

# New Providence Senior Citizens Newsletter

DECEMBER 2016



Volume 16, Issue 12



## COORDINATORS CORNER

Wow. December is here. I hope during this season you are able to enjoy family and friends and not get too overwhelmed with the hustle and bustle. I, for one, am looking forward to December at the NPSCC.

Our annual Holiday Dinner will be on Wednesday December 7<sup>th</sup> from 5:00-8:00pm. This year we are asking interested members to create a themed basket, examples include Italian basket, Christmas basket, Baking basket etc. We will raffle off the baskets at the Holiday dinner. Half the proceeds will go to the Club and the other half will be donated to the Salvation Army. I can't wait to see what you create.

## SCHEDULE CHANGES/ REMINDERS

- ❖ Chair Yoga will not be held in December. Janice's grant only pays for 12 sessions and we have used all 12.
- ❖ Myriam's In Control will continue on Monday 12/5 and 12/12. Class will not be held on 12/19.
- ❖ On Friday, December 9<sup>th</sup>, the Bus will not go to Livingston Mall and will not be available for transportation to Pizza Bingo.
- ❖ Union County College Select Topics in Biology – Last class for the semester will be 12/13 and will begin at NOON. It will be a holiday party so please bring something for everyone to enjoy.

## UPCOMING EVENTS

- ❖ On Saturday, December 3<sup>rd</sup> at 1:00pm, the Union Methodist Church will perform their Christmas Cantata at the NPSCC center. Please join us for what will definitely be a great afternoon of entertainment that will put you in the Christmas mood.
- ❖ On December 14<sup>th</sup> the NPHS Sociology class will join us for our meeting. They will be conducting interviews with our seniors. Please come willing to share some of your history and thoughts. The high school does a lot for us (musical performances, Thanksgiving Lunch, etc.) so I would like to make sure we have a good group for them to interview.

Looking ahead to January...

We will be issuing membership cards to our Club members and they will be distributed in January. Stay tuned for additional information in our January newsletter.

## Thank You...

- Sue Fieseler for her fantastic series on "Maintaining and Improving Senior Health".
- Rich Lorenzo for running the "After Hours" Music Trivia Challenge.
- Bill Wehrle for organizing the trip to the Union Methodist Church for an uplifting concert of religious music performed by their choir.
- NPHS students and faculty for hosting a delightful Senior Citizens Day.
- Peggy Brodeur for organizing a wonderful Veterans' Day Luncheon.

## NP Senior Citizens Club

*An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.*

### Trustees

Chair: Carolyn Foran  
Fran Blessing, Pat Connolly,  
Rosalie Hamaty, Kathy  
Hendrickson, Jean Holmes,  
Peggy Macneal, Joe Masino,  
Grace Parlapiano, Bette Schmitt,  
Bill Wehrle

### Club Officers

President: Christine Napolitano  
Vice Pres.: Harry Kundrat  
Treasurer: Sal Ligammar  
1<sup>st</sup> Treasurer: Clara DelMonte  
2<sup>nd</sup> Treasurer: Delores Felezzola  
Sergeants-at-Arms: Don Kern,  
Mike Ferlise

*Contact these members with any questions regarding your club!*

## DeCorso Community Center

15 East Fourth St.  
New Providence, NJ 07974  
908-665-0046

[www.newprov.org/seniorcenter](http://www.newprov.org/seniorcenter)

*A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.*

### Center Coordinator

Stacey Kinum

### Hours

Monday-Friday: 9:30am - 2:30pm

## Newsletter Staff

Peggy Brodeur  
Joan Clark  
Clara DelMonte  
Stacey Kinum  
Barbara Koslap

## Trips, Activities & Meetings

*Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel a reservation.*

*Do not transfer a reservation. It will not be honored.*

**Check the calendar  
for ongoing activities  
& schedule changes!**

- **Thurs., Dec 1, 11:00am: Address Holiday Greeting Cards** – Join us as we address holiday cards for our absent members. Please sign up if you plan to help.
- **Thurs., Dec 1, 7:00pm: “After Hours” Holiday Gathering** – “After Hours” is hosting a holiday party with music and a craft. Holiday attire is encouraged. Guests are asked to bring an appetizer to share. Desserts will be provided. Doors open at 7:00pm. Please do not come early.
- **Sat., Dec 3, 1:00pm: Christmas Cantata** – The **Union Methodist Church Choir** is coming to the center to share some beautiful holiday music. Come on out and experience this wonderful opportunity to celebrate the season. Please sign up in advance
- **Tues., Dec 6, 2:00pm: Setup for Holiday Dinner.**
- **Wed., Dec 7, 5:00-8:00pm: NPSCC Holiday Dinner** – Enjoy a delicious dinner with delightful music provided by the NPMS Girls Chorus. Cost: \$22. See Christine Napolitano. Purchase tickets in advance. Sign up for bus pickup is required.
- **Thurs., Dec 8, 12:00noon: “Remember When” Holiday Party** – Jennie Andrews will lead a discussion about favorite holiday items. Please bring one of your items to share. Sign up in advance and bring a snack or beverage.
- **Fri., Dec 9, 10:15am: Jingle Bells Lunch Cruise** – Take a two hour cruise with a beautiful view of the New York skyline. Includes a buffet lunch and DJ entertainment. Cost \$70. See Ed Insinger for additional information. Purchase tickets in advance.
- **Wed., Dec 14, 11:00am: Meeting** – The Sociology class from New Providence High School will come to interview NPSCC members. Please participate in these delightful discussions with students.
- **Thurs., Dec 15, 10:00am: Jersey Gardens Mall Trip** – Beautiful seasonal decorations and great holiday shopping at New Jersey’s largest outlet and value retail center. Cost: \$2. See Christine Napolitano for additional information. Sign up in advance.
- **Wed., Dec 21, 11:00am: Meeting** – Club meeting with a Holiday theme.

**CENTER WILL BE CLOSED FRIDAY, DECEMBER 23<sup>RD</sup> THROUGH FRIDAY, DECEMBER 30<sup>TH</sup>.**

- **Sat., Dec 31, 8:00pm: New Year’s Eve Party** – Ring out the old year and welcome in the new year with food, friends and fun. Join us for an evening of cards, games, and frivolity. Cost: \$10. See Bill & Rita Wehrle.
- **Wed., Jan 4, 11:00am: Meeting** – Debbie Novajosky from Marisol’s Home Caregiver Services will lead an **Alphabet Trivia** game. Door prizes will also be awarded to some lucky winners.
- **Wed., Jan 11, 11:00am: Meeting** – Enjoy the delightful sounds of Elementary Strings from Allen W. Roberts and Salt Brook Schools. We will also celebrate January birthdays. Bingo will be called by Chatham Hills.
- **Wed., Jan 18, 11:00am: Meeting** – Topic to be determined.
- **Wed., Jan 25, 11:00am: Meeting** – Topic to be determined.
- **Wed., Jan 25, 1:00pm: Chinese New Year Luncheon** – Enjoy delicious food served in authentic Chinese family style at Dim Sum restaurant. Cost \$18. See Jean Holmes for details. Purchase tickets in advance. Car pooling is encouraged.

**AROUND TOWN...****NEW PROVIDENCE MEMORIAL LIBRARY**

- **Gift Tag Workshop** - Local resident and expert crafter Leslie Corey will share her tips and tricks for creating holiday gift tags. Sat., Dec 3, 10:30am-12:00noon.
- **Chatham Brass Holiday Concert** – Enjoy an afternoon of holiday music that will include a sing along and treats. Sun., Dec 11, 3:00pm.

**BOROUGH OF NEW PROVIDENCE**

- **Tree Lighting Ceremony** – Seasonal music and festivities at the Centennial Park Gazebo. Fri., Dec 2, 6:30pm.

**NEW PROVIDENCE HIGH SCHOOL**

- **Holiday Concert** – Enjoy a wonderful evening of holiday music at the high school. Wed., Dec 14, 7:30pm.

**AMERICAN LEGION POST 433**

- **Cookie Walk** – A \$5.00 donation provides your choice of homemade cookies. Proceeds benefit the Christopher B. Cosgrove III USMC Memorial Fund. Sat., Dec 10, 11:00am-4:00pm (or until cookies run out).

**THE TOWNE CLUB**

The Towne Club, a local woman's social organization, meets monthly at area restaurants for luncheons and a program. Outings are held the fourth Tuesday of the month at 11:30am. The club also holds an annual fund raiser which benefits local rescue squads. For additional information, contact Shirley Bitman at 908-464-2643 or [shirley@heritagehomerestoration.com](mailto:shirley@heritagehomerestoration.com).

**2ND ANNUAL COMMUNITY TREE LIGHTING EVENT**

The New Providence Diversity Committee will be hosting "A NIGHT OF A THOUSAND STARS" Community Tree Lighting Event on Friday night, December 2nd, beginning at 7:00pm in Centennial Park (Springfield Ave and Academy St). This is a free, fun, family-friendly, and festive outdoor community event. Live performances by Al Elefante, the Chatham Brass Quintet (several NP residents are members), and NPMS Boys and Girls Ensembles. Become a "STAR" by donating a gift card (any amount to any store) or a donation of any amount at the CSA tables at the event. CSA members will collect donated gift cards and assist donors with personalizing a star that they can then hang on the Community Tree in the pavilion. The Community Tree is live, and will be planted in Veterans Park in the spring alongside last year's tree. All gift cards and donations collected will then be distributed by the CSA to New Providence families in need. Also enjoy FREE HOT CHOCOLATE very generously donated by the Prestige Diner and served by the New Providence Lions. The NP Fire Department, EMS, and Police Department will also be there! **EVERYONE IS WELCOME!**

"Diversity in New Providence, NJ" Facebook page

**VETERANS DAY THANK YOU**

A special thank you to Peggy Brodeur who organized a wonderful Veteran's Day program at the American Legion Hall. We also want to thank the Future Civic Leaders of America members who donated their time and assistance. Several New Providence businesses generously donated food to the event: Avenue Deli, NP Bagel Café, Beyond Delicious, Coppola, Old Glory, Prestige Diner, Tables for Two, Moe's Bistro, Paolo's Kitchen, Latin American Deli, and Zita's. The desserts donated by the New Providence Seniors were a big hit. Finally we can never thank our Veterans enough for their service to our country.

**MOVIE MARQUEE****DECEMBER MOVIES AT THE NP MEMORIAL LIBRARY**

The 2 PM showing will have subtitles for the hearing impaired.

**Tuesdays at 9:30am & 2:00pm**

Dec 6 – *Louder Than Bombs*  
 Dec 13 – *Indignation*  
 Dec 20 – *Café Society*  
 Dec 27 – *Ghostbusters*

**Foreign Films**

Thurs., Dec 1 at 2:00pm – *Mia Madre* (in Italian and French with English subtitles)  
 Mon., Dec 26 – Library is closed. No movie tonight.

## TOP 10 SCAMS TARGETING SENIORS

### Market Manipulation (“Pump and Dump”) Fraud

This scheme—commonly referred to as a “pump and dump”—creates artificial buying pressure for a targeted security, generally a low-trading volume issuer in the over-the-counter securities market largely controlled by the fraud perpetrators. This artificially-increased trading volume has the effect of artificially increasing the price of the targeted security (i.e., the “pump”), which is rapidly sold off into the inflated market for the security by the fraud perpetrators (i.e., the “dump”). This results in illicit gains for the perpetrators and losses for innocent third-party investors. Typically, the increased trading volume is generated by inducing unwitting investors to purchase shares of the targeted security through false or deceptive sales practices and/or public information releases.

A modern variation on this scheme involves largely foreign-based computer criminals gaining unauthorized access to the online brokerage accounts of unsuspecting victims in the United States. These victim accounts are then utilized to engage in coordinated online purchases of the targeted security to affect the pump portion of a manipulation, while the fraud perpetrators sell their pre-existing holdings in the targeted security into the inflated market to complete the dump.

### Tips for Avoiding Market Manipulation Fraud:

- Don't believe the hype.
- Find out where the stock trades.
- Independently verify claims.
- Research the opportunity.
- Beware of high-pressure pitches.
- Always be skeptical.

<https://www.fbi.gov/scams-safety/fraud/fraud>

### FREE TAX RETURN HELP

New Providence, Berkeley Heights, and other area residents can obtain free assistance in preparing and filing their individual 2016 tax returns. Beginning January 25, 2017, taxpayers may call the NPSCC at 908-665-0046 between the hours of 10:30am and 2:00pm to make an appointment or sign up at the NPSCC center.



*The holiday season – like all the other seasons – is a good time not only to tell stories of miracles, but to think about the miracles in your own life, and to be grateful for them. ~ Lemony Snicket, The Lump of Coal*



### Ho Ho Ho

If you see a fat man  
Who's jolly and cute  
Wearing a beard  
And a red flannel suit  
And if he is chuckling  
And laughing away  
While flying around  
In a miniature sleigh  
With eight tiny reindeer  
To pull him along  
Then let's face it...  
Your eggnog's too strong!

### Top 10 Uses for Holiday Fruitcakes:

10. Use slices to balance that wobbly kitchen table.
9. Use instead of sand bags during El Nino.
8. Send to US Air Force, let troops drop them
7. Use as railroad ties
6. Use as speed bumps to foil the neighborhood drag racers.
5. Collect them and use them as bowling pins.
4. Use instead of cement shoes.
3. Save for next summer's garage sale.
2. Use slices in next skeet-shooting competition.
1. Two words: pin cushion.

### DECEMBER FACTS

Birthstone: Turquoise & Blue Topaz

Flower: Narcissus & Holly

Zodiac Signs: Sagittarius (Nov 23 – Dec 21) and Capricorn (Dec 22 – Jan 19)

Holidays and Observances:

- December 7 – Pearl Harbor Remembrance Day
- December 16 – Ugly Christmas Sweater Day
- December 21 – Winter Solstice
- December 24 – Chanukah/Hanukkah (first day)
- December 25 – Christmas Day
- December 25 - Kwanzaa

<http://www.wincalendar.com>

~ December 2016 ~						
	Mon	Tue	Wed	Thu	Fri	Sat
Nov 27	Nov 28 8:30 In Control w/Myriam 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 1:00 Knitting Club	Nov 29 9:00 Bus to ShopRite 9:45 Balance....w/Mike <b>12:30 Biology Class</b> 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	Nov 30 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Olympic Park Remembrance</b> 12:30 Bingo/Cards	1 9:30 Fit & Healthy Exercise w/Myriam <b>11:00 Address Holiday Greeting Cards</b> 12:30 Partner Bridge 12:30 Mah Jongg <b>7:00pm "After Hours"</b>	2 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo <b>6:30pm Tree Lighting Ceremony @ Centennial Park</b>	3 <b>Gift Tag Workshop @ NPMIL 10:30am</b>  <b>Christmas Cantata @ NPSCC Center 1:00pm</b>
4	5 8:30 In Control w/Myriam <b>9:30 Trustee Meeting</b> 11:00 Newsletter 12:30 Bridge 1:00 Knitting Club	6 9:00 Bus to ShopRite 9:45 Balance....w/Mike <b>12:30 Biology Class</b> 1:00 Tai Chi w/Ayriel <b>2:00 Setup for Holiday Dinner</b> 2:00 Converse Italian	7 4:00pm Bus to Club <b>NPSCC Holiday Dinner 5:00pm</b>	8 9:30 Fit & Healthy Exercise w/Myriam <b>12:00 "Remember When" Holiday Party</b> 12:30 Duplicate Bridge 12:30 Mah Jongg	9 9:30 Zumba w/Donna <b>10:15 Jingle Bells Lunch Cruise</b> 10:00 Bridge 12:30 Pizza Bingo <b>NO BUS TO MALL OR TO PIZZA BINGO</b>	10 <b>Cookie Walk @ American Legion 11:00-4:00</b>
11 <b>Chatham Brass Holiday Concert @ NPMIL 3:00pm</b>	12 8:30 In Control w/Myriam 11:00 Newsletter 12:30 Bridge 1:00 Knitting Club	13 9:00 Bus to ShopRite 9:45 Balance....w/Mike <b>10:00 Activities Meeting</b> <b>12:00 Biology Class</b> 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	14 Happy Birthdays! 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 NPHS Sociology Class</b> 12:30 Bingo/Cards – Chatham Hills <b>7:30pm NPHS Holiday Concert @ NPHS</b>	15 9:30 Fit & Healthy Exercise w/Myriam <b>10:00 Jersey Gardens Mall Trip</b> 12:30 Duplicate Bridge 12:30 Mah Jongg	16 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	17
18	19 11:00 Newsletter 12:30 Bridge 1:00 Knitting Club	20 9:00 Bus to ShopRite 9:45 Balance....w/Mike 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	21 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Holidays</b> 12:30 Bingo/Cards	22 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg	23 <b>CENTER CLOSED</b>	24
25	26  <b>CENTER CLOSED</b>	27 <b>CENTER CLOSED</b>	28 <b>CENTER CLOSED</b>	29 <b>CENTER CLOSED</b>	30 <b>CENTER CLOSED</b>	31 <b>NPSCC New Year's Eve Party 8:00pm</b>
Jan 1	Jan 2 <b>9:30 Trustee Meeting</b> 11:00 Newsletter 12:30 Bridge 1:00 Knitting Club	Jan 3 9:00 Bus to ShopRite 9:45 Balance....w/Mike 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	Jan 4 10:00 Bus to Club <b>11:00 Alphabet Trivia</b> 12:30 Bingo/Cards	Jan 5 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg	Jan 6 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	Jan 7