

New Providence Senior Citizens Newsletter

"Good things happen here!"



SEPTEMBER 2025

Vol. 25, Issue 9

COORDINATOR'S CORNER

As many of you know, the DeCorso Community Center sustained significant water damage during a July storm and will remain closed to the public during ongoing remediation. We will share re-opening information with you as it becomes available, but in the meantime, in-person activities will continue to be held at the New Providence Municipal Center (360 Elkwood Avenue). We will continue to send weekly e-mail updates with specific location information, and please call us at any time if you have questions – the DeCorso number (908) 665-0046 will ring at our temporary desks in the Recreation Department. Thank you all for your flexibility, patience and understanding during this time!

Highlights of September Programs and Activities include:

- Club Meeting, Birthdays & presentation by Turtleback Zoo – Wed, 9/3, 11am
- Origami Workshops – Wed 9/3, Fri 9/5, Wed 9/10, and Fri 9/12, 10am
- Club Meeting & presentation from NJ American Water – Wed, 9/10, 11am
- Bus to Blue Star – Thurs, 9/11, 8:30am and 11:30am
- Nurse's Hours – Friday, 9/12 and Wednesday, 9/24, 10am
- Club Meeting & Rutgers Master Gardener Program, "How to Grow Houseplants" – Wed, 9/17, 11am
- Painting with Veronica – Thurs, 9/18, 11:30am
- Club Meeting & Special Bingo – Wed, 9/24, 11am
- Oktoberfest at Vintage Tavern - Thurs, 9/25, 12noon
- Book Club – Tues, 9/30, 11am
- Sandwich Making Service Project – Mon, 9/29, 12pm

Please note the following schedule updates:

- Borough Offices and the DeCorso Center will be closed for Labor Day on Monday, September 1. There will be no classes or programs.
- There will be NO Strong You! on Thursday, September 4.
- Italian classes will move to Mondays at 12:15pm (Advanced) and 1:15pm (Beginner-Intermediate).
- **Until the Center is re-opened for activities:**
 - Chair Yoga classes will continue in the Yoga Studio on the ground floor of the Municipal Building, and on Zoom.
 - Bocce will proceed as planned at Oakwood Park.
 - All other exercise classes will be ZOOM ONLY until further notice.
 - All other scheduled activities will be moved to the Municipal Center. Specific room locations will be shared via weekly e-mails and will be updated on the Center's voicemail greeting.
 - All Senior Bus services will continue as regularly scheduled.

NP Senior Citizens Club
Dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bill Wehrle
Secretary: Nina Pardi
Trustees: Peggy Brodeur, Carol Dunn, Allan Igo, Barbara Koslap, Christine Napolitano, Sal Ligammari, Grace Parlapiano, Nancy Whipple

Club Officers

President: Linda Kale
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Dolores Felezzola
Sergeants-at-Arms: Mike Ferlise, Allan Igo

DeCorso Community Center
15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.us/278/Seniors
Hours

Monday-Friday 9:30am-2:30pm
Center Coordinator
Michelle Zack
Program Coordinator
Beth Conti
Public Health Nurse
Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to Shop-Rite on Tuesday mornings, to shopping malls as scheduled, to Club meetings, and to several Club activities including Friday bingo. Call in advance to reserve your ride.

CLUB MEETINGS & SPECIAL PROGRAMS (held at the Municipal Center until further notice)

**CLUB MEETING, BIRTHDAYS & TURTLEBACK ZOO,
Enriching life presentation**

Wednesday, September 3 @ 11:00am

Join us for a club meeting and a presentation from Turtleback Zoo. Find out how zookeepers work with animals in order to keep them mentally and physically healthy. Learn about the different types of enrichment, training, and behavior monitoring and how they contribute to the animal welfare program at Turtleback Zoo. Live animals will be present.*

**CLUB MEETING & PRESENTATION FROM NJ
AMERICAN WATER**

Wednesday, September 10 @ 11:00am

Join us for a Club meeting and a presentation from NJ American Water. The program will explain where your drinking water comes from and how a public drinking water system is maintained and kept safe for drinking.*

**CLUB MEETING & RUTGERS MASTER GARDENER
PROGRAM, "HOW TO GROW HOUSEPLANTS"**

Wednesday, September 17 @ 11:00am

Join us for a Club meeting and a presentation on how to grow houseplants with John Torrieri of the Rutgers Master Gardener Program. Learn why it is good to grow plants in the home, as well as how to keep plants healthy. Participants will learn how to test the light, how often to water, and other ways to help houseplants flourish.*

CLUB MEETING & SPECIAL BINGO

Wednesday, September 24 @ 11:00am

Join us for a Club meeting including a preview of the Creative Writing classes that will resume in October. The meeting will be followed by Special Bingo. Michelle and Beth will call bingo and there will be special prizes for the games.*

*For bus transportation to Club Meetings, call (908) 665-0046 or e-mail decorsocenter@newprov.us two business days in advance.

TRIPS & EVENTS

OKTOBERFEST LUNCHEON AT VINTAGE TAVERN

Thursday, September 25, 12:00noon

Celebrate the fall season with friends at Vintage Tavern while enjoying delicious German food and great entertainment. Choose your favorite dishes off the Oktoberfest (or regular) menu on the day of the event. Tickets are \$10, which is a refundable deposit that will be returned at the luncheon. Tickets are on sale now. Last day to purchase tickets is Friday, September 20. **Payment in cash only.** For bus transportation, call (908) 665-0046 or email decorsocenter@newprov.us two days in advance.

SENIOR BUS SHOPPING TRIPS*

SHOPRITE: Amy will drive to ShopRite on **Tuesdays in September at 8:00am**. If the van reaches capacity, we will add a second trip at 11:30am.*

BLUE STAR: Amy will drive to Blue Star Shopping Center on **Thursday, September 11 at 8:30am and 11:30am**.*

*E-mail decorsocenter@newprov.us or call (908) 665-0046 2 business days in advance to reserve a spot. Trips will be filled on a first come, first served basis.

BOOK CLUB

Tuesday, September 30 at 11:00am

(held at the Municipal Center until further notice)

The September book selection is *Seduced by the Light: The Mina Miller Edison Story* by Alexandra Rimer. It is the first and only biography of Mina Miller Edison, the wife of Thomas Edison, the woman who created and shaped the myth of one of the most seminal figures in America's history. The Thomas Edison we think we know was essentially created by Mina Miller Edison. Please see Michelle or Beth to pick up a copy of the book.

ITALIAN CLASSES MOVED TO MONDAYS

(held at the Municipal Center until further notice)

Italian classes will resume on **MONDAY, September 22** and will meet on Mondays going forward. Advanced classes will meet at 12:15pm. Beginner-Intermediate classes will meet at 1:15pm.

*For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two business days in advance.

ARTS & CRAFTS (held at the Municipal Center until further notice)

ORIGAMI WORKSHOP SESSION

September 3, 5, 10, 12 from 10:00am-11:00am

Back by popular demand, special guest, Shrikant Bhide, will host origami sharing sessions. Join us for this creative program and then stay for the Club meeting on Wednesdays and Bingo on Fridays. Email decorsocenter@newprov.us or call the Center at (908) 665-0046 to register. Space will be limited. Bus transportation is available.[†]

PAINTING WITH VERONICA

Thursday, September 18 at 11:30am

Join art instructor Veronica Dunscombe to paint vibrant autumn leaves in rich fall colors and shimmering gold paint on a black canvas. Email decorsocenter@newprov.us or call the Center at (908) 665-0046 by Friday, September 12 to register. Space will be limited.

IN STITCHES

Thursdays at 1:00pm

Join in the fun at this lighthearted gathering of knitters and crocheters. Bring a project and enjoy the conversation. Beginners are welcome.

CARDS & GAMES (held at the Municipal Center until further notice)

BINGO

SPECIAL BINGO – Join us for special bingo on Wednesday, September 24 after the Club meeting beginning at approximately 11:45am-12:00pm. Michelle and Beth will call bingo and there will be special prizes for the games.*

FRIDAY BINGO – Join us for weekly bingo on Fridays at 11:00am.*

*For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

BRIDGE

Mondays at 11:00am

Play “social bridge” and enjoy the company of Club friends! All levels are welcome. **No Bridge on 9/1.**

MAH JONGG

Thursdays at 12:00pm

Come make new friends and have a fun time. Beginners are welcome to watch and learn. **See page 4 for information on Beginner Mah Jongg Lessons.**

HEALTH & FITNESS (see class description for location)

NURSE’S HOURS

The New Providence Public Health Nurse, Jenn Aranda, will give blood pressure screenings and answer questions on Friday, September 12 before bingo and Wednesday, September 24 before the Club meeting. Bus transportation is available.[†] **Held at the Municipal Center until further notice.**

EXERCISE CLASSES

All DeCorso Center exercise classes are free to New Providence residents ages 65+. Please ask your doctor which classes would be appropriate for you and contact the Center to register.

Regular Classes

- **In Control** – Mondays at 9:45am –**ZOOM ONLY until further notice. No class on 9/1.**
- **Chair Yoga** – Mondays at 11:00am – In Person in the Yoga Studio at the Municipal Building until further notice, and on Zoom. **No class on 9/1.**
- **Balance and Conditioning** – Tuesdays at 9:40am – **ZOOM ONLY until further notice.**
- **Strong You!** – Thursdays at 9:30am – **ZOOM ONLY until further notice. No class on 9/4.**

Fall Special Offerings - Sign Up Now!

Bocce - Mondays, September 8, 15, 22, and 29 from 1:00-2:00pm. Learn the game, or refresh your skills, outside in the fresh air at **Oakwood Park**. Join instructor Pat Moschetti to learn Bocce rules, strategy, and tactics while playing a game. Space will be limited. Registration for the class will open on September 1 and spots will be filled on a first come, first served basis. Call (908) 665-0046 or email decorsocenter@newprov.us to register.

Stretch Strength & Stability – Resuming September 17 – Wednesdays at 9:30am on **ZOOM ONLY** with instructor Mike Czech. Call (908) 665-0046 or email decorsocenter@newprov.us to register.

The previously scheduled fall Table Tennis session has been cancelled.

[†]For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two business days in advance.

ATLANTIC HEALTH VIRTUAL PROGRAMS***Cancer Genetic Testing: It's All in the Family –**

Tuesday, September 30, 12:00pm to 1:00pm on ZOOM

Learn about how your genetic test results impact your family, including siblings, children, and extended relatives. Ways to share genetic test results with family members will be discussed.

Caring for the Mind, Body, and Spirit in the Wake of a Life-Changing Diagnosis -

Wednesday, September 3, 12:00pm to 1:00pm on ZOOM

Join for an empowering and restorative webinar focused on self-care for the mind, body, and spirit. Designed for patients, caregivers, and community members, this will offer practical techniques to reduce stress, build resilience, and nurture holistic well-being.

*Email decorsocenter@newprov.us to register and receive the Zoom link.

OCTOBER AARP DRIVING CLASSES – SIGN UP NOW!

Refresh your driving skills with the AARP Smart Driver class in person on Tuesdays in October. During the course, you will learn smart driving strategies to keep you safer on the road. Plus, you may save money on your auto insurance (consult your agent for details) and may be eligible to have two points removed from your driving record. AARP will be offering the class in person on **Tuesdays, October 7 and 14 from 11:00am to 2:00pm**. Participants must attend both sessions to get the certificate. Anyone with a NJ License is welcome to attend. The cost of the course is \$20 for AARP members and \$25 for non-members; payment will be collected at the first class.*Advance registration is required; space may be limited. To register, please call (908) 665-0046 or email decorsocenter@newprov.us.

SANDWICH MAKING SERVICE PROJECT

Monday, September 29 at 12:00noon

Gather with other seniors to make sandwiches for the Our Lady of Peace Sandwich Ministry. Sandwiches will be distributed through OLP to six different local soup kitchens and food pantries. Please note that this activity will only take place once activities have resumed at the DeCorso Center; otherwise, it will be postponed until October.

OCTOBER CREATIVE WRITING WORKSHOP

Mondays, October 6, 13, 20, 27, 10:00-11:30am

This is a writing forum where everyone will be asked to write-out or simply jot-down their ideas and read them to the Group. We welcome feedback and the Writing Coaches will provide light, constructive criticism. (Please note that this is an adult forum, so adult language is tolerated within the context of the writing pieces.) Prior to every meeting a "Writing Prompt" will be provided to assist in the creative writing process and help direct the class discussions. In addition, every meeting will begin with a brief discussion on writing craft, creativity, writing preparation and time management. **Join us for the Club meeting on Wednesday, September 24 at 11:00am for more information and a preview of the Creative Writing classes.**

THANK YOU NOTES

- o Linda Kale for helping to arrange the NP Historical Society "remote" Graveyard Tour presentation.
- o Kathy Butler for helping to arrange beginner Mah Jongg lessons.

MAH JONGG LESSONS FOR BEGINNERS

Tuesdays, October 7, 14, 21 and 28, 12:00-2:00pm

Come learn how to play Mah Jongg and make new friends while having fun! Experienced instructor Peggy Dugan will teach a series of four classes for beginners and prepare players to join our regular Thursday Mah Jongg group. Sign up now! Maximum 12 students; spots will be filled on a first come, first served basis. Call (908) 665-0046 or email decorsocenter@newprov.us to register.

AROUND TOWN

Freecycle Fest – Sunday, September 14, 9am-2pm, NP Community Pool Parking Lot.

New Providence Book Festival – Readings, author talks, spoken word open mike, and museum tours. Saturday, September 20, 9am-3pm, Salt Box Museum.

New Providence Memorial Library

Movie Matinee: "Americanish" – Tues, 9/2, 1:00pm
Books & Bagels – Tues, 9/9, 10:30am

See library website for additional programming.

NEW PROVIDENCE SENIOR CITIZENS CLUB SEPTEMBER 2025						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug 31	1 <i>Labor Day</i> Center Closed – No classes or programs	2 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² (Zoom only)	3 10:00 Origami Workshop⁴ * 11:00 Club Meeting/Birthdays & Turtleback Zoo* 12:00 Caring for the Mind...¹	4 9:30 <u>NO</u> Strong You! ² 12:00 Mah Jongg 1:00 In Stitches	5 10:00 Origami Workshop⁴ * 11:00 Bingo*	6
7	8 9:45 In Control ² (Zoom only) 10:00 Trustees Mtg 11:00 Chair Yoga ⁵ 11:00 Bridge 1:00 Bocce @ Oakwood⁴	9 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² (Zoom only) 10:00 Activities Mtg	10 10:00 Origami Workshop⁴ * 11:00 Club Meeting & presentation from NJ American Water*	11 8:30 Bus to Blue Star* 9:30 Strong You! ² (Zoom only) 11:30 Bus to Blue Star* 12:00 Mah Jongg 1:00 In Stitches	12 10:00 Origami Workshop⁴ * 10:00 Nurse's Hours* 11:00 Bingo*	13
14	15 9:45 In Control ² (Zoom only) 11:00 Chair Yoga ⁵ 11:00 Bridge 1:00 Bocce @ Oakwood⁴	16 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² (Zoom only)	17 9:30 Stretch Strength, Stability ¹ 11:00 Club Meeting & Rutgers Master Gardener Program, "How to Grow Houseplants"*	18 9:30 Strong You! ² (Zoom only) 11:30 Painting with Veronica⁴ 12:00 Mah Jongg 1:00 In Stitches	19 11:00 Bingo*	20
21	22 9:45 In Control ² (Zoom only) 11:00 Chair Yoga ⁵ 11:00 Bridge 12:15 Advanced Italian 1:00 Bocce @ Oakwood⁴ 1:15 Beginner Italian	23 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² (Zoom only)	24 9:30 Stretch Strength, Stability ¹ 10:00 Nurse's Hours* 11:00 Club Meeting & Special Bingo*	25 9:30 Strong You! ² (Zoom only) 12:00 Oktoberfest³ * 12:00 Mah Jongg 1:00 In Stitches	26 11:00 Bingo*	27
28	29 9:45 In Control ² (Zoom only) 11:00 Chair Yoga ⁵ 11:00 Bridge 12:00 Sandwich Making 12:15 Advanced Italian 1:00 Bocce @ Oakwood⁴ 1:15 Beginner Italian	30 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² (Zoom only) 11:00 Book Club 12:00 Cancer Genetic Testing¹	Oct 1 9:30 Stretch Strength, Stability ¹ 11:00 Club Meeting & Union County Surrogate "Setting Your Intentions"*	Oct 2 9:30 Strong You! ² (Zoom only) 12:00 Mah Jongg 1:00 In Stitches	Oct 3 11:00 Bingo*	Oct 4

¹ Virtual class via Zoom. Pre-registration required.

² ZOOM ONLY until further notice. Pre-registration required.

³ Purchase tickets in advance. ⁴ Register in advance.

⁵ Chair Yoga will be held in the Yoga Studio at the Municipal Center until further notice, and on Zoom.

BUS TRANSPORTATION

*Call 2 business days in advance to reserve a spot.

Shop-Rite – If needed, a second trip will be added at 11:30am.