

New Providence Senior Citizens Newsletter

"Good things happen here!"

JUNE 2025

Vol. 25, Issue #6



COORDINATOR'S CORNER

With the start of summer, I hope you all enjoy some relaxing time in the sunshine... and also join us at the Center for our many June activities, including the Ice Cream Social and two pizza bingo Fridays. Please note the schedule updates while the Center serves as a polling location.

Highlights of June Programs and Activities include:

- Nurse's Hours – Wed, 6/11, 10am
- Club Meeting/Birthdays & LINC Program Information. Special Bingo after the meeting – Wed, 6/11, 11am
- Painting with Veronica – Thurs, 6/12, 11:30am
- Pizza Bingo with FREE pizza provided by Cranford Park Care – Fri, 6/13, 11am
- Club Meeting & Talk by Author of *From One War to Another* – Wed, 6/18, 11am
- Ice Cream Social & Sing-Along – Thurs, 6/19, 12pm
- Sandwich Making Service Project – Mon, 6/23, 12pm
- Book Club – Tues, 6/24, 11am
- Club Meeting, NP Municipal Alliance, & Braven BCBS presentation on "Understanding and Managing Medications" – Wed, 6/25, 11am
- Blue Star Shopping Trip – Thurs, 6/26, 8:30am and 11:30am
- Nurse's Hours – Wed, 6/27, 10am
- Pizza Bingo with FREE pizza provided by Spring Grove – Fri, 6/27, 11am

Important Health Recommendations:

- We encourage everyone to stay up to date with vaccinations, including Covid-19, flu, and RSV.
- If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

Please note the following schedule updates:

- Due to Early Voting and Primary Election Day voting at the Center:
 - All exercise classes will be on Zoom ONLY from June 3–10.
 - There will be NO Club meeting on Wed, June 4.
 - There will be NO Bingo on Fri, June 6.
 - There will be NO Italian classes on Tues, June 10. Instead, classes meet on Fri, June 13 at 10:00am (Advanced)/ 11:00am (Beginner).
 - The Activities Committee will meet on June 17 instead of June 10.
- There will be NO Chair Yoga on Mon, June 16 and Mon, June 23.
- Borough Offices and the Center will be closed on Fri, June 20. There will be NO programs or activities.
- Summer Hours are in effect through August 29th. Borough Offices and the DeCorso Center will close at 1:00pm on Fridays.

NP Senior Citizens Club

Dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bill Wehrle

Secretary: Nina Pardi

Trustees: Peggy Brodeur, Carol Dunn, Allan Igo, Barbara Koslap, Christine Napolitano, Sal Ligam mari, Grace Parlapiano, Nancy Whipple

Club Officers

President: Linda Kale

Vice President: Bill Wehrle

Treasurer: Sal Ligam mari

1st Treasurer: Dolores Felezola

Sergeants-at- Arms: Mike Ferlise, Allan Igo

DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

www.newprov.us/278/Seniors

Hours

Monday-Friday 9:30am-2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Beth Conti

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to Shop-Rite on Tuesday mornings, to shopping malls as scheduled, and to several Club activities. Call in advance to reserve your ride.

CLUB MEETINGS & SPECIAL PROGRAMS

THERE WILL BE NO CLUB MEETING ON WEDNESDAY, JUNE 4 DUE TO EARLY VOTING

CLUB MEETING, LINC PROGRAM, BIRTHDAYS & SPECIAL BINGO

Wednesday, June 11 at 11:00am

Join us for a Club meeting and celebrate June birthdays. Aidan Barth will be here to talk about the LINC Program food pantry and volunteer opportunities with the organization. After the meeting, stay for Special Bingo. Michelle and Beth will call bingo and there will be special prizes for the games.*

CLUB MEETING & PRESENTATION FROM LOCAL AUTHOR, JOHN LANZA

Wednesday, June 18 at 11:00am

Join us for a Club meeting and presentation from local author, John Lanza. Mr. Lanza will discuss his new book, *From One War to Another*. The book started with war stories from a veteran airman but grew to encompass much more about two world wars---how they were started, mobilized, fought, supported, and ended.*

CLUB MEETING, NP MUNICIPAL ALLIANCE, & BRAVEN BCBS PRESENTATION ON “UNDERSTANDING AND MANAGING MEDICATIONS”

Wednesday, June 25 at 11:00am

Join us for a Club meeting and presentation on understanding and managing medications from Braven BCBS. They will cover the difference between generic, brand and over-the-counter medicines; how to read a medicine label; and ways to organize, store and dispose of medicine. Separately, the New Providence Municipal Alliance will also speak at the meeting. The Alliance is a group of volunteers that uses grant funds from the state of NJ to provide substance use prevention programs to the community. They will discuss the mission and goals of the Alliance, as well as the many programs they offer to students, parents, and community members.*

*For bus transportation to Club Meetings, call (908) 665-0046 or e-mail decorsocenter@newprov.us two business days in advance.

TRIPS & EVENTS

♪ ICE CREAM SOCIAL & SING-ALONG ♪

featuring Zita's Ice Cream

Thursday, June 19 at 12:00pm

Join in the fun as we celebrate the summer season. There will be yummy homemade ice cream (regular and sugar-free) and toppings from Zita's Homemade Ice Cream. We will also have a Sing-Along. Cost is \$5. Tickets are on sale now. Please buy your ticket by Thursday, June 12. For bus transportation, call (908) 665-0046 or email decorsocenter@newprov.us two days in advance.

SAVE THE DATE

AIRPORT CAFÉ TRIP

Thursday, July 10 at 10:00am

We are returning to the Airport Café to enjoy delicious food and delightful friends while watching planes take off and land. Seniors who took the last trip to the Airport Café said the food is REALLY good. Cost: \$3 plus cost of lunch. Tickets go on sale June 11.

SENIOR BUS SHOPPING TRIPS*

SHOPRITE: Amy will drive to ShopRite on **Tuesdays at 8:00am**. If the van reaches capacity, we will add a second trip at 11:30am.*

BLUE STAR: Amy will drive to Blue Star Shopping Center on **Thursday, June 26 at 8:30am and 11:30am.***

*E-mail decorsocenter@newprov.us or call (908) 665-0046 2 business days in advance to reserve a spot. Trips will be filled on a first come, first served

BOOK CLUB

Tuesday, June 24 at 11:00am

The June book selection is *Saints for All Occasions* by J. Courtney Sullivan, which tells the story of two sisters, Nora and Theresa Flynn, who journey from Ireland to America. They face unexpected challenges and choices that create a rift between them. This novel delves into themes of love, sacrifice, and the complex ties that bind families together. Pick up a copy at the Center.

ITALIAN CLASSES

Italian classes, Advanced and Beginner, meet every Tuesday. Advanced class meets at 12:15pm. Beginner class meets at 1:15pm. **No classes June 10. On Friday, June 13, Advanced Italian will meet at 10:00am and Beginner Italian will meet at 11:00am.**

ARTS & CRAFTS**PAINTING WITH VERONICA****Thursday, June 12 at 11:30am**

Join art instructor Veronica Dunscombe to create a beautiful painting. Learn a new painting technique and create an art project to accent your home. Please call the Center at (908) 665-0046 or email decorsocenter@newprov.us by Friday, June 6 to register. Space will be limited.

IN STITCHES**Thursdays at 1:00pm**

Join in the fun at this lighthearted gathering of knitters and crocheters. Bring a project and enjoy the conversation. Beginners who want to learn are also welcome.

SAVE THE DATE – FLOWER BAR WITH LIFE HOSPICE**Thursday, July 3 at 11:30am****CARDS & GAMES****BINGO**

SPECIAL BINGO – Join us for special bingo on Wednesday, June 11 after the Club meeting beginning at approximately 11:45am-12:00pm. Michelle and Beth will call bingo and there will be special prizes for the games.

FRIDAY BINGO – Join us for weekly bingo on Fridays at 11:00am. We will have Pizza Bingo on Friday, June 13 with FREE pizza provided by Cranford Park Care and on Friday, June 27 with FREE pizza provided by Spring Grove. **No bingo on 6/6 and 6/20.**

For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us **two days in advance.**

BRIDGE**Mondays at 11:00am**

Play “social bridge” and enjoy the company of Club friends in the Card Room! All levels are welcome.

MAH JONGG**Thursdays at 12:00pm**

Come make new friends and have a fun time. Beginners are welcome to watch and learn.

SANDWICH MAKING SERVICE PROJECT**Monday, June 23 at 12:00pm**

Gather with other seniors at the DeCorso Center to make sandwiches for the Our Lady of Peace Sandwich Ministry. Sandwiches will be distributed through OLP to six different local soup kitchens and food pantries.

HEALTH & FITNESS**NURSE'S HOURS**

The New Providence Public Health Nurse, Jenn Aranda, will give blood pressure screenings and answer questions at 10:00am on Wednesday, June 11 before the Club meeting and at 10:00am on Friday, June 27 before Bingo. Bus transportation is available.[†]

EXERCISE CLASSES

All DeCorso Center exercise classes are free to New Providence residents ages 65+. Please ask your doctor which classes would be appropriate for you and contact the Center to register.

Regular Classes

- **In Control** – Mondays at 9:45am – In Person and on Zoom. **Zoom only on 6/9.**
- **Chair Yoga** – Mondays at 11:00am – In Person and on Zoom. **Zoom only on 6/9. No class on 6/16 and 6/23.**
- **Balance and Conditioning** – Tuesdays at 9:40am – In Person and on Zoom. **Zoom only on 6/3 and 6/10.**
- **Strong You!** – Thursdays at 9:30am - In Person and on Zoom. **Zoom only on 6/5.**

Special Offerings

- **Stretch, Strength, and Stability** - Wednesdays through June at 9:30am – Zoom ONLY
- **Bocce** - Mondays, June 2 and 9, from 1:30-2:30pm. Learn the game or refresh your skills at **Oakwood Park**. Join instructor Pat Moschetti to learn Bocce rules, strategy, and tactics while playing a game. This class is already full, but interested seniors may be added to a waitlist.

KNITTERS AND CROCHETERS WANTED

Knitters and Crocheters are wanted to make Baby Hats and Baby Blankets for newborns at University Hospital in Newark.

Crocheters to make Squares for Life Hospice are also wanted. The squares will be made into lap blankets for patients receiving end-of-life care. These blankets will also serve as a memorial of the patient for their loved ones once the patient has passed.

Yarn is available for those who are interested in making these projects.

Join “In Stiches” (Tuesdays at 1:00pm) to work on these projects or work on your own.

[†]For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two business days in advance.

ATLANTIC HEALTH VIRTUAL PROGRAMS***Wound Prevention, Diagnosis and Management -**

Tuesday, June 17, 12pm to 1pm on ZOOM

Whether it is a diabetic wound, a pressure injury or a cut that does not seem to heal, knowing how to prevent, identify and manage wounds can truly make a difference in one's health and quality of life. Join us to discuss prevention, diagnosis, and management of a wound with an emphasis on recognizing risk factors, early warning signs and proper care techniques. Learn how to reduce complications, promote healing, and improve overall wound outcomes, especially for those at high risk.

Understanding Memory Loss: From Aging to**Alzheimer's -** Wednesday, June 11, 12pm to 1pm on ZOOM

Join us for an engaging discussion on the history of Alzheimer's disease and the complexities of memory impairment—from common age-related changes to more severe conditions like dementia. We'll explore diagnostic methods, treatment options, and lifestyle modifications that can help manage cognitive health.

*Email decorsocenter@newprov.us to register and receive the Zoom link.

ED LIEDER SCHOLARSHIP WINNER

Reese Hageman is the recipient of this year's Edward H. Lieder Student/Athlete Scholarship Award given by the Club. Ed Lieder was the first Senior Citizens Coordinator. In 1998, the NPSCC voted to honor an NPHS senior with a scholarship award in his honor. The attributes that the NPSCC Trustees look for when choosing the award recipient are "youth of good character, good sportsmanship, good academic standing, and helpful to the older generation. Congratulations Reese!

VOTING AT THE DECORSO CENTER

Early voting will take place at the DeCorso Center from Tuesday, June 3 through Sunday, June 8. Voting will also take place at the DeCorso Center on Election Day, Tuesday, June 10. All exercise classes from June 3-10 will be held via ZOOM ONLY. There will be NO Club meeting on Wednesday, June 4, and NO Bingo on Friday, June 6. There will be NO Italian classes on Tuesday, June 10. Italian classes will meet on Friday, June 13 instead. The Activities Committee will meet on June 17 instead of June 10.

NPSCC ANNIVERSARY LUNCHEON HONOREE

The NPSCC Board of Trustees chose Bill Wehrle to be this year's honoree at the Anniversary Luncheon. He was honored in recognition of his many contributions to the Club. Bill currently serves on the Activities Committee, as the Vice President of the Club, and as the Chairman of the Board of Trustees. Thank you, Bill!

THANK YOU TO OUR CLUB VOLUNTEERS

We would like to acknowledge the following Club members who volunteered at the many Club activities that took place in May. We encourage all Club members to get involved. Many hands make light work and helping out can be fun and rewarding.

Senior Health Fair – Peggy Brodeur, Dolores Felezzola, Diane Galesi, Linda Kale, Christine Napolitano, Bill Wehrle, and Jane Xu

Anniversary Luncheon – Christine Napolitano

Patriots Baseball Game Outing – Christine Napolitano

Hydrangea Craft Program – Linda Kale

Sandwich Making Service Project - Rose Anderson, Peggy Brodeur, Kathy Cronin, Colin Jones, Linda Kale, Ruth O'Brien, Kathy Valente, Jane Xu

BULK COLLECTION DATES

Bulk Collection occurs in June on the following dates:

Zone 3 – Monday, June 2

Zone 1A – Monday, June 9 (previously June 16)

Zone 2 – Monday, June 16 (previously June 9)

Zone 1B – Monday, June 23

Any materials that can be brought to the DPW yard on the 1st and 3rd Saturdays of each month WILL NOT be picked up during bulk collection. Items must be placed at your curb by 2 a.m. on the designated Monday for your Zone. See the Annual Calendar for details.

AROUND TOWN

Historical Society Flea Market – Held at Salt Box Museum. Saturday, June 14 from 9:00am to 3:00pm.

New Providence Memorial Library

Movie Matinee: "Saturday Night" – Tues, 6/3, 1:00pm
Movie Matinee: "The Fire Inside" – Tues, 6/17, 1:00pm

Summer Reading Challenge Begins – Thurs, 6/19

See library website for additional programming.

NEW PROVIDENCE SENIOR CITIZENS CLUB June 2025						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 9:45 In Control ² 9:45 Trustee Mtg 11:00 Chair Yoga ² 11:00 Bridge 1:30 Bocce at Oakwood⁴	3 Early Voting 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² (Zoom only) 12:15 Advanced Italian 1:15 Beginner Italian	4 Early Voting 9:30 Stretch, Strength, Stability ¹ 11:00 <u>NO</u> Club Meeting	5 Early Voting 9:30 Strong You! ² (Zoom only) 12:00 Mah Jongg 1:00 In Stitches	6 Early Voting 11:00 <u>NO</u> Bingo	7 Early Voting
8 Early Voting	9 9:45 In Control ² (Zoom only) 11:00 Chair Yoga ² (Zoom only) 11:00 Bridge 1:30 Bocce at Oakwood⁴	10 Primary Election 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² (Zoom only) <u>NO</u> Italian Classes	11 9:30 Stretch, Strength, Stability ¹ 10:00 Nurse's Hours* 11:00 Club Meeting/Birthdays & LINC Program. Special Bingo after the meeting* 12:00 "Understanding Memory Loss" ¹	12 9:30 Strong You! ² 11:30 Painting with Veronica⁴ 12:00 Mah Jongg 1:00 In Stitches	13 11:00 Bingo with FREE pizza provided by Cranford Park Care* 10:00 Advanced Italian 11:00 Beginner Italian	14
15 <i>Happy Father's Day!</i>	16 9:45 In Control ² 11:00 <u>NO</u> Chair Yoga ² 11:00 Bridge	17 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² 10:00 Activities Mtg 12:00 "Wound Prevention" ¹ 12:15 Advanced Italian 1:15 Beginner Italian	18 9:30 Stretch, Strength, Stability ¹ 11:00 Club Meeting & Talk by Author of From One War to Another*	19 9:30 Strong You! ² 12:00 Ice Cream Social* ³ 12:00 Mah Jongg 1:00 In Stitches	20 Center Closed - <u>NO</u> programs or activities	21
22	23 9:45 In Control ² 11:00 <u>NO</u> Chair Yoga ² 11:00 Bridge 12:00 Sandwich Making Service Project	24 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² 11:00 Book Club 12:15 Advanced Italian 1:15 Beginner Italian	25 9:30 Stretch, Strength, Stability ¹ 11:00 Club Meeting, NP Municipal Alliance, & Braven BCBS presentation on "Understanding and Managing Medications" ^{**}	26 8:30 Bus to Blue Star* 9:30 Strong You! ² 11:30 Bus to Blue Star* 12:00 Mah Jongg 1:00 In Stitches	27 10:00 Nurse's Hours* 11:00 Bingo with FREE pizza provided by Spring Grove*	28
29	30 9:45 In Control ² 11:00 Chair Yoga ² 11:00 Bridge	Jul 1 9:30 Bus to ShopRite* 9:40 Balance & Cond. ² 12:15 Advanced Italian 1:15 Beginner Italian	Jul 2 9:30 Stretch, Strength, Stability ¹ 11:00 Club Meeting & Special Bingo*	Jul 3 9:30 Strong You! ² 11:30 Flower Bar 12:00 Mah Jongg 1:00 In Stitches	Jul 4 Center Closed - <u>NO</u> programs or activities	Jul 5

¹Virtual class via Zoom. Pre-registration required.

²Hybrid class offered both in person at the Center and on Zoom. Pre-registration required.

³Purchase tickets in advance.

⁴Register in advance.

BUS TRANSPORTATION

*Call 2 business days in advance to reserve a spot.

Shop-Rite – If needed, a second trip will be added at 11:30am.