

New Providence

Senior Citizens Newsletter



MARCH 2016

Volume 16, Issue 3

COORDINATOR'S CORNER

Happy St. Patrick's Day and Happy Easter! Hard to believe both occur in March this year. There are several small items that I would like to point out this month.

First, I would like to welcome Fran Blessing to the Board of Trustees. I know Fran will do a terrific job and we are grateful that she has accepted this position.

Second, Movies, Movies, Movies:

Our theme will be Men in March. We will show the movies on March 8th and March 22nd at 11:00am. Last month members enjoyed popcorn, pastries and coffee as they watched *Moonstruck* and *Casablanca*. Quite a few members even stayed after to talk about the movie, so please join us because it has been a lot of fun. Voting slips are on the sign up table.

- *The Graduate* (Dustin Hoffman)
- *On Golden Pond* (Henry Fonda)
- *Grease* (John Travolta)
- *Jersey Boys* (Directed by Clint Eastwood)
- *Forest Gump* (Tom Hanks)
- *All the President's Men* (Robert Redford)

Third, Schedule Changes:

- Union County College Class will not meet on Monday March 21st or 28th. Class will resume on Friday April 1st and will meet on April 8th and April 15th.
- Myriam's In Control exercise class will resume on Monday, March 7th for 12 weeks. We will be closed Good Friday, March 25th.

Fourth, Save the Date:

- CSA will hold a Pasta Dinner and Basket Raffle at the Center on April 3rd from 2:00-6:00pm. CSA stands for Community Service Association and their mission is to help New Providence residents in need. Stay tuned for more details.
- The Health Fair will be on Wednesday May 25th. We will need lots of volunteers so please keep the date in mind.

Finally, I would like to encourage everyone to participate in the 50/50 raffle during our Wednesday meetings. The proceeds from the raffle help subsidize club lunches, entertainment and other expenses.

THANK YOU...

- Teresa Kropfl for organizing a delightful Valentine's Day Luncheon where we enjoyed fantastic food and musical entertainment.
- Jennie Andrews for facilitating a wonderful discussion about presidential trivia and memorabilia.
- Harry Kundrat and Christine Napolitano for leading the Club Day conversation about U.S. Presidents and Vice Presidents.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Carolyn Foran
 Fran Blessing, Pat Connolly,
 Rosalie Hamaty, Kathy
 Hendrickson, Jean Holmes,
 Peggy MacNeil, Joe Masino,
 Grace Parlapiano, Bette Schmitt,
 Bill Wehrle

Club Officers

President: Christine Napolitano
 Vice Pres.: Harry Kundrat
 Treasurer: Sal Ligammari
 1st Treasurer: Clara DelMonte
 2nd Treasurer: Delores Felezzola
 Sergeants-at-Arms: Don Kern,
 Mike Ferlise

Contact these members with any questions regarding your club!

DeCorso Community Center

15 East Fourth St.
 New Providence, NJ 07974
 908-665-0046

www.newprov.org/seniorcenter

A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.

Center Coordinator

Stacey Kinum

Hours

Monday-Friday: 9:30 – 2:30

Newsletter Staff

Peggy Brodeur
 Clara DelMonte
 Kay DeMarco
 Stacey Kinum
 Barbara Koslap
 Doris Velez

Trips, Activities & Meetings

Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the center at 665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

**Check the calendar
for ongoing activities
& schedule changes!**

- **Wed., Mar 2, 11:00am:** Nicole from Brandywine will give a presentation on **Food and Your Mood**.
- **MON., MAR 7, 1:00PM: IN CONTROL EXERCISE CLASS WILL RESUME.**
- **Wed., Mar 9, 11:00am:** Cast members from the **NPHS Spring Musical, "Mary Poppins"**, will present highlights from the show. Have a "chim chim cheree" good time as we celebrate **March birthdays**. Chatham Hills will call Bingo for us.
- **Thurs., Mar 10, 3:45pm: Dress Rehearsal of NPHS Spring Musical, "Mary Poppins"**. Sign up for bus transportation. **Bus leaves at 3:15.**
- **Thurs., Mar 10, 7:00pm: "After Hours" Irish Night** – Celebrate the luck of the Irish with yummy food (Sloppy Joe sandwiches, Sheppard's Pie, Reuben bites, and Bailey's Irish Cream Cheesecake) and lively music while socializing with NP adults age 50+. Cost: \$10 per person. Sign up and pay in advance.
- **Fri., Mar 11, 7:30pm; Sat., Mar 12, 2:00pm & 7:30pm:** Performances of the NPHS Spring Musical, **"Mary Poppins"**, will be presented in the high school auditorium.
- **Sun., Mar 13, 2:00-4:00pm: Diversity Committee Women's Tea** celebrating Women's History Month.
- **Tues., Mar 15, 7:30pm:** The League of Women Voters presents speaker **Rita Henley Jensen**, the founder and CEO of Women's eNews, an award-winning non-profit news service covering issues of particular concern to women.
- **Wed., Mar 16, 11:00noon: St. Patrick's Day Lunch** - Kick up your heels and join in a jig as we share anecdotes and favorite memories about St. Patrick's Day. We will enjoy delicious sandwiches and Manor Care will provide traditional entertainment with bagpiper, Jim Jennings. COST: \$10. Sign up in advance. See Christine Napolitano.
- **THERE WILL BE NO UCC CLASSES ON MARCH 21ST AND MARCH 28TH.**
- **Wed., Mar 23, 11:00am:** Dr. Paul J. Carniol, MD FACS will discuss **Skin Health**.
- **FRI., MAR 25: CENTER CLOSED**
- **Wed., Mar 30, 11:00am:** Chunhong Zhang of Home Helpers will provide information on **Qualifying for Veteran Aid and Attendance Benefits**.
- **Sun., Apr 3, 2:00-6:00pm: Community Service Association Pasta Dinner.**
- **Wed., Apr 6, 11:00am:** Enjoy the beautiful sounds of the **New Providence High School Strings** as we celebrate **April Birthdays**. Chatham Hills will call Bingo for us.
- **Wed., Apr 13, 11:00am:** Pradep Nair, a Happiness-Laughter Consultant and President of Homewell Senior Care, will introduce us to **Laughter Yoga**, a combination of deep breathing exercises from yoga and laughter exercises that is a complete well-being workout. Sponsored by Manor Care.
- **Tues., Apr 19, 10:00am-6:30pm: Casino Trip** - Try your luck at the Sands Casino in Bethlehem, Pennsylvania. Purchase tickets in advance. Receive \$20 in "play money" and \$5 for food. Cost: \$20. See Phyllis Winters.
- **Wed., Apr 20, 11:00am:** Bert Abbazia will give a presentation on the **History of the New Providence Pool**.
- **Wed., Apr 27, 11:00am:** A representative from Manor Care will give a presentation on **Managing Your Medications**.
- **Thurs., Apr 28, 9:30am: Birding in the Spring** – Trip to Pyramid Mountain and to the Raptor Trust. Cost is \$20. Bring a bag lunch. See Jean Holmes for details.

IF YOU ARE INTERESTED...**NEW PROVIDENCE LIBRARY**

- **Baseball Discussion Group** – John Cronin, a longtime member of the Society for American Baseball Research and writer for The Baseball Research Journal, will lead a discussion of memorable moments in baseball. March 21st, April 11th, May 9th, and June 13th.

SUMMIT PLAYHOUSE

- **“Driving Miss Daisy” Dress Rehearsal** – Free admission. Thursday, March 3rd, 8:00pm.

MORRIS MUSEUM: Senior Admission \$7

- **Text Messages** – Artists explore the many facets of what ‘text messages’ means. Through Apr 10th.
- **Follow the Thread** – Featuring historic examples of textile art from different cultures, this exhibit examines weaving, quilting, lacemaking, crochet, and beading. Through May 1st.
- **Sculpture from the Morris Museum Collection** – Explore how artists have used a variety of materials from paper, glass, wood, and bronze to create incredible sculptures. Through May 1st.
- **W. Carl Burger - The Urge to Paint** – Featuring paintings from the 1960’s through today, the show highlights Burger’s interest in landscape and nature, his investigation of architectural forms, and his dramatic recent works on paper. Through March 27th.

NPSSC Committees

If you have a knack for interacting with people and/or planning events, you would be a wonderful addition to one of the following committees.

Hospitality Committee: Welcome new members and guests, familiarize them with the Center, and introduce them to club members. At club events, greet people and take tickets. Facilitate seating as needed. Contact: Stacey Kinum.

Sunshine Committee: Keep in touch with members and report on their milestones and achievements. Contact members who are ill and update the club on their status. Mail cards to members who are hospitalized. Report passing of members, attend funeral services, and send condolences to families. Contact: Teresa Kropfl

Activities Committee: Help plan and arrange activities for the year. Suggest and be in charge of special events, trips, etc. Make necessary arrangements for same. Contact: Christine Napolitano

Membership Committee: Determine that prospective members meet membership requirements. Prepare membership cards. Prepare folders that include a newsletter, directory, etc. for new members. Maintain Membership Directory. Contact: Stacey Kinum

If you would like to join one of these committees, please speak to the contact person.

Free Tax Return Help at the Center

Tax counselors will be available on Mondays and Saturdays from 9:00 a.m. to 3:00 p.m., from Saturday, February 6, 2016, through Monday, April 11, 2016. Taxpayers seeking assistance in preparing and filing their returns may call the NPSSC at 908-665-0046, between the hours of 10:30 a.m. and 2:00 p.m., Mondays through Fridays, for an appointment, or sign up at the center.

Summit Playhouse Dress Rehearsal

Summit Playhouse has invited NPSSC members to attend their dress rehearsal of “Driving Miss Daisy”, on Thursday, March 3rd at 8:00pm. Attendance is free. You will get to see a wonderful production and they will get to see how an audience reacts to their show. If you would like to carpool, please sign up at the center.

MOVIE MARQUEE**MARCH MOVIES AT THE NP MEMORIAL LIBRARY**

The 2 PM showing will have subtitles for the hearing impaired.

Tuesdays at 9:30am & 2:00pm

March 1 – *The Intern*
 March 8 – *Pawn Sacrifice*
 March 15 – *Grandma*
 March 22 – *Room*
 March 29 – *Suffragette*

Foreign Films

Thurs., March 3 at 2:00pm – *Wolf Totem (in Mandarin and Mongolian with English subtitles)*
 Mon., March 28 at 6:30pm – *Labyrinth of Lies (in German with English subtitles)*

Top 10 Scams Targeting Seniors

As web use among senior citizens increases, so do their chances to fall victim to internet fraud. Internet Fraud includes internet auction fraud, non-delivery of merchandise, and credit and debit card scams. This month, we will explore how to avoid non-delivery of merchandise.

Tips for Non-Delivery of Merchandise:

- Make sure you are purchasing merchandise from a reputable source.
- Do your homework on the individual or company to ensure that they are legitimate.
- Obtain a physical address rather than simply a post office box and a telephone number, and call the seller to see if the telephone number is correct and working.
- Send an e-mail to the seller to make sure the e-mail address is active, and be wary of those that utilize free e-mail services where a credit card wasn't required to open the account.
- Consider not purchasing from sellers who won't provide you with this type of information.
- Check with the Better Business Bureau from the seller's area.
- Check out other websites regarding this person/company.
- Don't judge a person or company by their website. Flashy websites can be set up quickly.
- Be cautious when responding to special investment offers, especially through unsolicited e-mail.
- Be cautious when dealing with individuals/companies from outside your own country.
- Inquire about returns and warranties.
- If possible, purchase items online using your credit card, because you can often dispute the charges if something goes wrong.
- Make sure the transaction is secure when you electronically send your credit card numbers.
- Consider using an escrow or alternate payment service.

www.fbi.gov

An old Irish blessing

*May love & laughter light your days
And warm your heart & home.
May good & faithful friends be yours
Wherever you may roam.
May peace & plenty bless your world
With joy that long endures
May all life's passing seasons
Bring the best to you & yours.*



Happy St. Patrick's Day !

Murphy's Laws and Others

Law of Close Encounter

The probability of meeting someone you know
INCREASES dramatically when you are with someone
you don't want to be seen with.

Law of the Result

When you try to prove to someone that a machine
won't work, **IT WILL!**

Law of Biomechanics

The severity of the itch is inversely proportional to
the reach.

March Facts

Birthstone: Aquamarine, Bloodstone & Jade

Flower: Daffodil

Astrological Signs: Pisces (Feb 19 – Mar 20) and Aires
(Mar 21 – Apr 19)

Other Notable Dates & Events:



March 13 - Daylight Savings Time Begins

March 17 – St. Patrick's Day

March 20 – Spring Begins

March 27 - Easter

<http://www.wincalendar.com>

~ March 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Feb 28	Feb 29 Tax Appts. 9:00-3:00 10:30 UCC Class 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge	1 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	2 10:00 Bus to Club 11:00 Food & Your Mood 12:30 Bingo/Cards	3 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	4 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	5 Tax Appts. 9:00-3:00
6	7 Tax Appts. 9:00-3:00 9:30 Trustee Meeting 10:30 UCC Class 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 1:00 In Control	8 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 10:00 Activities Meeting 11:00 Movie Club 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	9 Happy Birthdays! 9:30 Blood Pressure 10:00 Bus to Club 11:00 "Mary Poppins" 12:30 Bingo/Cards	10 9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg 3:15 Bus to "Mary Poppins" 7:00pm "After Hours" Irish Night	11 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo 7:30pm "Mary Poppins" @ NPHS	12 Tax Appts. 9:00-3:00 "Mary Poppins" @ NPHS 2:00pm & 7:30pm
13 Diversity Committee Women's Tea 2:00-4:00pm	14 Tax Appts. 9:00-3:00 10:30 UCC Class 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 1:00 In Control	15 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 1:00 Setup Luncheon 2:00 Converse Italian 7:30pm Rita Henley Jensen	16 St. Patrick's Luncheon 11:00 	17 ♣ St. Patrick's Day ♣ 9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg	18 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	19 Tax Appts. 9:00-3:00
20	21 Tax Appts. 9:00-3:00 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 1:00 In Control	22 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Movie Club 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	23 9:30 Blood Pressure 10:00 Bus to Club 11:00 Skin Health 12:30 Bingo/Cards	24 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	25 Center Closed	26 Tax Appts. 9:00-3:00
27 	28 Tax Appts. 9:00-3:00 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 1:00 In Control	29 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	30 9:30 Blood Pressure 10:00 Bus to Club 11:00 Veterans Benefits 12:30 Bingo/Cards	31 9:30 Fit & Healthy Exercise w/Myriam 12:30 Bridge or Poker 1:00 Mah Jongg	Apr 1 April Fool's Day 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	Apr 2 Tax Appts. 9:00-3:00