

New Providence Senior Citizens Newsletter

JULY 2013

Volume 13, Issue 7



COORDINATOR'S CORNER

- On July 3, head downtown to NP's **Independence Day Celebration**. Festivities begin at 7:30PM with chalk drawing on the Springfield Ave. end of South St. Enjoy entertainment and vendors while you wait for the 9:30PM fireworks, sponsored by Investors Bank. Bring a lawn chair or blanket. Plan ahead: South St. will be closed from Gales Dr. to Springfield Ave. beginning at 7PM. Rain date is July 5.
- At the July 10 meeting we will have a special performance called "**A Touch of Sinatra**"; two performers will sing and narrate the story of Frank's life. (NOTE: July and August birthdays will be celebrated together on August 7.)
- This summer the New Providence Business Community will sponsor **three free concerts** at 7:30PM on Thursday nights at Centennial Park. They kick-off July 11 with local favorite The Elefante Family Band. On July 18 the Tim Gillis Band will be featured, and on July 25 the 1910 Fruitgum Company. Enjoy free hot dogs from Prestige Diner and ice cream from Zita's as well as face painting and a magician for kids. Held rain or shine. Bring a blanket or lawn chair.
- The **Farmers Market** is open for business! Indulge in locally grown produce and other delicacies rain or shine on Wednesdays, noon to 6PM through October 30. The market's new location in the Presbyterian Church parking lot allows for easier access and parking.
- Join the members of our **gardening group** who tend to the plants and pick the vegetables when they are ready. Anyone interested in caring for or watering the gardens with a very light hose may sign up in the lobby. A small donation is all that is needed to enjoy a small taste of the harvest. Donations will be invested back into the gardens so that they can continue for many, many years to come. Also enjoy the birdbath and other features that bring life into the garden.
- The filing deadline for the **2012 Senior Freeze (Property Tax Reimbursement Program)** has been extended to September 16. For program information or to receive an application, contact the Senior Freeze hotline at 1-800-882-6597 or visit www.state.nj.us/treasury/taxation/ot1.shtml.

SUMMER CENTER CLOSINGS

The center will close at **2:30PM on Fridays** in July and August.

Wednesday, July 3 - Friday, July 5 (Independence Day)

Monday, August 19 - Monday, September 2 (Summer Break)

**THANK
YOU**

We appreciate the food and fun that both Juniper Village and Brandywine at Mountain Ridge provided for us in June.

NP SENIOR CITIZENS CENTER

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

*A welcoming place for
New Providence residents,
ages 55 and up, to gather
and to enjoy events,
programs and each other.*

Center Coordinator
Peggy Brodeur

Hours
Mondays: 11 AM-4 PM
Tuesdays-Fridays:
10 AM-4 PM

NP SENIOR CITIZENS CLUB

*An organization dedicated
to providing social &
enriching activities & events for
New Providence seniors.*

Trustees
Chair: Maxine Hirsch
Marty Ammenwerth,
Pat Connolly, Jim Coyne,
Kay DeMarco, Enid Doyle,
Jean Holmes, Harry Kundrat,
Grace Parlapiano,
Rosemarie Sommo & Doris Velez

Club Officers
President: Bernice Liquori
Vice Pres.: Christine Napolitano
Treasurer: Lucia Leao
1st Treasurer: Clara DelMonte
2nd Treasurer: Delores Felezzola

*Contact these members with any
questions regarding your club!*

TRIPS, ACTIVITIES & MEETINGS

*Tickets for events may be purchased at the center
on Wednesdays 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel
a reservation. Do not transfer a reservation—it will not be honored.*

Check the calendar
for ongoing
activities!



Wed. July 3—Fri. July 5: CENTER CLOSED FOR INDEPENDENCE DAY

Celebrate with fireworks and fun downtown on Wednesday, July 3! See details on page 1.



Wed. July 10 / 11AM: Meeting—Enjoy “A Touch of Sinatra”, a special performance including narration and songs that recount Frank’s life.



Thu. July 11 / 2-4:30PM: Seniors Day at the Pool—The NP Community Pool welcomes seniors for an afternoon of relaxation, swimming and fun. DJ Pete Limone entertains, and light refreshments will be served.



Sun. July 14 / 1PM: Bastille Day on Morristown Green—Grab some friends and visit “Alexander Hamilton” as he leads a tour through buildings present in the time of George Washington.



Wed. July 17 / Noon-3PM: Annual Picnic (No meeting)—Enjoy picnic fare from Elmer’s and play Bingo at the center. Cost: \$12.



Thu. July 18 / 8AM: Breast Health Breakfast—A Susan G. Komen Foundation trainer will play Bingo with us at the center to review facts about breast anatomy, risk factors, reducing the risk and screening guidelines. Funded by Community Development. Continental breakfast at 8AM, program is from 8:30-9:30AM. Sign-up in advance.



Wed. July 24 / 11AM: Meeting—The Atlantic Accountable Care Organization will present information about their services which include coordinating care for patients across physician offices, hospitals and other Medicare services.

Wed. 24



Thu. July 25 / 9:30-3PM: Trip to the Yogi Berra Museum in Montclair—Museum and bus is \$10. Lunch on own at Olive Garden.



Wed. July 31 / 11AM: Meeting—The National Arthritis and Diabetic Association will speak on the conjunction of the two and will bring free socks. Enjoy cards and Bingo after the meeting.



Wed. Aug. 7 / 11AM: Meeting—Celebrate the July and August birthdays.



Wed. Aug. 14 / Noon-3PM: Luau (No Meeting)—Fun with a Hawiian flare! Enjoy a catered lunch by Elmer’s and entertainment by “Marilyn Monroe.” Cost: \$14.



Thu. Aug. 15 / 9-10:30AM: Cholesterol Screenings—The Overlook van will be at the center for screenings.



CENTER CLOSED Monday, August 19 through Monday, September 2.



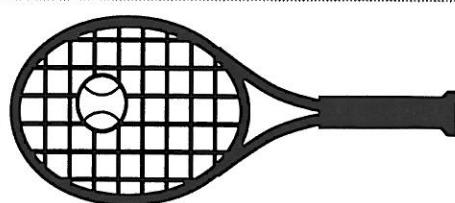
Wed. Aug. 21 / 8:45AM-6PM: River Lady Trip—Enjoy a mid-day meal and cruise on the calm Toms River and Barnegat Bay on River Lady, an authentic reproduction of an 85 foot paddle wheel riverboat. Complete the day with a stop at the Point Pleasant board walk. Cost: \$40.



Tue. Aug. 27 / 10AM-6:30PM: Casino Trip—Travel to Atlantic City Resorts. Cost: \$30 (\$25 refunded upon arrival, no food vouchers provided).

TENNIS ON TUESDAYS!

At 9AM on Tuesdays, enjoy Intergenerational Tennis (grandparent and child) at the NP Municipal Tennis Courts. Light rackets and low compression balls are provided. Give it a try with Tennis Pro and member Dick Walther.



WHY EXERCISE?



As I was lying around, pondering the problems of the world, I realized that at my age I don't really give a hoot anymore.

- ⇒ If walking is good for your health, the postman would be immortal.
- ⇒ A whale swims all day, only eats fish, drinks water, but is still fat.
- ⇒ A rabbit runs and hops and only lives 15 years, while a tortoise doesn't run and does mostly nothing, yet it lives for 150 years.

And you tell me to exercise? I don't think so!

Rubber Ducky Winners!

Our club sold 14 of the 69 fastest duckies in the BH Rotary's Rubber Ducky Race. Congratulations to all who won prizes, and thanks for supporting the Rotary and your club!



Beware of Offers for Free Medical Alert Systems

Scammers do not take the summer off. One recent scam targets seniors by offering a free medical alert kit and service.

Not true! Be skeptical of any such offers, and do not commit over the phone to any product or service without first validating the service and provider.

Are you interested in having a medical alert system in your home? The Berkeley Heights Rotary Club's program is reasonably priced and responsive, and many of our seniors use it. Contact Jack Spencer at 665-1342 for more information or you can stop by the center and fill out an application.



What Confucius did NOT say...

- Man who wants pretty nurse must be patient.
- Lady who goes camping must beware of evil intent.
- Man who leaps off cliff jumps to conclusion.
- Man who runs in front of car gets tired. Man who runs behind car gets exhausted.
- Man who eats many prunes get good run for money.
- War does not determine who is right, it determines who is left.
- Man who live in glass house should change clothes in basement.

**DON'T LET AGING
GET YOU DOWN...
IT'S TOO HARD TO
GET BACK UP!**

Secret to a long and happy marriage

An old woman was sipping a glass of wine while sitting on the patio with her husband, and she said, "I love you so much. I don't know how I could ever live without you."

Her husband asked, "Is that you or the wine talking?"

She replied, "It's me... talking to the wine."



MOVIE MARQUEE JULY'S FREE MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30AM & 2PM

- July 2—*The Guilt Trip*
- July 9—*Playing for Keeps*
- July 16—*Jack Reacher*
- July 23—*Promise Land*
- July 30—*Oz the Great and Powerful*

Foreign Films

- *Romantics Anonymous*—July 9 at 7PM & July 11 at 2PM (French with English subtitles)
- *Clandestine Childhood*—July 23 at 7PM (Spanish & Portuguese with English subtitles)

July 2013

July 2013

August 2013

S	M	T	W	T	F	S
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

S	M	T	W	T	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:30pm BRIDGE 1:00pm Music & Song	9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 1:00pm TENNIS w/DICK 2:00pm Italian Classes 3:00pm SPEAK ITALIAN	2 Independence Holiday CENTER C 7:30pm FIREWORKS in NP	3 HAPPY 4th of JULY	4 CENTER CLOSED (Independence Day)	5 BASTILLE DAY (Morristown @1:00pm)	6
8	9 SINATRA TODAY! 9:30am BloodPressureScreenin 10:00am BUS to CLUB 11:00am A TOUCH of SINATRA 12:30pm BINGO & Cards	10 9:45am EXERCISE w/MIKE 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg 2:00pm SR DAY@thePOOL	11 9:45am EXERCISE w/MIKE 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg 2:00pm SR DAY@thePOOL	12 9:00am BUS to MALL 10:00am ZUMBA w/TONY/A 12:30pm PIZZA BINGO 1:00pm SCRABBLE	13 9:00am BUS to MALL 10:00am ZUMBA w/TONY/A 12:30pm PIZZA BINGO 1:00pm SCRABBLE	14
15	16 PICNIC -\$12 11:00am BUS to PICNIC 12:00pm PICNIC	17 8:00am BREASTbreakfastBINC 9:45am EXERCISE w/MIKE 12:30pm DUPLICATE Bridge 12:30pm TAKE CONTROL of your HEALTH 1:00pm Mah Jongg	18 8:00am BREASTbreakfastBINC 9:45am EXERCISE w/MIKE 12:30pm DUPLICATE Bridge 12:30pm TAKE CONTROL of your HEALTH 1:00pm Mah Jongg	19 9:00am 4 Cities BRIDGE 9:00am BUS to MALL 10:00am ZUMBA w/TONY/A 12:30pm PIZZA BINGO 1:00pm SCRABBLE	20 9:00am BUS to MALL 10:00am ZUMBA w/TONY/A 12:30pm PIZZA BINGO 1:00pm SCRABBLE	21
22	23 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 1:00pm TENNIS w/DICK 1:00pm TAI CHI w/Ayriel 2:00pm Italian Classes 3:00pm SPEAK ITALIAN	24 9:30am BloodPressureScreenin 10:00am BUS to CLUB 11:00am CLUB MEETING:Accountable CARE organization 12:30pm BINGO & Cards	25 9:00am YOGI Berra Museum & Lunch \$10 9:45am EXERCISE w/MIKE 12:30pm PARTNER Bridge 1:00pm Mah Jongg	26 9:00am BUS to MALL 10:00am ZUMBA w/TONY/A 12:30pm PIZZA BINGO 1:00pm SCRABBLE	27 9:00am BUS to MALL 10:00am ZUMBA w/TONY/A 12:30pm PIZZA BINGO 1:00pm SCRABBLE	28
29	30 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 1:00pm TENNIS w/DICK 1:00pm TAI CHI w/Ayriel 2:00pm Italian Classes 3:00pm SPEAK ITALIAN	31 10:00am BUS to CLUB 11:00am CLUB MEETING:Arthritis & DiabeticsSOCKS 12:30pm BINGO & Cards				