

New Providence Senior Citizens Newsletter

"Good things happen here!"



FEBRUARY 2020

Vol. 20, No. 2



Hi There! As the current president of the New Providence Senior Citizens Club, I was asked to write a little something to our fellow members about "Why I think it is good to be active at NPSC Club/Center"

Remember turning 50 and the AARP card that arrived with all those discounts? Even though NONE of us will 'ever be senior citizens', we appreciate those discounts, don't we? The NPSC Center offers many of its programs either free of charge or discounted for a very nominal amount. The borough offers us a center with two co-coordinators who initiate and deliver programs for our health and enjoyment. We, in turn might give of ourselves and our time to make this truly a center for its members by suggesting and volunteering ideas and ourselves.

Do you have an interest from your past which you want to ignite again now that you have the time to play? Do you want to broaden your knowledge and skills, network, or just have fun with people your own age who understand the way you think? (Kids and grands are great, but sometimes they don't quite understand us or our "sense of humor".) Do you need a purpose to get up in the morning? Do you get bored?

I suggest that you join and volunteer at NPSC because it is OUR club. No big-time commitment - an hour here or there to help us put YOUR ideas into action and share them with others. Come laugh, entertain, interact, engage, inform and educate others. If you do, you will feel more positive about yourself and our generation. Sometimes we get so involved in our family commitments or doctor visits that we forget to take a break to just enjoy doing something for ourselves with friends. Bring the friends along and tell us what works for you.

If something interests you, it will probably interest others. Let's give it a try. Contact Therese, Michelle or any member of the club to join in the fun at a place where "GOOD THINGS HAPPEN!" if you GET INVOLVED.

P.S. I retired nearly 5 years ago from working here. It really is nice going to the center, enjoying an activity with others, and then leaving without having to lock the doors or answer the phone. There are so many options available, but we need to know which ones will interest YOU and others. Anyone for POKER?

A SPECIAL THANK YOU TO THE FOLLOWING CLUB MEMBERS...

- Bobbi McAneny for donating the cake for January birthdays.
- Harry Kundrat for his entertaining "Harry's Babylon".
- Anne Fahey for suggesting a poem for the January newsletter.
- Bill Wehrle and Bert Abbazia for calling bingo.
- Kathy Hendrickson for donating new release hardcover books.
- Denise Lin and her sister Nancy for teaching us about Lunar New Year customs.

NP Senior Citizens Club
An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Vice-Chair: Grace Parlapiano
Secretary: Bette Schmitt
Trustees: Kathy Hendrickson, Barbara Koslap, Sal Ligammari, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Bill Wehrle

Club Officers

President: Peggy Brodeur
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Delores Felezzola
2nd Treasurer: Lidia Astapova
Sergeants-at-Arms: Don Kern, Mike Ferlige

Contact these members with any questions regarding your club.

Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Co-Coordinators

Therese Dalton
Michelle Zack

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

- ShopRite - Tuesday mornings (call between 8:30-9:00am).
- Club Meetings - Wednesday mornings (call by 10:00am).
- Livingston Mall or Blue Star Mall - Friday mornings except 1st Friday (call between 8:30-9:00am).

Trips, Activities & Meetings

Tickets for events may be purchased at the Center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the Center at 908-665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

Check calendar for ongoing activities & schedule changes.

- **Tax Return Assistance** - AARP Foundation tax aide counselors will be available by appointment only to assist in preparing and filing 2019 tax returns. See article on page 3 for details.
- **Wed, Feb 5, 11:00am: Program/Meeting** – Enjoy the beautiful singing voices of the **New Providence High School Vocal Soloists** as they perform for us.
- **Fri, Feb 7, 11:30am: Movie & Pizza** –Join us for a showing of the classic movie **“From Here to Eternity”**. Bring your own lunch or buy pizza for \$2 per slice.
- **Mon, Feb 10, 10:30am: “Armchair Art Tour”** – Art lecturer, Michael Norris, will give a talk about French Impressionist painters. Program includes a slide show of Impressionist art including pieces from the Metropolitan Museum of Art. *Sponsored by Spring Grove Rehabilitation and Healthcare Center.*
- ✍ **Tue., Feb 11, 11:00am-1:00pm: Painting Class** – Have fun painting a picture using a technique designed for all experience levels. A light lunch will be provided. Space is limited. Sign up at the Center by February 4th. *Sponsored by Sunrise Senior Living of Summit.*
- **Wed, Feb 12, 11:00am: Program/Meeting** – Come to the **Hootenanny** and learn about musicians who wrote and sang folk tunes. Dress up like the 60's, bring your love beads and get ready to sing and sway. Socialize and enjoy refreshments as we celebrate February birthdays. *Chatham Hills will call bingo!*

The Center will be closed Monday, February 17th for the Presidents Day Holiday

- ▣ **Tues, Feb 18, 10:45am: Book Club** – Join us as we discuss *Half Broke Horses* by Jeannette Walls.
- **Wed., Feb 19, 11:00am: Program/Meeting** – Enjoy a fun program that Therese has planned for us. Due to popular demand, Harry Kundrat will also continue *“Harry's Babylon”*.
- **Mon, Feb 24, 9:00am-3:00pm: AARP Smart Driver Course** –Refresh your driving skills, review the rules of the road, and learn research-based driving strategies. Participants might receive a car insurance discount. Cost \$15.00 for AARP members, \$20.00 for non-members. Call the center at 908-665-0046 to sign up.
- **Tues, Feb 25, 10:45am: Communications Crew** – Help send birthday greetings to club members.
- **Wed, Feb 26, 11:00am: Program/Meeting** – Alice Campbell from Sunrise of Summit will tell us about their newest community and the wonderful music program they have planned for us in March.
- ♫ **Mon, Mar 2, 11:00am-1:00pm: Music Program** – Musician Joseph Regan will present **“Spring, Spring, Spring!”**, the music of the 40's, 50's and 60's. A light lunch will be provided. Space is limited. Sign up at the Center by February 26. *Sponsored by Sunrise Senior Living of Summit.*
- **Wed, Mar 4, 11:00am: Program/Meeting** – NPSCC member Patricia Malicher will talk about her delightful travels to and the fascinating history of the **Panama Canal**.
- **Wed, Mar 11, 11:00am: Program/Meeting** – Cast members from the NPHS Spring Musical, **“Little Shop of Horrors”**, will present highlights from the show. Celebrate March birthdays. *Chatham Hills will call bingo!*
- ▣ **Tues, Mar 17, 10:45am: Book Club** – Title to be determined.
- **Wed, Mar 18, 12:00noon: St. Patrick's Day Luncheon** - Celebrate the holiday at the center with friends, a hot Irish meal and live entertainment. Cost: \$TBD. Purchase ticket in advance. Sign up for bus transportation. *Entertainment sponsored by Spring Grove.*
- **Tues, Mar 24, 10:45am: Communications Crew** – Help send birthday greetings to club members
- **Wed, Mar 25, 11:00am: Program/Meeting** – Unicity Home Care. Details to follow.

TAX RETURN ASSISTANCE

Area residents can obtain free AARP Foundation tax assistance in preparing and filing their 2019 tax returns. There are no age or income limitations for participation in this program, but taxpayers with complex returns may be advised to seek paid assistance. Beginning Saturday, February 8, 2020 through Monday, April 13, 2020, AARP Foundation Tax Aide counselors will be available by appointment only on Saturdays from 9:00am to 4:30pm and Mondays from 12:30pm to 5:30pm. To schedule an appointment, call the DeCorso Center at 908-665-0046 between 10:30am and 2:00pm Mondays through Fridays or sign up at the Center.

PAINTING CLASS AND MUSIC PROGRAM

Due to the success of the first painting class, Sunrise Senior Living is offering another free painting class at the Center on February 11th. If you ever wanted to try painting, this is your chance! Sign up at the center by February 4th. They are also sponsoring a program featuring the music of the 40's, 50's and 60's on March 2nd. Sign up at the center by February 26th. A light lunch is included at both events.

HELP NEEDED

Callers are urgently needed for Pizza Bingo on Fridays. Please consider signing up for one Friday a month. If no one volunteers, it will have to be cancelled.

AROUND TOWN...**NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

Musicals for Lovers – Presentation for anyone who has been in love, or who loves musicals. Will include film clips and a discussion. Sun, Feb 2, 3pm

Knitting/Crocheting Group - Mon, Feb 3, 7pm

Reducing Stress Through Meditation – Learn about how meditation reduces stress, improves concentration, and enhances clarity of thought. Thurs, Feb 6, 7pm.*

Author Talk – “Together: A Journey for Survival”. Author Ann Arnold and her father, Holocaust survivor Mark Schonwetter, will share their family’s journey through Poland’s countryside. Sun, Feb 9, 3pm

Baseball Discussion Group –Mon, Feb 10, 7pm

*Register @ register.communitypass.net/newprovidence

DECORSO CENTER

League of Women Voters Great Decisions – Program developed by the Foreign Policy Institute to discuss world affairs. Feb 5, 13, 19, 26, 7:30pm, \$95 for 8-week series or \$20 per session.

- Climate Change and the Global Order, Wed, Feb 5
- India and Pakistan, Thurs, Feb 13
- Red Sea Security, Wed, Feb 19
- Modern Slavery and Human Trafficking, Wed, Feb 26

CSA Pasta Dinner & Basket Raffle

Community fund raising event to benefit NP residents with financial needs. Cost \$15. Sun, Mar 1, 3-7pm.

AMERICAN LEGION POST #433**Sweethearts Meatloaf Dinner Fundraiser**

Cost: \$20 adult, \$10 under 17, under 10 free

Date: Fri, Feb 14, 5:00-8:00pm

MOVIE MARQUEE**FEBRUARY MOVIES AT THE NP MEMORIAL LIBRARY**

The Tuesday movies have closed captioning.

Tuesdays at 1:00pm

February 4 –*Where'd You Go, Bernadette*
 February 11 –*Harriet*
 February 18– No movie
 February 25 –*Captain Phillips*

Foreign Films

There will no longer be a foreign film on the first Wednesday of the month.

Mon., Feb 24, 7:00pm – *After the Wedding* (In Danish, Swedish, English, Hindi with English subtitles)

2020 TRICENTENNIAL CELEBRATION

This year is the 300th Anniversary of the arrival of the first settlers in New Providence. Event celebrations include:

February 22 – Tricentennial Kickoff – Share light refreshments and learn how New Providence grew and evolved. DeCorso Community Center, 6:30-9pm. Free to all.

April 25 – Turkey Dinner – A catered turkey dinner to honor the original name of our town, "Turkey". New Providence Presbyterian Church.

May 25 – Memorial Day Parade – Tricentennial Committee will honor community members and others who have been serving our country from 1720 through 2020.

June 14 – New Providence Heritage Day – Celebrate the history of New Providence from Turkey to today and beyond with food, music, contests, games and more. Centennial Park

September 26 – New Providence Fun Day – An old-fashioned, fun-filled, family-oriented community carnival featuring inflatable rides, games crafts, fund foods, recreational activities, music, entertainment and more. New Providence High School, 11am-3pm.

STRONG YOU! EXERCISE CLASS

Would you like to get stronger? Starting January 30th, the Thursday morning exercise class at 9:30am will focus on strength. The circuit training method will be used to build strong muscles. This method alternates strength building movements with bouts of cardio to help achieve this goal.

SAGE ELDERCARE

SAGE Eldercare is a nonprofit organization committed to providing programs and services to meet the changing needs of older adults, their families, and caregivers. New Providence Borough has contracted with SAGE and their services are available to all New Providence residents. Kathy Larkin, LCSW, the liaison for New Providence residents, may be reached at 908-598-5509.

SAGE invites you to join them on Friday, February 7 at 7:00pm for a free viewing of *The Farewell* with Golden Globe winner, Awkwafina.

BOOK REVIEW

by Anne Fahey

"The Immortal Life of Henrietta Lacks"

by Rebecca Skloot

An exciting, true, historic story about a multimillion-dollar industry that sells biological material. Henrietta Lacks grew up in the slave area of Virginia and made a tremendous contribution to mankind. Yet, she died a poor woman, reaping no benefits for herself or family. An exciting, well-told, true story you should not miss.

Amazon Summary: Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor black tobacco farmer whose cells – taken without her knowledge in 1951 – became one of the most important tools in medicine, vital for developing the polio vaccine, cloning, gene mappings, and more. Henrietta's cells have been bought and sold by the billions, yet she remains virtually unknown, and her family can't afford health insurance. This phenomenal New York Times bestseller tells a riveting story of the collision between ethics, race, and medicine; of scientific discovery and faith healing; and of a daughter consumed with questions about the mother she never knew.

VALENTINE'S DAY HUMOR

Q: What Valentine's Day candy is only for girls?

A: HER-SHE's kisses

Q: What kind of Valentine's Day candy is never on time?

A: ChocoLATE

FEBRUARY FACTS

Birthstone: Amethyst

Flower: Violet

Zodiac Signs: Aquarius (till 18th) & Pisces (19th →)

Holidays and Observances:

Groundhog Day – Feb 2

Super Bowl – Feb 2

Valentine's Day – Feb 14

Presidents Day – Feb 17

NEW PROVIDENCE SENIOR CITIZENS CLUB
~ FEBRUARY 2020 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 26	Jan 27 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	Jan 28 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	Jan 29 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – “Cold v. Flu” 1:00 Lunar New Year Luncheon*²	Jan 30 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 12:30 Bridge 12:30 Mah Jongg	Jan 31 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo**	1
2 Musicals for Lovers @ NPML 3:00pm	3 9:30 Trustee Meeting 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	4 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	5 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – NPHS Vocal Soloists 12:30 Bingo	6 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 12:30 Partner Bridge 12:30 Mah Jongg	7 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 11:30 Movie & Pizza – “From Here to Eternity” 12:30 NO Pizza Bingo	8 Tax Appts. 9:00am-4:30pm (by appointment only)³
9 “Together: A Journey for Survival” @ NPML 3:00pm	10 Tax Appts 12:30-5:30pm (by appointment only)³ 10:30 Armchair Art Tour 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	11 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 10:00 Activities Meeting 11:00 Painting Class¹ (sign up by Feb 4th) 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	12 Happy Birthdays! 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – Hootenanny 12:30 Bingo – Chatham Hills	13 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 12:30 Duplicate Bridge 12:30 Mah Jongg	14 Valentine’s Day ❤ 9:00 Bus to Blue Star* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo** 5:00 Sweetheart Meatloaf Dinner @ American Legion	15 Tax Appts. 9:00am-4:30pm (by appointment only)³
16	17 CENTER CLOSED Tax Appts 12:30-5:30pm (by appointment only)³ Presidents Day	18 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 10:45 Book Club 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	19 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – Therese’s Surprise 12:30 Bingo	20 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 12:30 Duplicate Bridge 12:30 Mah Jongg	21 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo**	22 Tax Appts. 9:00am-4:30pm (by appointment only)³
23	24 Tax Appts 12:30-5:30pm (by appointment only)³ 9:00 Smart Driver Course¹ 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	25 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 10:45 Communication Crew 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	26 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – Sunrise Senior Living 12:30 Bingo	27 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 12:30 Partner Bridge 12:30 Mah Jongg	28 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo**	29 Tax Appts. 9:00am-4:30pm (by appointment only)³

¹Sign up in advance

²Buy ticket in advance

³Schedule appointment in advance

⁴Call between 8:30 - 9:00am

⁵Call before 10:00am

*Weather Permitting

**Caller needed

Weather Policy: When schools are closed due to weather, the center is also closed. If schools have a delayed opening, the center has a delayed opening. When in doubt, call the center at 908-665-0046. Most importantly, if there is snow or ice, please be cautious. It's okay to miss an activity!