

New Providence Senior Citizens Newsletter

"Good things happen here!"



NOVEMBER 2022

Vol. 22, No. 11



COORDINATOR'S CORNER

Happy Thanksgiving to you and to your families! I am thankful for all of you who come to the Center each day to participate in our programs and activities with smiles, enthusiasm, and a spirit of camaraderie. I hope that the start of the holiday season brings you joy and blessings.

Highlights of November Programs and Activities Include:

- Diwali Celebration including Indian dances, fashion show, and musical performance.
- Senior Citizens Day at NPHS
- Club meeting with Senior Council program on NJ Property Tax Relief
- Club meeting and Magic Show sponsored by Care One
- NJ MVC Mobile Unit
- Bingo on Friday November 18 and a special Wednesday bingo
- Art Program – Pumpkin Craft
- "Game Days" – Bring friends and play Wizard or your favorite game!
- Senior Bus transportation to early voting at the Center
- Atlantic Health virtual programs

Important Safety Protocols for In-Person Programs:

- * The wearing of masks in Borough of New Providence Municipal Buildings, including the DeCorso Center, is no longer required. Social distancing is still recommended.
- * Please note that the Department of Health encourages residents to make individual decisions within the guidelines in place. Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living at home with them. Masks are also strongly recommended when riding the Senior Bus, and for Bridge, Mah Jongg, Game Day, and other activities when seniors may not be socially distanced. If you are concerned about disease transmission or you are not fully vaccinated, you are encouraged to wear a mask.
- * We continue to encourage everyone to stay up to date with their vaccinations.
- * If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

Please note the following schedule updates:

- * Small group activities will continue at the Center during early voting (10/29-11/6), but there will NOT be bingo on Friday, November 4.
- * All in-person programs and activities at the Center will be cancelled on Election Day, Tuesday, November 8.
- * The Center will be closed Friday, November 11, and Thursday and Friday, November 24 and 25. No classes or programs on those days.
- * Strong You will NOT meet on Thursday, December 1st.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Secretary: Bette Schmitt
Trustees: Peggy Brodeur, Barbara Koslap, Sal Ligammari, Peggy Macneal, Pat Malicher, Grace Parlapiano, Bill Wehrle

Club Officers

President: Christine Napolitano
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Dolores Felezzola
Sergeants-at-Arms: Mike Ferlise
Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors
www.facebook.com/NPSeniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Arthi Shri Selvaraj

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to ShopRite on Tuesday mornings, to shopping malls as scheduled, and to several Club activities. Call in advance to reserve your ride.

SENIOR CITIZENS DAY AT NPHS

Join us for Senior Citizens Day at New Providence High School on **Thursday, November 17 at 10:40 a.m.** Enjoy vocal and musical performances by talented NPHS students, and scenes from the NPHS fall play. Seniors will also receive a "grab and go" lunch prepared by Culinary Arts program students to bring home and enjoy. **Advance registration is required; space will be limited.** *Parking at NPHS is extremely limited and is not guaranteed, so the Senior Bus will provide transportation from the DeCorso Center to the High School, departing at 10:00 a.m. To register, please call (908) 665-0046 or e-mail decorsocenter@newprov.us by Monday, November 7.*

DIWALI CELEBRATION

On **Thursday, November 10 at 11am** we will have a special Diwali celebration for all Club members to enjoy! The event will include Indian classical and Bollywood dances, a fashion show and musical performance along with refreshments. **Advance registration is required.** Bus transportation is available. E-mail decorsocenter@newprov.us or call (908) 665-0046 by two days in advance.

PUMPKIN CRAFT

Join Christine on **Thursday, November 3 at 11am** to make a beautiful fall décor craft. Learn a simple technique to wrap fabric around a toilet paper roll to create a fall pumpkin. **Please bring a roll of toilet paper.** Fabric will be provided. Maximum 10 participants. E-mail decorsocenter@newprov.us or call (908) 665-0046 to register.

NPSC CLUB MEETING AND SENIOR COUNCIL PRESENTATION ON NJ PROPERTY TAX RELIEF

Join us for a Club meeting and an important presentation that could save you money on **Wednesday, November 16 at 11 a.m.** Ellen Steinberg, Director of the NJ Senior Council, will share information about New Jersey's five different property tax relief programs, including the new Anchor Program and the Property Tax Deduction/Credit on your NJ State Income Tax Return which are available for both homeowners and renters. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

MVC COMING TO THE DECORSO CENTER

The NJ Motor Vehicle Commission's mobile unit will be at the DeCorso Center on **Saturday, November 19 from 10:00am to 2:00pm** to assist New Providence senior citizens with many of their MVC needs. Services will include driver license renewals (for licenses within 3 months of expiration), vehicle registration renewals, non-driver identification cards, driver's license renewal with Real ID (for a limited number of customers for licenses within 6 months of expiration), handicap placard renewals, and adding a veteran designation to licenses. If you have license plates that need to be surrendered, you can also use this event to complete that transaction. **Advance registration is required by October 28; space is limited. Registration forms are available at the DeCorso Center.** For questions, please call the Center at (908) 665-0046, or call NP Police Sergeant Andrew Diamond, Traffic Bureau Supervisor at 908-665-1111.

NPSC CLUB MEETING AND MAGIC SHOW SPONSORED BY CARE ONE

Join us for a Club meeting and a special magic show sponsored by Care One on **Wednesday, November 30 at 11 a.m.** Advance registration is not required but would be appreciated for planning purposes. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

NEEDED: HOLIDAY CARDS

Please help us continue the important NPSCC tradition of sending holiday cards out to Club members. If you have extra holiday cards at home (the free ones from charitable organizations are welcome) please consider donating them to the Club. Thank you!

AARP "SMART DRIVER" COURSE

Refresh your driving skills with the AARP "Smart Driver" course, returning in-person to the DeCorso Center this December. During the course, you will learn smart driving strategies to keep you safer on the road and increase your confidence behind the wheel. Plus, you may save money on your auto insurance (consult your agent for details) and may be eligible to have two points removed from your driving record. AARP will be offering the class in person at the DeCorso Center on **Monday December 12 and Tuesday, December 13 from 10:00a.m.-1:00p.m.** **Participants must attend both sessions to get the certificate.** Anyone with a NJ License is welcome to attend. The cost of the course is \$20 for AARP members and \$25 for non-members; payment will be collected at the first class. **Advance registration is required; space may be limited.** To register, please call (908) 665-0046 or e-mail decorsocenter@newprov.us.

MONTHLY SPECIALS

Special Bingo – Win special prizes and get in the Thanksgiving spirit at our bingo games on **Wednesday, November 23.** For bus transportation, e-mail decorsocenter@newprov.us or call (908) 665-0046 two days in advance.

Senior Bus Shopping Trip – Take the bus to Blue Star Shopping Center on **Thursday, December 1.** Pickups begin at 9:00am. Masks are strongly recommended while riding the bus. Call (908) 665-0046 or email decorsocenter@newprov.us by Tuesday, November 29 to reserve your spot.

Nurse's Hours – The New Providence Public Health Nurse, Jennifer Aranda, will be at the DeCorso Center before the Club meeting on **Wednesday, November 16 beginning at 10:00am** to give blood pressure screenings and to answer questions. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

Game Day - Join Club friends for a fun morning of games on **Wednesday, November 2, and November 9 at 11am.** For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

Book Club – Will meet on **Tuesday, November 15 at 11am.**

NPSCC HOLIDAY PARTY

Celebrate the holiday season with Club friends and enjoy delicious food at the Vintage Tavern in Gilette on **Thursday, December 15 at 12:00p.m.** The menu will include Garden Salad, Pizza Appetizers, Chicken Francese, Sausage and Peppers, Rigatoni Vodka, Broccoli Saute, and Brownie Sundaes. All served family style. Unlimited soda, coffee, and tea. Alcoholic beverages are extra. **Cost: \$30.** Tickets will be available starting on November 1. Last day to purchase tickets is Friday, December 10. (There will be no refunds for cancellations after November 10.) For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

ATLANTIC HEALTH VIRTUAL PROGRAMS

Diabetes Nutrition Basics – Wednesday, November 9 at 11am

Diabetes care and management is moving quickly, with new medicines and technologies constantly being developed. But many fundamentals haven't changed in decades. Join us to learn the tried-and-true steps to take for lifelong diabetes care.*

Understanding Common Geriatric Syndromes- Wednesday, November 16 at 2pm

Geriatric syndromes are problems that usually have more than one cause and involve many parts of the body. Some of the examples are sleep problems, bladder control problems, falls, weight loss, delirium, and dementia. Recognizing and treating these conditions early can help maintain independence and quality of life. Join us to discuss early identification and management of these geriatric syndromes.*

What's changed since I started Driving? – Monday, November 28 at 12pm

Do you know the latest New Jersey driving laws? New Jersey has adopted a number of driving laws that didn't exist when you got your license 50 years ago. Learn what's new and keep driving safely by staying up to date with new laws. Presented by Denis Kelleher, Program Specialist, Avenues in Motion.*

*Email decorsocenter@newprov.us to register and receive the Zoom link.

VOTING AT THE DECORSO CENTER

Early voting will take place at the DeCorso Center from Saturday, October 29 through Sunday, November 6. Voting will also take place at the DeCorso Center on Election Day, Tuesday, November 8. The Senior Bus will be available on **Wednesday, November 2 from 10:30am to 12:30pm** to bring seniors to the Center for early voting. Call (908) 665-0046 or e-mail decorsocenter@newprov.us at least two days in advance to request bus transportation.

VETERANS DAY REMEMBRANCE

Veterans, their families, and friends are invited to attend an Eleventh-Hour Service on **Friday, November 11, 2022** at American Legion Post #433 located at 357 Elkwood Ave, New Providence. Doors will open at 10:30am. Post members will lead a service to honor our local veterans lost during recent years. Refreshments will be provided by local restaurants and food establishments. A musical tribute of service anthems and favorite songs of the 1940s through 1970s will be performed by vocalists Kathy Martin and Mary Domato. RSVP to 908-464-9010 by November 4, 2022 to reserve a seat. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us at least two days in advance.

BOOK DELIVERY TO THE HOMEBOUND

New Providence residents who are confined to their homes by age, long term illness or disability may apply to have library materials delivered to their home by volunteers. Ask New Providence Memorial Library staff for an application.

THANK YOU NOTES

- Christine Napolitano for running the Oktoberfest at Forest Lodge and the Airport Café trips, and for resuming the Knitting Club.
- Brandywine Living for the Special Halloween-Themed Bingo
- Officers from the New Providence Police Department for the delightful coffee with cops.
- Linda Kale for the beautiful knit pumpkins which have been decorating the Center
- Shrikant Binde for his wonderful origami lessons
- Thank you very much to RW Powerwash for donating their services and power washing the outside of the Center. It looks great!

AROUND TOWN

Paca Club Craft Fair – Sunday, November 6, 10am-4pm. Artisans will offer knits, woodcrafts, jewelry, baked goods, and much more.

Holiday Walk – Friday, November 25, 6:00pm.

Activities, giveaways, Santa, parade, and fireworks.

NP Recreation Department Marathon – Run or walk 26.2 miles in the month of November. Track the miles any way you want, and at the end of the month you'll get a NP Marathon long sleeve t-shirt! Register at www.newprov.org/recreation

NEW PROVIDENCE MEMORIAL LIBRARY (NPML)

Gift wrap donations accepted throughout November.

Books & Bagels – Tues, Nov 2, 10:30am. Enjoy a bagel from Bagel Café and leave with some great book recommendations!

"It Had to Be Done: Navajo Code Talkers Remember World War II" with Author Stephen Mack – Thurs, Nov 3, 7pm. Email RSVP@newprovidencelibrary.org for the link.

Documentary: "Women of the White Buffalo" – Sat, Nov 5, 1:30pm. Follows nine modern Lakota women of all ages living on two reservations in South Dakota.

NP Chess Club Lecture – Mon, Nov 7, 28, 4:30pm. Learn to play chess with NP Chess Club! Register at least 1 day in advance online at <https://www.npchessclub.org>.

NP Chess Club – Mon, Nov 7, 14, 21, 28, 5:30pm. Play chess with the NP Chess Club! Register at least 1 day in advance online at <https://www.npchessclub.org>.

Knit/Crochet Night – Mon, Nov 7, 7pm & Thurs, Nov 17, 7pm. Drop by with a crochet or knitting project, and chat with the group while you work.

Movie & Discussion: "Where the Crawdads Sing" – Tues, Nov 8, 1pm. A coming-of-age story set in the marshlands of North Caroline in the 1950s.

Banjo Rascals Concert – Sun, Nov 13, 3pm. Classic Scott Joplin rags, traditional banjo sing-a-longs, vocals in three-part harmony, Dixieland jazz, classic Country & Western music, 50s & 60s rock-n-roll.

Batter Up – Let's Talk Baseball – Mon, Nov 14, 7pm. Discuss baseball teams, players, and issues of the sport with other baseball fans. To join, email rsvp@newprovidencelibrary.org.

*To register, email rsvp@newprovidencelibrary.org or call (908) 665-0311 ext.4

NEW PROVIDENCE SENIOR CITIZENS CLUB ~ November 2022 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 30 <i>Early Voting 10am-6pm</i> NP Street Fair 10am - 4pm	Oct 31 <i>Early Voting</i> 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 Bridge	1 <i>Early Voting</i> 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	2 <i>Early Voting</i> 11:00 Game Day*** 10:30-12:30 Bus to Center for Early Voting***	3 <i>Early Voting</i> 9:30 Strong YOU ¹ 11:00 Pumpkin Craft⁴ 12:30 Mah Jongg 1:00 Knitting Club	4 <i>Early Voting</i> 9:00 Zumba ¹ 11:00 Social Hour 11:00 <u>NO</u> Bingo***	5 <i>Early Voting 10am-8pm</i>
6 <i>Early Voting 10am-6pm</i> Paca Club Craft Sale 10am – 4pm <i>Daylight Saving Time ends – Fall back</i>	7 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 Bridge	8 <i>General Election</i> 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ <i>All in-person activities cancelled for Election Day</i>	9 11:00 Game Day*** 11:00 "Diabetes Nutrition Basics" ¹ 12:30 Mah Jongg	10 9:30 Strong YOU ¹ 11:00 Diwali Celebration^{2***} 12:30 <u>NO</u> Mah Jongg 1:00 <u>NO</u> Knitting	11 <i>Veterans Day Center Closed – no classes or programs</i> 10:30 Veterans Day Remembrance @ American Legion***	12
13 Banjo Rascals @ NPML 3:00pm	14 9:00 In Control ¹ 11:00 Trustee Mtg 11:00 Chair Yoga ¹ 11:00 Bridge	15 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 10:00 Activities Mtg 11:00 Book Club 12:30 Mah Jongg 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	16 10:00 Nurse's Hours*** 11:00 Club Meeting – Property Tax Relief*** 2:00 "Understanding Common Geriatric Syndromes" ¹	17 9:30 Strong YOU ¹ 10:40 Senior Citizens Day @ NPHS⁴ – Bus leaves @ 10:00am 12:30 <u>NO</u> Mah Jongg 1:00 <u>NO</u> Knitting	18 9:00 Zumba ¹ 11:00 Bingo***	19 NJ MVC Mobile Unit @DeCorso Center 10am-2pm⁴
20	21 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 Bridge	22 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 <u>NO</u> Italian Classes	23 11:00 Special Bingo***	24 <i>Thanksgiving Center Closed – no classes or programs</i>	25 <i>Center Closed – no classes or programs</i> 6:00 Holiday Walk @ Downtown NP	26
27	28 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 Bridge 12:00 "What's Changed Since I Started Driving?" ¹	29 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	30 11:00 Club Meeting – Magic Show***	Dec 1 9:00 Bus to Blue Star** 9:30 <u>NO</u> Strong YOU ¹ 12:30 Mah Jongg 1:00 Knitting Club	Dec 2 9:00 Zumba ¹ 11:00 Bingo*** 7:00pm Night of a Thousand Stars @ Centennial Park	Dec 3

¹ Virtual class via Zoom. Pre-registration required.

² Register by 2 days in advance.

³ Purchase your ticket in advance.

⁴ Register in advance. Space is limited.

Note: Masks are recommended for any activity when social distancing is not possible.

Bus Transportation

* Call MONDAY MORNINGS to reserve your spot

** Call 2 days in advance to reserve your spot.

*** Call 2 days in advance to reserve your ride.