

# New Providence Senior Citizens Newsletter

OCTOBER 2013

Volume 13, Issue 10



## COORDINATOR'S CORNER

- Although it feels like summer just ended, we already need to prepare for flu season. The **annual flu clinic** will be held at the center on Tuesday, October 1 from 10AM-noon. It is open to the public on a first come, first served basis. Bring your Medicare card or \$10.
- Our **Flea Market** will be held on Saturday, October 5 from 10AM until 2PM, so stop by to support the vendors and pick up some interesting items. As with any event like this, many hands make lighter work. Why not sign-up to volunteer? Interested in selling your own items? See Christine to rent a table for \$10, or help support the center by contributing to the "nearly new" table. Items donated and brought to the center's library beginning Wednesday, October 2 will be sold with the proceeds benefitting the club.
- Anyone interested in volunteering at the Borough's **shelter/comfort station** which is activated in the case of emergencies? Contact the NP Police Department at 908-665-1111 to get a volunteer application.
- Lots of activities are happening this month, but in all the craziness don't forget the **special election** for our new U.S. Senator on Wednesday, October 16. You can vote at your regular polling location.
- This is the last month of the **Farmers Market**, held on Wednesdays from noon to 6PM in the Presbyterian Church's parking lot. In addition to the many vendors selling delicious prepared foods and specialty items, local farmers have an abundance of recently harvested fruits and vegetables.
- The **furniture** is coming, the furniture is coming! We expect the card room tables and chairs and an entry table to arrive in October. Thanks to those who tested out the samples and provided feedback on colors. These items, as well as the entry area, card room and solarium renovations were paid for by the Borough's capital fund—your tax dollars at work!



## THANK YOU

- Peak Medical educated us on osteoarthritis at their interesting Lunch & Learn.
- Clara DelMonte orchestrated another great trip to Raritan for the John Basilone parade.
- Those who came to the fork in the road and took it to the Yogi Berra Museum had a wonderful time. Thanks to Christine Napolitano for coordinating it.
- The newsletter committee each month provides news about what's going on at the center, in town and with our members. Members look forward to each issue and appreciate their efforts. Want to join them or contribute? Please stop by a weekly newsletter meeting on Mondays at 11AM at the center.

## NP SENIOR CITIZENS CENTER

15 East Fourth St.  
New Providence, NJ 07974  
908-665-0046

[www.newprov.org/seniorcenter](http://www.newprov.org/seniorcenter)

*A welcoming place for  
New Providence residents,  
ages 55 and up, to gather  
and to enjoy events,  
programs and each other.*

**Center Coordinator**  
Peggy Brodeur

**Hours**  
Mondays: 11 AM-4 PM  
Tuesdays-Fridays:  
10 AM-4 PM

## NP SENIOR CITIZENS CLUB

*An organization dedicated  
to providing social &  
enriching activities & events for  
New Providence seniors.*

**Trustees**  
Chair: Maxine Hirsch  
Marty Ammenwerth,  
Pat Connolly, Jim Coyne,  
Kay DeMarco, Enid Doyle,  
Jean Holmes, Harry Kundrat,  
Grace Parlapiano,  
Rosemarie Sommo & Doris Velez

**Club Officers**  
President: Bernice Liquori  
Vice Pres.: Christine Napolitano  
Treasurer: Lucia Leao  
1st Treasurer: Clara DelMonte  
2nd Treasurer: Delores Felezzola

*Contact these members with any  
questions regarding your club!*

## TRIPS, ACTIVITIES & MEETINGS

*Tickets for events may be purchased at the center  
on Wednesdays 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel  
a reservation. Do not transfer a reservation—it will not be honored.*

Check the calendar  
for ongoing  
activities!



**Tue. Oct. 1 / 10AM: Flu Clinic**—At the center and open to the public. First come, first served. Free for Medicare recipients (bring your card), otherwise \$10.



**Wed. Oct. 2 / 11AM: Meeting**—Maestro George Maul of The Discovery Orchestra will present a fine music lecture on “Jupiter, The Bringer of Jollity”.



**Sat. Oct. 5 / 10AM-2PM: Flea Market**—Hosted by the center. Donate “nearly new” items beginning October 2 to be sold to benefit of the club. Tables to sell your own items are available for \$10.



**Wed. Oct. 9 / Noon-3PM: Oktoberfest (No Meeting)**—Party at the center with food from Elmer’s, and learn to “yodel, strut and grunt” with entertainer Andrew Roblin. Cost: \$15.



**Thu. Oct. 10 / 9-10:30AM: Bone Density (for women) & Blood Pressure Screening**—The Overlook Healthy Avenues Van will be at the center. Call 1-800-247-9580 for an appointment. Fee: \$10.



**Wed. Oct. 16 / 11AM: Meeting**—Test your knowledge with a game of Health Jeopardy hosted by Melissa Keyes DiGioia of Planned Parenthood.



**Thu. Oct. 17 / 7PM: Historical Society Meeting**—Learn about Alexander Hamilton from historian Nolan Ashe at the center. Light refreshments will be served.



**Sat. Oct. 19 / 10AM-4PM: Friends of the NP Memorial Library Craft Fair**—Held at the library.



**Sat. Oct. 19 & Sun. Oct. 20 / 1-4PM: Four Centuries in a Weekend**—NP’s Salt Box Museum and other historical locations around the county are open to visitors. Visit [www.ucnj.org](http://www.ucnj.org) for more info.



**Tue. Oct. 22 / 10AM: Trip to Mt. Airy Casino**—Must register in advance. Cost: \$20.



**Wed. Oct. 23 / 11AM: Meeting**—Elyse Drucker of SAGE provides an update on Medicare. Sign-up in advance at the center for one-on-one counseling with SHIP professionals after the meeting.



**Thu. Oct. 24 / 7PM: Il Divo Concert Viewing**—DVD showing at the center. BYO refreshments.



**Wed. Oct. 30 / 11AM: Meeting**—Prepare for Halloween with a discussion of traditions and memories, and enjoy the sounds of the NP Middle School strings.



**Sat. Nov. 3 / 10AM-4PM: Paca Club Auxiliary Craft Sale**—At the Paca Club.



**Wed. Nov. 6 / 11AM: Meeting**—Chiropractor Tom Culvert gives us a talk on “overall health” which will include commentary on food, posture and weak muscles.



**Mon. Nov. 11 / Noon: Veteran’s Day Luncheon**—Observe the day with veterans at the 11AM service at the American Legion Post followed by lunch at the Post donated by local businesses. Sign-up in advance, and please bring a dessert.



**Wed. Nov. 13 / 11AM: Meeting**—Thanksgiving floral designs by member Marilyn Litvak.



**Thu. Nov. 14 / 10AM: NPHS Seniors Day**—Start celebrating Thanksgiving early with a concert, a turkey luncheon, and a preview of the fall play. Due to limited parking and lunch seating, those attending must register in advance and take the bus from the center.



**Fri. Nov. 15 / Noon: Remember When...**—Recollect and share school memories. Pizza \$1.75/slice.



**Wed. Nov. 20 / 11AM: Meeting**—Member Leo Piovano presents “The Story of Italy”.



**Sat. Nov. 23 / Time TBA: Lodge Linne Import and House Sale**—At Salt Brook School.

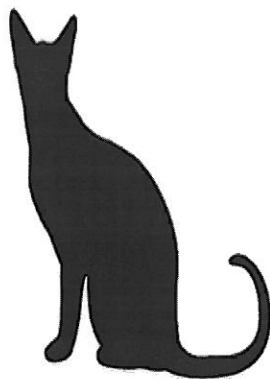


**Wednesday, November 27-Friday, November 28—CENTER CLOSED FOR THANKSGIVING**

## Age Test

This was developed as an age test by an R&D department at Harvard University. Take your time and see if you can read each line aloud without a mistake. The average person over 40 years of age can't do it!

1. This is this cat
2. This is is cat
3. This is how cat
4. This is to cat
5. This is keep cat
6. This is an cat
7. This is old cat
8. This is person cat
9. This is busy cat
10. This is for cat
11. This is forty cat
12. This is seconds cat



Now go back and read the third word in each line from the top down. :) )

## OCTOBER

October is the fallen leaf, but it is also a wider horizon more clearly seen. It is the distant hills once more in sight, and the enduring constellations above them once again. ~ Hal Borland

The sweet calm sunshine of October, now  
 Warms the low spot; upon its grassy mould  
 The purple oak-leaf falls; the birchen bough  
 drops its bright spoil like arrow-heads of gold.  
 ~ William Cullen Bryant

October's poplars are flaming torches lighting  
 the way to winter ~ Nova S. Blair



## TID BITS

*The trouble with retirement is that you never get a day off.* ~Abe Lemons

*Inflation is when you pay fifteen dollars for the ten dollar haircut you used to get for five dollars when you had hair.* ~Sam Ewing

*Birthdays are good for you. The more you have, the longer you live.*

*Today is the oldest you've ever been, yet the youngest you'll ever be, so enjoy this day while it lasts.*

## It Was One of Those Fine October Days

By Richard Greene

*It was one of those fine October days  
 free from summer's heat and haze  
 but not yet gripped by autumn chill.*

*It was one of those fine October days  
 when the sky's so clear  
 you can see the moon  
 through the atmosphere  
 at midday.*

*It was one of those fine October days  
 when the trees sport yellow and red  
 instead of everyday summer green.*

*It was one of those fine October days  
 when one draws a deep breath  
 and is grateful  
 to be resident on Earth.*

## MOVIE MARQUEE

### OCTOBER'S FREE MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30AM & 2PM

- October 1—*The Great Gatsby*
- October 8—*The Sapphires*
- October 15—*Emperor*
- October 22—*What Maisie Knew*
- October 29—*The Artist*

Foreign Films (English Subtitles)

- Thursday, October 3, 2PM & Tuesday, October 8, 6:30PM—*Amour* (French with English subtitles)
- October 22, 7PM—*Loose Cannon* (Italian with English subtitles)

# October 2013

October 2013						
S	M	T	W	T	F	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2013						
S	M	T	W	T	F	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Monday		Tuesday		Wednesday		Thursday		Friday		Sat/Sun	
		October 1				2		3		4	
10:00am ChairYOGA 10:30am UCCClass: BiologyNews 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm InCONTROL w/MYRIAM 1:00pm MUSIC w/ERNIE		FLU SHOT 10am-12noon 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/ DICK 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes		DISCOVERY ORCHESTRA HAPPY BIRTHDAY 10:00am BUS to CLUB 11:00am MEETING: Maestro MAUL 12:30pm BINGO & Cards		9:45am EXERCISEw/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg		9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE		FleaMarket 10:00am FLEA MARKET etc...	
		7		8		9		10		11	
		9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am ACTIVITIES Meeting 11:00am TENNIS w/ DICK 1:00pm TaiChi w/AYRIEL 2:00pm SetUP for LUNCHEON 2:00pm Italian Classes		OCTOBERFEST 11:00am BUS to LUNCHEON 12:00pm OCTOBERFEST 1:00pm Entertainment by Andrew Roblin: Yodel, Strum, Strutt & Grunt		BoneDensity-OverlookVan 9:00am WOMENS' BoneDensity 9:45am EXERCISEw/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg		9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE			
		14		15		16		17		18	
		9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/ DICK 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes		SENATOR ELECTION 9:30am BloodPressureScreenin 10:00am BUS to CLUB 11:00am CLUB MEETING: HEALTH JEOPARDY 12:30pm BINGO & Cards		9:45am EXERCISEw/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg 7:30pm NP HistoricalSociety: Life of AlexanderHamilton		9:00am FOUR CITIES BRIDGE 9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE		10:00am LIBRARY CRAFT FAIR 1:00pm SaltBox Museum 1:00pm 4 CENTURIES in a WEEKEND	
10:00am ChairYOGA 10:30am UCCClass: BiologyNews 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm InCONTROL w/MYRIAM 1:00pm MUSIC w/ERNIE		21		22		23		24		25	
		9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 10:00am MAIRYcasino \$20 11:00am TENNIS w/ DICK 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes		MEDICARE Update w/SAGE 9:30am BloodPressureScreenin 10:00am BUS to CLUB 11:00am CLUB MEETING: MEDICARE UPDATE 12:30pm BINGO & Cards		9:45am EXERCISEw/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 7:00pm "IL DIVO" DVD Concert		9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE		NP Education Foundation "Casino Fundraiser"	
		28		29		30		31			
		9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/ DICK 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes		NPMS Strings Concert 10:00am BUS to CLUB 11:00am CLUB MEETING: HALLOWEEN... 12:30pm BINGO & Cards		9:45am EXERCISEw/MYRIAM 12:30pm BRIDGE 1:00pm Mah Jongg					
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