

New Providence Senior Citizens Newsletter

"Good things happen here!"

JUNE 2024

Vol.24, No. 6



COORDINATOR'S CORNER

Please join us for some special Club meetings this month, including the return of Joel Farkas on June 12 to help us get ready for July 4th by learning about the Declaration of Independence. The Museum of Early Trades & Crafts will visit us on June 6 to present on New Jersey quilts and textiles, with historic pieces from their collection.

Highlights of June Programs and Activities include:

- Club Meeting/Birthdays/Elementary Select Orchestra students perform at the Club Meeting – Wed, 6/5, 11am
- Bus to Blue Star – Thurs, 6/6, 9am
- Museum of Early Trades and Crafts Presentation – Thurs, 6/6, 12noon
- Painting Craft – Mon, 6/10, 12:15pm
- Club Meeting/Joel Farkas Program on the Declaration of Independence - Wed, 6/12, 11am
- USGA Golf Museum Trip - Thurs, 6/13, 10am
- Club Meeting/Travel Program on River Cruising – Wed, 6/19, 11am
- Bus to Watchung Square Mall – Thurs, 6/20, 9am
- Card Making with Linda Kale/NP Lions – Thurs, 6/20, 11am
- Book Club – Tues, 6/25, 11am
- Club Meeting/Special Bingo – Wed, 6/26, 11am

Important Safety Protocols for In-Person Programs:

- We encourage everyone to stay up to date with vaccinations, both Covid-19 and flu.
- The Department of Health encourages residents to make individual decisions within the guidelines in place. Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living with them.
- If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

Please note the following schedule updates:

- ❖ On Tuesday, June 4 there will be primary voting at the DeCorso Center. There will be NO in-person programs or activities. Balance and Conditioning will be Zoom only.
- ❖ There will be NO Zumba on June 7, 14, or 21.
- ❖ There will be NO Balance & Conditioning on Tuesday, June 11.
- ❖ There will be NO Stretch & Strength on Wednesday, June 12.
- ❖ The DeCorso Center and the New Providence Borough offices will be closed on Friday, June 21 for Juneteenth. There will be NO programs or activities.
- ❖ There will be NO Chair Yoga on Monday, June 24.
- ❖ There will be NO Italian classes on June 25.
- ❖ Summer Hours went into effect on Friday, May 24th and will end on Friday, August 30th. During this time, Borough Offices will close at 1:00pm on Fridays.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bill Wehrle

Secretary: Bette Schmitt

Trustees: Peggy Brodeur, Allan Igo, Barbara Koslap, Sal Ligam mari, Nina Pardi, Grace Parlapiano, Nancy Whipple

Club Officers

President: Christine Napolitano

Vice President: Bill Wehrle

Treasurer: Sal Ligam mari

1st Treasurer: Dolores Felezzola

Sergeants-at-Arms: Mike Ferlise

Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

www.newprov.us/278/Seniors

www.facebook.com/NPSeniors

Hours

Monday-Friday: 9:30am-2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Beth Conti

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to Shop Rite on Tuesday mornings, to shopping malls as scheduled, and to several Club activities. Call in advance to reserve your ride.

CLUB MEETINGS & SPECIAL PROGRAMS**NPSC CLUB MEETING/BIRTHDAYS &
ELEMENTARY SELECT ORCHESTRA****Wednesday, June 5 at 11:00am**

Join us for a Club meeting and enjoy a morning of music with New Providence students. The Elementary Select Orchestra will entertain us with a special performance.*

**NPSC CLUB MEETING &
PROGRAM ON THE DECLARATION OF INDEPENDENCE****Wednesday, June 12 at 11:00am**

Join us for a Club meeting and a presentation by Joel Farkas on the Declaration of Independence from conception to celebration, the document and the day. Get ready to celebrate the 4th of July holiday by learning about our nations “birth certificate.” Joel Farkas is a graduate of Ohio State University and was an officer in the United States Army. He spent 8 years as a volunteer docent for National Park Service at Washington’s Headquarters, Morristown, NJ.*

**NPSC CLUB MEETING &
TRAVEL PROGRAM ON RIVER CRUISING FOR SENIORS****Wednesday, June 19 at 11:00am**

Join our local Travel Advisor, Nish Verma, on a Travel Series for seniors. At this meeting he will introduce us to the art of River Cruising and how seniors can travel the world in comfort. He will also be happy to answer other travel-related questions for seniors. One lucky participant will win a Gift Card. Coffee and Donuts will be served.*

**NPSC CLUB MEETING &
SPECIAL BINGO****Wednesday, June 26 at 11:00am**

Join us for a Club meeting followed by a special bingo as the program. Michelle and Beth will call bingo and there will be special prizes for the games.*

*For bus transportation, call (908) 665-0046 or email decorsocenter@newprov.us two days in advance.

▼ SENIOR BUS TO BLUE STAR ▼

Take the Senior Bus to Blue Star Shopping Center on **Thursday, June 6**. Pickups begin at 9:00am. E-mail decorsocenter@newprov.us or call (908) 665-0046 by Tuesday, June 4 to reserve your spot.

TRIPS & EVENTS**USGA GOLF MUSEUM TRIP****Thursday, June 13, 10:00am**

Explore the world's most comprehensive archive of golf artifacts and learn about the history of the game. On the way home we'll stop for lunch at Delicious Heights. Cost is \$13 plus cost of lunch. **Tickets are on sale now.**

AIRPORT CAFÉ TRIP**Thursday, July 11, 10:30am**

Enjoy delicious food and delightful friends while watching planes take off and land. Seniors who took the last trip to the café said the food is REALLY good. Cost is \$3 plus cost of lunch. **Tickets go on sale June 12**. Rain date is July 18.

LOOKING AHEAD – CRUISE ON THE RIVER LADY**Thursday, September 5, Bus leaves at 8:15am**

If you would like to take a lunch and sightseeing boat cruise on the River Lady in Toms River, please sign up now. Cost is \$65. **A \$20 deposit is required and is due by July 17. Full payment must be made by July 31.**

Please note that the date for this trip had to be changed due to availability.

**** SPECIAL OFFERING ******BUS TO WATCHUNG SQUARE MALL****Thursday June 20 at 9:00am**

This month the Senior Bus will make a special trip to Watchung Square Mall including stops at Target and WalMart. Pickups begin at 9:00am. E-mail decorsocenter@newprov.us or call (908) 665-0046 by Tuesday, June 18 to reserve your spot.

ITALIAN CLASSES

Italian classes, Advanced and Beginner, meet on Tuesdays. Advanced class meets at 12:00pm. Beginner class meets at 1:00pm. **No classes on June 4 and 25.**

BOOK CLUB**Tuesday, June 25 at 11:00am**

The June book club selection is *A House Among the Trees* by Julia Glass. This richly imagined novel begins just after the sudden death of world-renowned children's book author Mort Lear, who leaves behind a wholly unexpected will, an idyllic country house, and difficult secrets about a childhood far darker than those of the beloved characters he created for young readers of all ages. Pick up a copy of the book at the Center.

ARTS & CRAFTS**PAINTING****Monday, June 10 at 12:15pm**

Join Art Instructor Christen Simmons to paint a beautiful acrylic painting to brighten your home. Please e-mail decorocenter@newprov.us or call the Center at (908) 665-0046 by Thursday, June 6 to register.

CARD MAKING WITH LINDA KALE**Thursday, June 20 at 11:00am**

Join Linda Kale and other New Providence Lions Club members to create beautiful hand-made cards. For those who painted spring flowers in our May watercolor class, Linda will help you take the watercolor painting you created and use it to make 4 greeting cards so that you can share your artwork with friends and family. She will have other materials on hand for those who didn't do the painting class to also be able to make cards. Please e-mail decorocenter@newprov.us or call the Center at (908) 665-0046 by Friday, June 14 to register.

IN STITCHES**Thursdays at 1:00pm**

Join in the fun at this lighthearted gathering of knitters and crocheters. Bring a project and enjoy the conversation. Beginners who want to learn are also welcome. We have some supplies at the Center.

CARDS & GAMES**BINGO**

SPECIAL BINGO – Join us for bingo with special prizes on **Wednesday, June 26 after the 11:00am Club meeting.**

FRIDAY BINGO – Join us for weekly bingo on Fridays at 11:00am.

Bingo cards are 50 cents each. For bus transportation, call (908) 665-0046 or e-mail decorocenter@newprov.us two days in advance.

BRIDGE**Mondays at 11:00am**

Play “social bridge” and enjoy the company of Club friends in the Card Room! All levels are welcome.

MAH JONGG**Thursdays at 12:00pm**

The Mah Jongg group is looking for new players – come make new friends and have a fun time. Beginners are welcome to watch and learn.

HEALTH & FITNESS**NURSE'S HOURS**

The New Providence Public Health Nurse, Jenn Aranda, will give blood pressure screenings and answer questions before the Club meeting on **Wednesday, June 26 beginning at 10:00am.**

‘EXERCISE CLASSES*’

All DeCorso Center exercise classes are free to New Providence residents ages 65+. Please ask your doctor which classes would be appropriate for you and contact the Center to register.

Regular Classes

- **In Control** – Mondays at 9:30am - **ZOOM ONLY**.
- **Chair Yoga** – Mondays at 11:00am – In Person and on Zoom. **No class on June 24.**
- **Balance and Conditioning** – Tuesdays at 9:45am – In Person and on Zoom. **ZOOM only on June 4. No class on June 11.**
- **Strong You!** – Thursdays at 9:30am – In Person and on Zoom.
- **Zumba** – Fridays at 9:00am – **ZOOM ONLY. No class on June 7, 14, or 21.**

SPECIAL OFFERING**Stretch and Strength**

Wednesdays through June at 9:30am - **ZOOM ONLY**. This full body fitness program gives participants of all levels the opportunity to engage in a resistance workout of all body parts. The session ends with an extended period of stretching to loosen muscles and improve your mood. **No class on June 12.**

ATLANTIC HEALTH VIRTUAL PROGRAMS*

Vegetarian and Vegan Nutrition – June 10, 10:00am – 11:00am on Zoom

Discover key differences between vegetarian and vegan diets while exploring nutrient considerations. Gain practical tips to ensure you're getting all the essential nutrients your body needs.

Establishing Home care services and Getting the Equipment you Need – June 26, 12:00 – 1:00pm on Zoom

Review types of home services, such as visiting nurse services and private pay home care options, and how to engage them. The presenters will also discuss how to identify the home equipment needs and simple home modifications that can improve and sustain quality of life.

*E-mail decorocenter@newprov.us to register and receive the Zoom link.

PRIMARY ELECTION VOTING AT DECORSO CENTER

Early Voting will take place at the DeCorso Center from Wednesday, May 29 through Sunday, June 2. Voting will also take place at the DeCorso Center on Primary Election Day, Tuesday, June 4. Balance and Conditioning class on June 4 will be ZOOM ONLY. Italian classes will be cancelled on June 4. Charlie will drive the Senior Bus to ShopRite.

NARRATIVE THREADS: NEW JERSEY QUILTS & TEXTILES**SPECIAL PRESENTATION FROM THE MUSEUM OF EARLY TRADES & CRAFTS**

Thursday, June 6 at 12:00pm

A museum educator from the Museum of Early Trades and Crafts will present at the Center on New Jersey quilts and textiles. For centuries, people in New Jersey have been producing a stunning variety of textiles. Discover some historic pieces from METC's collection including quilts, woven textiles, and lace pieces. Participants will handle and explore some of the complex materials and tools involved in making textiles.

METC is a history museum exploring the stories of the hardworking craftspeople, farmers, tradespeople, inventors, and artisans of New Jersey from its earliest settlement through the present day. Come for this fascinating presentation... stay to work on your own project and enjoy some laughs with our "In Stiches" knitters and crocheters.

ED LIEDER SCHOLARSHIP WINNER

Steven Parker is the recipient of this year's Edward H. Lieder Student/Athlete Scholarship Award given by the Club. The NPSCC Board of Trustees chose Steven from a pool of applicants based on his GPA, athletic experience, and volunteer work with senior citizens in town. Steven, who is Vice President of the New Providence Intergenerational Club, has volunteered at the DeCorso Center on various occasions. Congratulations Steven!

Ed Lieder was the first Athletic Director at NP High School. The football field was named after him. When he retired from the NP school system, the Borough of New Providence hired him to direct and coordinate activities for WWII veterans and other seniors at the 'new' New Providence Senior Center. In 1998, the New Providence Senior Citizens Club voted to honor a graduating high school senior from NPHS with a scholarship award in honor of their first Senior Citizens Coordinator.

NPSCC ANNIVERSARY LUNCHEON HONOREE

The NPSCC Board of Trustees chose Grace Parlapiano to be this year's honoree at the Anniversary Luncheon. Grace was honored in recognition of her many years of dedication and invaluable commitment to the Club and its members. Thank you Grace!

THANK YOU NOTES

- Public Health Nurse Jennifer Aranda for organizing the Senior Health Fair, and all of the senior volunteers for helping at the event.
- Christine Napolitano for organizing a wonderful 65th Anniversary Luncheon celebration of the Club.
- Mr. Niedziejko and NPHS Jazz Band students for their wonderful performance.
- Salt Brook Girl Scout Brownie Troop 45206 for donating cookies to be enjoyed at various senior programs and activities.

AROUND TOWN**2024 Bulk Collection Pick-Up**

Bulk Collection takes place in June. Items must be placed at your curb by 2 a.m. on the designated Monday for your Zone. Please refer to the Borough Calendar for details. Check pages 3 and 4 for bulk collection dates and street listings by zone. Check pages 13 and 15 for more information and guidelines.

Historical Society Flea Market – Salt Box Museum, Saturday, June 8, 9AM-3PM

NEW PROVIDENCE MEMORIAL LIBRARY

Knit Night – Monday, June 3 at 7:00pm

Cookbook Club – Tuesday, June 4 at 1:00pm

"American River" with the Filmmaker – Tuesday, June 4 at 6:00pm. Takes place in the Conti Room.

Creative Writing Group – Thursday, June 6, 13, 20, 27 at 10:30am. In-person and on Zoom.

Batter Up: Let's Talk Baseball – Monday, June 10 at 6:30pm

The Duping of Babe Ruth – Monday, June 10 at 7:00pm. Live presentation and via Zoom.

Books & Bagels – Tuesday, June 11 at 10:30am

Movie Matinee: "Killers of the Flower Moon" – Tuesday, June 18 at 1:00pm

Summer Craft Fest: Wine Cork American Flags – Saturday, June 22, 1:00pm

See library website for additional programming.

NEW PROVIDENCE SENIOR CITIZENS CLUB
JUNE 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------|--|--|--|--|--|----------|
| 2 | 3 9:30 <i>In Control</i> ¹ 10:00 Trustee Mtg. 11:00 Chair Yoga ² 11:00 Bridge | 4 Primary Election Day 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² – ZOOM only 12:00 <u>NO</u> Advanced Italian 1:00 <u>NO</u> Beginner Italian | 5 9:30 <i>Stretch & Strength</i> ¹ 11:00 Club Meeting/Birthdays & Elementary Select Orchestra ^{***} | 6 9:00 Bus to Blue Star ^{**} 9:30 Strong You! ² 12:00 Museum of Early Trades & Crafts Presentation 12:00 Mah Jongg 1:00 In Stitches | 7 9:00 <u>NO</u> Zumba ¹ 11:00 Bingo*** | 8 |
| 9 | 10 9:30 <i>In Control</i> ¹ 11:00 Chair Yoga ² 11:00 Bridge 12:15 Painting ⁴ | 11 8:00 Bus to ShopRite* 9:45 <u>NO</u> Balance & Cond. ² 10:00 Activities Mtg. 12:00 Advanced Italian 1:00 Beginner Italian | 12 9:30 <u>NO</u> <i>Stretch & Strength</i> ¹ 11:00 Club Meeting & History Program on the Declaration of Independence ^{***} | 13 9:30 Strong You! ² 10:00 USGA Golf Museum Trip ³ 12:00 Mah Jongg 1:00 In Stitches | 14 Flag Day 9:00 <u>NO</u> Zumba ¹ 11:00 Bingo*** | 15 |
| 16 Happy Father's Day! | 17 9:30 <i>In Control</i> ¹ 11:00 Chair Yoga ² 11:00 Bridge | 18 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² 12:00 Advanced Italian 1:00 Beginner Italian | 19 Juneteenth 9:30 <i>Stretch & Strength</i> ¹ 11:00 Club Meeting & Travel Program on River Cruising ^{***} | 20 Summer Solstice 9:00 Bus to Watchung Square Mall ^{**} 9:30 Strong You! ² 11:00 Card Making ⁴ 12:00 Mah Jongg 1:00 In Stitches | 21 Center Closed – No programs or activities | 22 |
| 23 | 24 9:30 <i>In Control</i> ¹ 11:00 <u>NO</u> Chair Yoga ² 11:00 Bridge | 25 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² 11:00 Book Club 12:00 <u>NO</u> Advanced Italian 1:00 <u>NO</u> Beginner Italian | 26 9:30 <i>Stretch & Strength</i> ¹ 10:00 Nurse's Hours ^{***} 11:00 Club Meeting & Special Bingo ^{***} | 27 9:30 Strong You! ² 12:00 Mah Jongg 1:00 In Stitches | 28 9:00 Zumba ¹ 11:00 Bingo*** | 29 |
| 30 | 7/1 9:30 <i>In Control</i> ¹ 11:00 <u>NO</u> Chair Yoga ² 11:00 Bridge | 7/2 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² 12:00 <u>NO</u> Advanced Italian 1:00 <u>NO</u> Beginner Italian | 7/3 9:00 Zumba ¹ 11:00 Club Meeting & Special Bingo ^{***} | 7/4 Independence Day Center Closed – No programs or activities | 7/5 Center Closed – No programs or activities | 7/6 |

¹*Virtual class via Zoom. Pre-registration required.*

²Hybrid class offered both in person at the Center and *on Zoom*. Pre-registration required.

³Purchase ticket in advance.

⁴Register in advance

BUS TRANSPORTATION

* **Call MONDAY MORNINGS** to reserve your spot.

** **Call 2 days in advance** to reserve your spot.

*** **Call 2 days in advance** to reserve your ride.