

New Providence Senior Citizens Newsletter

"Good things happen here!"

JUNE 2022



Vol. 22, No. 6



COORDINATOR'S CORNER

It has been wonderful to welcome so many of you back to the DeCorso Center this past month! We have a lot of programs and activities planned for June, and we hope to see you again soon!

Highlights of June Programs and Activities Include:

- Club meeting on New Providence Housing Markets and Trends
- Club meeting and cooking demonstration with Brandywine Living
- Bingo including a special Wednesday bingo with Chatham Hills
- "Game Day" – bring friends and play your favorite game!
- Craft and Chat: Origami Paper Stars
- Bridge returns on Mondays
- Italian classes on Tuesdays
- Mah Jongg on Thursdays
- Atlantic Health virtual program offerings on D-Day, Skin Nourishing Foods, and Committing to Wellness
- Special "Bone Smart" exercise class offering

Important Safety Protocols for In-Person Programs:

- The wearing of masks in Borough of New Providence Municipal Buildings, including the DeCorso Center, is no longer required. Seniors are asked to continue to wear their masks while riding the senior bus. Social distancing is still recommended.
- Please note that the Department of Health encourages residents to make individual decisions within the guidelines in place. Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living at home with them. If you are concerned about disease transmission or you are not fully vaccinated, you are encouraged to wear a mask. An individual is considered fully vaccinated when they have the full first course of a vaccine AND the booster at the appropriate time interval.
- If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

Please note the following schedule updates:

- **The Borough of New Providence will have Summer Hours beginning Friday, May 27th and ending Friday, September 2nd. During this time, Borough Offices will close at 1:00p.m. on Fridays.**
- **Due to Early Voting and Primary Election voting at the Center, there will be NO Indoor Bingo on Friday, June 3, and no Italian classes on Tuesday, June 7.**
- **The Center will be closed on Friday, June 17 for Borough employee training. Exercise classes WILL be held via Zoom.**

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Vice-Chair: Grace Parlapiano
Secretary: Bette Schmitt
Trustees: Peggy Brodeur, Barbara Koslap, Sal Ligammari, Peggy Macneal, Pat Malicher, Bill Wehrle

Club Officers

President: Christine Napolitano
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Dolores Felezzola
Sergeants-at-Arms: Mike Ferlise
Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Arthi Shri Selvaraj

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to ShopRite on Tuesday mornings, to Blue Star Shopping Center as scheduled, and to Club Meetings and Indoor Bingo. Call 2 days in advance to reserve your spot.

NPSCC CLUB MEETING

Come and enjoy socializing with your Club friends at a meeting of the New Providence Senior Citizens Club on **Wednesday, June 1st at 11am**. Realtor Joe Eberle will be here to give us updates on the current New Providence "Housing Market and Trends." Please e-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 by Tuesday, May 31st to register. For bus transportation, please call 2 days in advance.

**CRAFT AND CHAT
STARS, STARS, STARS**

On **Wednesday, June 22 at 11am** come join Christine to make origami stars for the Fourth of July. Simple folded stars in patriotic colors can be used as single ornaments or strung together as a garland. Please e-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 by Monday, June 20 to register for this program. For bus transportation, please call 2 days in advance.

NURSE'S HOURS

The New Providence Public Health Nurse Jennifer Aranda will be at the DeCorso Center on **Wednesday, June 1 beginning at 10:00a.m.** (before the Club meeting) to give blood pressure screenings and answer questions. She will visit the Center monthly before Club meetings going forward. Please stop by to see her in the solarium!

**NPSCC CLUB MEETING AND SPECIAL COOKING
PROGRAM WITH BRANDYWINE LIVING**

Please join us on **Wednesday, June 29 at 11am** for a special, fun outdoor program with Brandywine Living: **Easy Recipes to Bring to Your Summer BBQ.** Brandywine will present a cooking demonstration of some easy summer recipes, with samples to taste! We are hoping for good weather, but have set a rain date of Thursday, June 30th at 11am just in case. **Advance registration required.** Please e-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 by Monday, June 27 to register. For bus transportation, please call 2 days in advance.

SPECIAL BINGO WITH CHATHAM HILLS

We will have a "special" bingo with Chatham Hills on **Wednesday, June 15 at 11:00a.m.** in the Main Room of the DeCorso Center. Bingo cards will be 50 cents each. Chatham Hills will bring special prizes! Please e-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 two days in advance to register and for bus transportation.

GAME DAY

Join Club friends for a fun morning of games on **Wednesday, June 8 at 11am**. Gather your friends to socialize and play any game you'd like - we have Corn Hole, cards, Scrabble, and dominoes at the Center, or bring your own game to play! Since social distancing may not be possible, masks are recommended. The picnic tables on the patio will also be available if the weather is nice! For bus transportation, please call 2 days in advance.

BRIDGE RETURNS TO THE CENTER

Come play "social bridge" at the DeCorso Center on **Monday afternoons from 12:00p.m.-2:30p.m. beginning June 13.** Join Club friends for a fun afternoon in the Card Room! All levels (including beginners) welcome. **Masks are required.** If you are interested in playing, please e-mail decorsocenter@newprov.us or call (908) 665-0046. We look forward to seeing you!

**SPECIAL EXERCISE CLASS OFFERING
BONE SMART WITH MYRIAM IN JUNE**

Bones are our silent workers. They allow us to stand erect and support our muscle structure. They also play a role in our metabolism. Yet, we do not pay attention to them until we sustain a fracture. This special class will stimulate our bones with a revamped targeted workout and explore the important facts about bones. **Fridays via Zoom at 10:30am June 3, 10, 17 and 24.** Please e-mail decorsocenter@newprov.us to register and receive the Zoom link.

ACTIVITIES COMMITTEE

On **Tuesday, June 14 at 10 am** please join us for a meeting of the Activities Committee. We need ideas that will appeal to all our members, so your input is invaluable. Some of the events that are being considered are museum trips, trips to local wineries, and a visit to the Raptor Trust. We hope to see you then!

NPSCC MEMBERSHIP DIRECTORY AVAILABLE

The NPSCC Membership directory has been updated and compiled. Copies are now available for purchase. The cost of each directory is \$2. Please stop by the Center if you would like to buy a copy.

ATLANTIC HEALTH VIRTUAL PROGRAMS

D-Day, The Normandy Invasion - Monday, June 6 at 11:00am – “D-Day” is the invasion on June 6, 1944 that was the culmination of years of Allied planning and began the drive that would lead to defeat of Nazi Germany. This lecture to highlight the developments that ensured the success of invasion. Presented by Robert Stead. E-mail decorsocenter@newprov.us by Friday, June 3 to register and receive the Zoom link.

Skin Nourishing Foods - Wednesday June 8 at 11:00am - Beautiful, healthy skin begins on the inside! Learn what foods nourish our skin and how we can keep it protected, strong, and healthy. Presented by Barbara Galvin, registered dietitian at ShopRite. E-mail decorsocenter@newprov.us by Monday, June 6 to register and receive the Zoom link.

Committing to Wellness - Wednesday June 22 at 11am - Have you ever wondered why it seems so difficult to eat healthy or adopt healthy habits? Join ShopRite registered dietitian Kristen Burdzy as she discusses motivation, habits and the stages of change to learn how to commit to wellness one step at a time. No registration required. Please use the following Zoom link:

[https://atlantichealth.zoom.us/s/87378696189?pwd=](https://atlantichealth.zoom.us/s/87378696189?pwd=MVNP)

BUS TO BLUE STAR

On **Thursday, June 9 and Thursday, June 23**, Mike will drive the senior bus to the Blue Star Shopping Center including The Dollar Store, ShopRite, and Kohl's. Pickups will begin at 9:00a.m. Seniors are asked to wear their masks while riding the bus. To reserve your spot, call (908) 665-0046 or e-mail decorsocenter@newprov.us by Tuesday June 7 for the June 9 trip and Tuesday June 21 for the June 23 trip.

THANK YOU NOTES

- A big thank you to the NP Lions Club for their generous donation of a portable PA sound system for use at the Center.
- Thanks to the volunteers who helped compile the new NPSCC Membership Directory
- Thanks to all who provided supplies and/or put together first aid kits for the Ukrainian people.
- Thank you to NPHS vocal soloists and the Larks for their wonderful musical performances.
- Thank you to Dunkin Donuts for donating coffee and donuts for our re-opening celebration.
- Thank you to all those who made donations to the NPSCC in memory of Rita Wehrle.

NEW PROVIDENCE MEMORIAL LIBRARY (NPML)

Garden State: Living Off the Land in 19th Century New Jersey – Thursday, June 2, 7pm. Explore the agricultural history of New Jersey and its profound influence on farming today with an educator from the Museum of Early Trades and Crafts.*

Knit/Crochet Nights – Monday, June 6 & Thursday, June 16, 7pm. Bring your latest knitting or crocheting project to work on while you chat with others.

Jazz Guitar Concert with Abe Ovadia – Sunday, June 12, 2pm. Free concert. Seating is limited. Arrive early.

Batter Up – Let's Talk Baseball – Monday, June 13, 7pm. Discuss teams, players, and issues of the sport with other baseball fans.*

Movie & Discussion: "Miss Juneteenth" – Tuesday, June 14, 1pm. A former beauty queen and single mom prepares her rebellious teenage daughter for the "Miss Juneteenth" pageant. In English with subtitles for the hearing impaired.

Summer Reading 2022 Kickoff – June 27 @ 10:00am.

* To register, email rsvp@newprovidencelibrary.org or call (908) 665-0311 ext.4.

NPML SEEKS COMMUNITY INPUT

The New Providence Memorial Library is seeking community feedback regarding their collections, services, spaces, and programs. You can help out by completing one of their surveys. The survey is available on the library's website, and paper copies of the survey are also available at the DeCorso Center. Please pick one up and fill it out. Completed surveys may be left at the DeCorso Center or dropped off at the library.

HISTORICAL SOCIETY FLEA MARKET

The New Providence Historical Society will be holding a Flea Market on Saturday, June 11 from 9:00am-3:00pm. The Flea Market will be held on the grounds of the Salt Box Museum, 1350 Springfield Avenue New Providence. Rain date is June 18, 2022.

BULK COLLECTION PICK-UP STARTS IN JUNE

Bulk Collection occurs once a year in June.

Zone 1B – Monday, June 6

Zone 1A – Monday, June 13

Zone 3 – Monday, June 20

Zone 2 – Monday, June 27

Items must be placed at your curb by 2 AM on the designated Monday for your Zone. Please see the **2022 Calendar** for details. Check pages 3 and 4 of the calendar for bulk collection dates and street listings by zone. Check pages 13 and 15 for more information on bulk collection.

Please Note: Bulk collection may be delayed. Keep your items at the curb starting on your designated pick-up date. Trucks will be around to collect as soon as they can.

EARLY AND PRIMARY DAY VOTING TO BE HELD AT DECORSO CENTER

Early Voting will take place at the DeCorso Center on June 3rd, June 4th, and June 5th. Voting will also take place at the DeCorso Center on Primary Election Day, Tuesday, June 7th. **There will be NO Indoor Bingo on Friday, June 3 and no Italian classes on June 7.**

Thankful for a Mistaken Identity - A Short Story

In our interconnected world today, it is not unusual to receive a wayward text message that was not intended for you. In the case of 17-year-old Jamal Hinton of Mesa, Arizona, the decision to respond to the sender of such a message changed his life, and hers, forever. In 2016, Wanda Dench mistakenly texted a Thanksgiving dinner invitation to a number she believed was her grandson's. When Jamal inquired about her identity, the pair exchanged selfies to clear up the confusion. He then asked if the invitation still stood, to which Wanda replied in the affirmative. This simple act of kindness began a six-year friendship, which is marked every Thanksgiving with a family photo as well as other meetings throughout the year. The close-knit pair has experienced lots of change over the years, including Jamal's transition into adulthood, his long-term relationship with girlfriend Mikaela, and the 2020 death of Wanda's husband Lonnie. Netflix recently announced that they will bring this heartwarming story of generosity and friendship to the big screen. Now, that is something to text about! In what ways do you extend kindness to others beyond your family?

Father Knows Best: What is the best fatherly advice you have ever received or given?

- Do not run after money. Have enough money to lead a decent life, but more importantly, enjoy life and live happily, as you live only once.
- Treat everyone you meet as you want to be treated.
- Don't waste time learning the "tricks of the trade." Instead, learn the trade.
- Admit your mistakes.
- Learn to listen. Opportunity sometimes knocks very softly.
- Never deprive someone of hope. It might be all he or she has.
- Pray not for things but for wisdom and courage.
- Never pay for work before it's completed.
- Be willing to lose a battle in order to win the war.
- Never underestimate the power of forgiveness.
- When you look back on your life, you'll regret the things you didn't do more than the things you did.
- Get your priorities straight. No one ever said on his deathbed, "Gee if I'd only spent more time at the office."

	NEW PROVIDENCE SENIOR CITIZENS CLUB ~ June 2022 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
May 29	May 30 <i>Memorial Day</i> CENTER CLOSED - NO EXERCISE CLASSES	May 31 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian ² 2:00 Beginner Italian ²	1 10:00 Nurse's Hours 11:00 Club Meeting – "Housing Market & Trends" ^{3***}	2 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg ²	3 9:00 Zumba ¹ 10:30 Bone Smart ¹ 11:00 <u>NO</u> Indoor Bingo Early Voting 10am - 8pm	4 Early Voting 10am - 8pm	
5 Early Voting 10am - 6pm	6 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 "D-Day, The Normandy Invasion"	7 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ Primary Election Day Polls open 6am - 8pm	8 11:00 Game Day ^{2***} 11:00 "Skin Nourishing Foods"	9 9:00 Bus to Blue Star ^{**} 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg ²	10 9:00 Zumba ¹ 10:30 Bone Smart ¹ 11:00 Indoor Bingo ^{3***}	11 Historical Society Flea Market 9 AM - 3 PM	
12	13 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 Trustee Mtg ² 12:00 Bridge ⁵	14 <i>Flag Day</i> 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 10:00 Activities Committee ² 1:00 Tai Chi ¹ 1:00 Advanced Italian ² 2:00 Beginner Italian ²	15 11:00 Special Bingo with Chatham Hills ^{3***}	16 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg ²	17 CENTER CLOSED 9:00 Zumba ¹ 10:30 Bone Smart ¹ 11:00 <u>NO</u> Indoor Bingo	18	
19 Happy Father's Day!	20 9:00 In Control ¹ 11:00 Chair Yoga ¹ 12:00 Bridge ⁵	21 <i>Start of Summer</i> 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 11:00 Book Club ² 1:00 Tai Chi ¹ 1:00 Advanced Italian ²	22 11:00 Paper Stars Craft ^{2***} 11:00 " Committing to Wellness"	23 9:00 Bus to Blue Star ^{**} 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg ²	24 9:00 Zumba ¹ 10:30 Bone Smart ¹ 11:00 Indoor Bingo ^{3***}	25	
26	27 9:00 In Control ¹ 11:00 Chair Yoga ¹ 12:00 Bridge ⁵	28 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian ² 2:00 Beginner Italian ²	29 11:00 Club Meeting – Brandywine Living: Easy Recipes to Bring to Your Summer BBQ ^{4***}	30 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg ² Rain date for Brandywine program	Jul 1 9:00 Zumba ¹ 10:30 Bone Smart ¹ 11:00 Indoor Bingo ^{3***}	Jul 2	

¹ Virtual class via Zoom. Pre-registration required.

² Held at the DeCorso Center.

³ Held at the DeCorso Center. Registration required.

⁴ Held outside at the DeCorso Center. Registration required.

⁵ Held at the DeCorso Center. Masks required.

Bus Transportation

* Call MONDAY MORNINGS to reserve your spot

** Call 2 days in advance to reserve your spot.

*** Call 2 days in advance to reserve your ride.