

New Providence

Senior Citizens Newsletter

December 2014

Volume 14, Issue 12



COORDINATOR'S CORNER

- Volunteers and OLP Confirmation candidates will help us **Decorate the Center** for the holidays on Sunday, Nov. 30th from 2:00-6:00pm Revive an old tradition by having pizza supper afterwards. Sign up if you can join us.
- Drop In Tech Help** will be available at the New Providence Memorial Library Tuesday, Dec. 2nd @ 7:30pm and Saturday, Dec. 13th @ 11:00am. Please register by phone, 908-665-0311, or email, npmlref@yahoo.com.
- David Aaron will lead us in a game of **“Name That Tune”** on Wednesday, Dec. 3rd at 11:00am. We will also celebrate December birthdays.
- Make some **Craft Favors** on Thursday, Dec. 4th at 1:00pm for our party on Dec. 10th. Enjoy a Holiday treat for signing up.
- The **“After Hours Holiday Social”** will be held on Thursday, Dec. 4th at 7:00pm. Bring a favorite hors d’oeuvre or dessert celebrating your family’s heritage, a non-perishable food item to donate to a local food pantry, and a wrapped “white elephant” or “re-gifted” item If you want to participate in a grab bag gift swap.
- The **Christmas Holiday Dinner** will be held Wednesday, Dec. 10th from 5:00-8:00pm. Enjoy a festive dinner and music provided by the NPMS Girls’ Chorus. Please bring a nonperishable food item to donate to the OLP Food Pantry (see page 3). Sign up for bus pickup. Cost: \$18. Setup Tuesday, Dec. 9th at 2:00.
- Join us as we address **Greeting Cards** for our absent members on Thursday, Dec. 11th at 11:30am. Sign up and we will enjoy a few sandwiches together.
- Celebrate the holidays with Jennie at the **“Remember When Party”** on Friday, Dec. 12th at 12:00pm. Bring cookies and share a favorite holiday memory.
- Brandywine Assisted Living at Warren will present a **“Holiday Surprise”** on Wednesday, Dec. 17th at 11:00am.
- Ring out 2014 with food and friends at our **New Years Eve Party** on Wednesday, Dec. 31st from 8:00pm-12:01am. Give your \$10 to Bill & Rita Wehrle and prepare to celebrate with friends! Setup Tuesday, Dec. 30th at 2:00.

*The center will be closed for the holidays
Tuesday, December 23rd through Sunday, January 4th*

Thank you...

- To all our Veterans, to the NP ‘eateries’ who participated, and to our members for providing a lovely luncheon for all on Veterans Day.
- Jean Holmes & Elaine Aumuller for planning the trip to Macculloch Hall.
- NPHS for hosting a delightful Seniors Day.
- Ted Grinthal for updating our driving skills with the AARP course.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Maxine Hirsch
Pat Connolly, Kay DeMarco, Enid Doyle, Carolyn Foran, Rosalie Hamaty, Jean Holmes, Ed Len, Grace Parlapiano, Doris Velez

Club Officers

President: Christine Napolitano
Vice Pres.: Harry Kundrat
Treasurer: Sal Ligammar
1st Treasurer: Clara DelMonte
2nd Treasurer: Delores Felezzola
Sergeant-at-Arms: Don Kern
Sergeant-at-Arms: Byron Wurst

Contact these members with any questions regarding your club!

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.

Center Coordinator
Peggy Brodeur

Hours
Mondays 10:00 – 4:00
Tuesdays-Fridays: 9:45 – 4:00



Newsletter Staff

Peggy Brodeur
Clara DelMonte
Kay deMarco
Barbara Koslap
Doris Velez

Trips, Activities & Meetings

Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the center at 665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

**Check the calendar
for ongoing activities
& schedule changes!**

- **SUN NOV 30, 2:00-6:00pm: Decorate the center** with the help of volunteers and OLP Confirmation candidates and enjoy a pizza dinner. Sign up if you can help us get in the spirit!
- **Wed., Dec. 3, 11:00am: Meeting** – David Aaron will lead us in a game of “Name That Tune”. We will also celebrate December birthdays.
- **Thurs., Dec. 4, 1:00pm: Craft Favors-** Help us create some festive favors for our Christmas Holiday Party. Refreshments will be served.
- **Thurs., Dec. 4, 7:00pm: “After Hours Holiday Social”** – Join with friends for a social evening. Bring an appetizer or dessert celebrating your family’s heritage and a non-perishable food item to donate to a local food pantry. If you wish to participate in a grab bag gift swap, bring a wrapped “white elephant” or “re-gifted” item.
- **Tues., Dec. 9, 2:00pm: Setup Christmas Holiday Dinner**
- **Wed., Dec. 10, 5:00pm: Christmas Holiday Dinner** – Enjoy a delicious dinner and beautiful music with NPMS Girls’ Chorus. Please bring a nonperishable food item to donate to the OLP Food Pantry (see page 3). Sign up for bus pickup. Cost: \$18. See Christine Napolitano. Shhh...Santa may appear if we are good.
- **Thurs., Dec. 11, 11:30am: Greeting Cards** – Share the spirit of the season and address holiday cards for our absent members. Sign-up in advance. Sandwiches will be provided for those who help.
- **Fri., Dec 12, 12:00pm: Jennie’s “Remember When” Party** – Join us as we eat pizza and cookies and share favorite holiday memories.
- **Wed., Dec. 17, 11:00am: Meeting** – Brandywine Assisted Living will entertain us with a “Holiday Surprise” presentation.

THE CENTER WILL BE CLOSED TUESDAY, DECEMBER 23RD THROUGH SUNDAY, JANUARY 4TH for the Holidays.

- **Tues., Dec. 30, 2:00pm: Setup New Years Eve Party**
- **Tues., Dec. 31, 8:00pm-12:01am: New Year’s Eve Party** – Ring out the old year with food, friends and fun. Cost: \$10. Bill & Rita Wehrle are planning a fun evening! Help them decorate the day before at 2:00pm.
- **Wed. Jan 14, 11:00am: Meeting** - Enjoy the sounds of Elementary Strings and celebrate January Birthdays.

2015 Preview

Valentine’s Luncheon – February 11, 2015

Chinese New Year – February 25, 2015

St. Patrick’s Dinner – March 18, 2015

MOVIE MARQUEE

DECEMBER MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30am & 2:00pm

- December 2 - *Maleficent*
- December 9 – *A Most Wanted Man*
- December 16 – *The Grand Seduction*
- December 23 – *Jersey Boys*
- December 30 – *And So It Goes*

Foreign Films

- Thur., Dec. 4 at 2:00pm – *Winter in Wartime* (Dutch, English and German with English subtitles)
- Tues., Dec. 23 at 7:00pm – *The German Doctor* (Spanish and German with English subtitles)

Tips for Flu Prevention this Season

Flu is a serious contagious disease that can lead to hospitalization and even death. The Center for Disease Control urges you to take the following actions to protect yourself and others from influenza.

1. Take time to get a flu vaccine.
2. Take everyday preventive actions to stop the spread of germs.
 - Try to avoid contact with sick people.
 - If you are sick with flu-like illness, stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities
 - Limit contact with others as much as possible to keep from infecting them.
 - Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after your use it.
 - Clean and disinfect surfaces and objects that may be contaminated with germs.
 - Wash your hands often with soap and water or use an alcohol-based hand rub.
 - Avoid touching your eyes, nose and mouth.
3. Take flu antiviral drugs if your doctor prescribes them.

www.cdc.gov/flu/protect/preventing.htm

Suggested Items to Donate to OLP Food Pantry

Peanut Butter and Jelly
 Rice (white and brown)
 Rice Sides
 Hamburger Helper
 Pancake Flour and Syrup
 Flour
 Sugar
 Tuna & Chicken Breast (canned)
 Canned Pastas (Chef Boyardee)
 Pasta Sauce
 Pasta
 Pasta Sides
 Mayonnaise, Ketchup, Mustard
 Cereals
 Canned Vegetables, Beans, Soups, Fruit
 Canned Meats (Spam, Chili, Stews, Corned Beef Hash)

The Good Olde Days...1910

contributed by one of our members

Some statistics for the year 1910:

- The average life expectancy for men was 47 years.
- Only 14 percent of the homes had a bathtub.
- Only 8 percent of the home had a telephone.
- There were only 8,000 cars and only 144 miles of paved roads.
- The maximum speed limit in most cities was 10 mph.
- The tallest structure in the world was the Eiffel Tower.
- The average wage was 22 cents per hour ; the average worker made between \$200 and \$400 per year.
- A competent accountant could expect to earn \$2,000 per year, a dentist \$2,500 per year, and a veterinarian between \$1,500 and \$4,000 per year.
- More than 95% of all births took place at home.
- Sugar cost four cents a pound, eggs were fourteen cents a dozen, and coffee was fifteen cents a pound.
- Most women only washed their hair once a month, and used Borax or egg yolks for shampoo.
- There was no such thing as underarm deodorant or toothpaste.
- The American flag had 45 stars.
- The population of Las Vegas Nevada was only 30.
- There was no Mother's Day or Father's Day.

Try to imagine what it may be like in another 100 years.

Winter is the season in which people try to keep the house as warm as it was in the summer, when they complained about the heat. ~Author Unknown

Think Positive

Never regret anything that has happened in your life; it cannot be changed, undone or forgotten so take it as a lesson learned and move on.

rishikajain.com

~ December 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 November	1 9:30 Trustee Meeting 11:00 Newsletter 11:30 College Class 12:30 Bridge	2 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	3 Happy Birthday! 10:00 Bus to Club 11:00 David Aaron: Name That Tune! 12:30 Bingo & Cards	4 9:45 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg 1:00 CRAFT: Dinner Party Favors 7:00 "After Hours" Holiday Social	5 9:00 Bus to Mall 10:30 Zumba w/Tonya 12:30 Pizza Bingo 1:00 Scrabble	6
7	8 11:00 Newsletter 12:00 College Class 12:30 Bridge	9 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 10:00 Activities Mtg 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Setup for Dinner 2:00 Converse Italian 3:00 Beginning Italian	10 Christmas Dinner 4:00 Bus to Dinner 5:00 Holiday Dinner- \$18	11 9:45 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg 11:30 Greeting Cards and Sandwiches	12 9:00 Bus to Mall 10:30 Zumba w/Tonya 12:00 "Remember When Party" 1:00 Scrabble	13
14	15 11:00 Newsletter 12:30 Bridge	16 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	17 Happy Hanukkah 9:30 Blood Pressure 10:00 Bus to Club 11:00 Brandywine Holiday Surprise 12:30 Bingo & Cards	18 9:45 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg	19 9:00 Bus to Mall 9:00 Four Cities Bridge 10:30 Zumba w/Tonya 12:30 Pizza Bingo 1:00 Scrabble	20
21	22 9:00 Bus to Shoprite 11:00 Newsletter 12:30 Bridge	23 CENTER CLOSED	24 CENTER CLOSED	25 Merry Christmas CENTER CLOSED	26 CENTER CLOSED	27 CENTER CLOSED
28 CENTER CLOSED	29 CENTER CLOSED	30 CENTER CLOSED 2:00 Setup for Party	31 8:00 New Years Eve Party - \$10 	1 January CENTER CLOSED	2 January CENTER CLOSED	3 January CENTER CLOSED