books are available.
- **Wed., Jan 16, 11:00am: Meeting** – Bureau Chief, Joanne Gemenden, from the Union County Bureau of Recycling and Planning will talk about the principles of **“Reduce, Re-use and Recycle”** and answer questions.
- **Tues., Jan 22, 10:45am: Current Events** – Michelle Zack will facilitate a discussion in which members may exchange ideas and share different perspectives on issues in national and international affairs.
- **Wed., Jan 23, 11:00am: Meeting** – Chelsea Hoeffler and Nicole Goodling from **Yoga Essence Studio** will give a presentation.
- **Wed., Jan 30, 11:00am: Meeting** – Harry Kundrat will challenge us to a game of **Celebrity Trivia.** Come and see if you can identify your favorite stars.

NPSCC HOLIDAY DINNER

The NPSCC Holiday Dinner will be held on Wednesday, December 12th at 5:00pm. Indulge in a delicious dinner, enjoy beautiful music provided by the NPMS Girls chorus, and share good times with friends. Cost is \$26. Tickets must be purchased by Wednesday, December 5th. Sign up in advance for bus transportation.

NPSCC FOOD DRIVE

The NPSCC is holding a food drive during the month of December. The donated items will go to the Our Lady of Peace food pantry. **Please bring nonperishable food items to the center when you attend any of our activities, exercise classes, and meetings and/or when you come to the Holiday Dinner.** Thank you for your generosity.

AMERICAN LEGION POST #433 COOKIE WALK

The American Legion Cookie Walk Benefit/Fundraiser will take place at the Legion Hall on Saturday, December 8, from 11:00am–4:00pm. For a \$5.00 donation you get your choice of delicious, traditional, homemade cookies in a holiday motif box. Proceeds will benefit Legion Hall home improvements. If you would like to help out by contributing cookies to the cause, please deliver them to the American Legion Hall by 10:00am.

NIGHT OF A THOUSAND STARS

On Friday, December 7th at 7:00pm, the New Providence Diversity Committee will host a tree lighting event at Centennial Park celebrating the holiday season. There will be free hot cocoa donated by Prestige Diner, live entertainment provided by Al Elefante, and a special visit from LeBefana. Contribute a gift card or make a donation at the CSA table to help New Providence families in need. Dress warmly and come join family and friends for this magical outdoor evening holiday celebration of community.

AROUND TOWN...**NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

Origami Stars – Make 5-pointed or 6-pointed stars to decorate your home for the holidays with origami artist Mary Kao. Call 908-665-0311 or email npmref@yahoo.com to register as space is limited. Sat., Dec 1, 2:00pm

Knitting Club – Mon., Dec 3, 17, 7:00pm

Nonfiction Book Group – “Romantic Outlaws: the Extraordinary Lives of Mary Shelley” by Charlotte Gordon. Copies at the front desk. Thurs., Dec 6, 7:30pm

Mary Shelley’s Circle – Dr. Gillian Hettinger will speak about Mary Shelley, her idea for Frankenstein, and her scandalous circle of friends. Sun., Dec. 9, 3:00pm

Baseball Discussion Group – Mon., Dec 10, 7:00pm

Jamie Peterson & Friends Holiday Concert – Jamie Peterson and her friends will perform holiday songs. Sun., Dec. 16, 3:00pm.

Pom Pom Bookmark Craft - Make a pom pom out of yarn, with a long piece of yarn attached to mark your page. Fri., Dec 28, 3:00pm.

NEW PROVIDENCE HIGH SCHOOL

NPHS Holiday Concert – Wednesday, Dec 12, 7:30pm

AMERICAN LEGION POST #433

Cookie Walk – For a \$5.00 donation you get your choice of cookies. See article at left for details. Saturday, Dec 8, 11:00am-4:00pm.

NEW PROVIDENCE DIVERSITY COMMITTEE

Night of a Thousand Stars – Outdoor community event celebrating the holiday season. See article at left for details. Held at Centennial Park. Friday, Dec 7, 7:00pm

MOVIE MARQUEE

DECEMBER MOVIES AT THE NP MEMORIAL LIBRARY

The 2 PM showing will have subtitles for the hearing impaired.

Tuesdays at 9:30am & 2:00pm

December 4 – *Just Getting Started*

December 11 – *Mamma Mia: Here We Go Again!*

December 18 – *Mission Impossible: Fallout*

Foreign Films

Weds., December 5 at 2:00pm – *8 Women* (in French with English subtitles)

<p>SAGE ELDERCARE Care Planning Service (GPS)</p> <p>SAGE's GPS (Guidance, Planning and Support) provides a comprehensive home-based assessment and care plan recommendations.</p> <p>Their GPS Services provide personalized care planning to maximize independence, safety, and well-being.</p> <p>Figuring out what is right can be difficult - their program helps you make the best choices by evaluating your specific situation.</p> <p>They begin with a detailed assessment of your physical and emotional health, support networks, and community resources</p> <p>Together, they will review your medications and healthcare regimen, conduct a home safety evaluation, and assess your individual needs. They then provide a detailed written care plan, as well as guidance and support to help you implement the plan. They're there to help – call them at 908.598.5522.</p> <p>SAGE is a nonprofit organization committed to being the leading provider of programs and services to meet the changing needs of older adults, their families, and caregivers. New Providence Borough has contracted with SAGE and their services are available to all New Providence residents. Kathy Larkin is available for private consultations at the center before the club meeting on the first Wednesday of every month.</p>	 <p>BOOK CLUB RECOMMENDATIONS</p> <p>As winter approaches, our book club members wanted to share some favorite books to read during the colder months...</p> <p><i>Boys in the Boat</i> by Daniel James Brown (nonfiction) <i>Brain on Fire</i> by Susannah Cahalan (nonfiction) <i>A Star for Mrs. Blake</i> by April Smith <i>The Paris Wife</i> by Paula McLain <i>Beneath the Scarlet Sky</i> by Mark Sullivan <i>Next Year in Havana</i> by Chanel Cleeton <i>Flight Behavior</i> by Barbara Kingsolver <i>The Greenlanders</i> by Jane Smiley <i>Atomic City Girls</i> by Janet Beard <i>The Professor and the Madman</i> by Simon Winchester <i>The Rosie Project</i> by Graeme Simsion <i>The Curious Incident of the Dog in the Nighttime</i> by Mark Haddon <i>America's First Daughter</i> by Stephanie Dray <i>In the Garden of Beasts</i> by Eric Larson (nonfiction) <i>Scarlet Sky</i> by Mark Sullivan <i>The Devil in the White City</i> by Eric Larson (nonfiction) <i>The Sisters of St. Croix</i> by Diney Costelow</p>
<p>NPSCC ELECTION</p> <p>The election of the New Providence Senior Citizens Club Officers and Trustees will take place at the club meeting on December 19th at 11:00am. The people who run the club need your support. Please come out and vote!</p>	 <p>GIFT SUGGESTIONS</p> <p>To your enemy, forgiveness. To an opponent, tolerance. To a friend, your heart. To a customer, service. To all, charity. To every child, a good example. To yourself, respect. ~ Oren Arnold</p>
<p>DECEMBER FACTS</p> <p>Birthstone: Turquoise & Blue Topaz Flower: Narcissus & Holly Zodiac Signs: Sagittarius (Nov 22 - Dec 21) & Capricorn (Dec 22 – Jan 19) Holidays and Observances: Hanukkah – Dec 2 through Dec 10 Winter Solstice – Dec 21 Christmas – Dec 25 Kwanzaa (start) – Dec 26</p>	<p>CHRISTMAS PUNS</p> <p>What does December have that other months don't have? The letter D.</p> <p>What is green, covered with tinsel and says, "Ribbit, ribbit?" A mistle-toad.</p> <p>What do monkeys sing at Christmas time? Jungle Bells, Jungle Bells.</p> <p>NPSCC NEWSLETTER ONLINE</p> <p>The public version of the NPSCC newsletter may be viewed online at https://www.newprov.org. In the menu on the left hand side of the home screen, scroll down and select "Seniors". Click on the link to view current and past issues of the newsletter.</p>

NEW PROVIDENCE SENIOR CITIZENS CLUB ~ December 2018 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Nov 25	Nov 26 8:30 In Control w/Myriam 10:30 College Class* 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	Nov 27 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 10:45 Current Events 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	Nov 28 9:30 Blood Pressure 10:00 Bus to Club 11:00 Meeting – "15 Minute Child Break" 12:30 Bingo/Cards	Nov 29 9:30 Fit & Healthy Exercise w/Myriam 10:45 Movie Club 12:30 Partner Bridge 12:30 Mah Jongg	Nov 30 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	1
2	3 1 st Night of Hanukkah 8:30 In Control w/Myriam 9:30 Trustee Meeting 10:30 College Class* 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	4 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	5 9:30 SAGE 10:00 Bus to Club 11:00 Meeting – NPHS Sociology Class 12:30 Bingo/Cards	6 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg 12:30 Center Decoration	7 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 <u>NO</u> Pizza Bingo 7:00 Night of a Thousand Stars @ Centennial Park	8 American Legion Cookie Walk 11:00am – 4:00pm
9	10 8:30 <u>NO</u> In Control w/Myriam 10:30 College Class* 11:00 <u>NO</u> Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	11 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 10:00 Activities Meeting 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	12 10:00 Dinner Setup 11:00 <u>NO</u> Meeting 4:00pm Bus to Dinner* NPSCC Holiday Dinner** 5:00-8:00pm	13 9:30 Fit & Healthy Exercise w/Myriam 11:00 Address Holiday Greeting Cards* 12:30 Duplicate Bridge 12:30 Mah Jongg	14 9:00 Bus to Blue Star*** 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	15
16	17 8:30 <u>NO</u> In Control w/Myriam 11:00 <u>NO</u> Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	18 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	19 Happy Birthdays! 9:30 Blood Pressure 10:00 Bus to Club 10:00 Mail Newsletters 11:00 Meeting - Club Day 12:30 Bingo/Cards – Chatham Hills	20 9:30 Fit & Healthy Exercise w/Myriam 10:45 Movie Club 12:30 Duplicate Bridge 12:30 Mah Jongg	21 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	22 Christmas Cantata* 1:00pm
23	24 CENTER CLOSED	25 CENTER CLOSED	26 CENTER CLOSED	27 CENTER CLOSED 12:30pm Paper Mill Trip**	28 CENTER CLOSED	29 CENTER CLOSED THROUGH TUESDAY, JANUARY 1 st

*Sign up in advance.

**Purchase ticket in advance.

***Weather permitting

