

New Providence

Senior Citizens Newsletter

September 2014

Volume 14, Issue 9



COORDINATOR'S CORNER

- Welcome Back! The quietness and 'dog days' of August are behind us and the busyness of fall is upon us! Activities begin on Sept 2nd in full earnest with the **UCCC College class** returning on Monday at 11:30 instead of 10:30AM. (Be sure to check the newsletter for the exact times of the events.) Now that we are refreshed and ready to explore the possibilities and to create new experiences for ourselves and friends, let us 'Come on down and ENJOY!'
- **FALL** is when **Fireman Fred** gets his "EverReady" batteries and he replaces the ones in our smoke and CO₂ detectors. Check the list at the Center to be sure your name is still on the list; add your name if you want him to contact you for this service.
- Celebrate and Learn about the "**Chinese Full Moon Harvest Festival**" on Saturday, September 6th from 12:00 Noon-4:00PM. Bring a Pot Luck Dish to share and learn a new custom from our Asian friends.
- **New Providence Annual Street Fair** is Sunday, September 7th from 10:00AM to 5:00PM on Springfield Ave. NPSCClub has rented a table so that others will find out what the NP seniors are doing! Stop by and say "Hi" and pull in some friends to share in our activities.
- **Remember When** we have all had "**Dates Gone Bad**"? Come share, laugh, and enjoy the experiences again with Jennie Andrews on Friday, September 12th @ 12:30pm. (Pizza at \$1.75 per slice is optional.)
- **After Hours** returns for its monthly get-together of empty-nesters and age 50+ friends on Thursday, September 18th at 7:00PM. New resident and UCC professor Bill Dunscombe will lead a lively game of NJ Trivia. Bring a beverage and enjoy the friendship and some tasty cheeses.
- Take the bus to the **John Basilone Parade** on Sunday, September 21st at 10:00AM. Call Clara (908-464-7065) to secure your seat on our bus.
- "**Good Riddance**", a card game similar to BINGO, will be played at the center on Friday, September 26th at 12:30PM. Sign up for the fun that Spring Meadows of Summit has planned for us. PIZZA included.
- Linda has planned another **UC Passport Trip** for us on Tuesday, September 30th at 8:45AM. First, we'll go to the Elizabeth Presbyterian Church and Cemetery with a stop at Boxwood Hall. On the way home, we'll lunch at Café Z in Union at your cost.
- Bags are available at the center for the NP Police Department Medicine Drop Box.
- And, if you would like to be an Officer or Trustee of the Club, drop your name in the Suggestion Box because it is time for the Nominating Committee to look for 2015 Officers.

Schedule Changes

- "College Class" resumes Monday, September 8, 11:30am-1:00pm.
- "In Control" will meet on Mondays at 1:30pm starting September 8th.
- Bus to Shoprite will be on Monday, 9/29, instead of Tuesday, 9/30.
- Tai Chi will meet on Friday, 9/12, instead of Tuesday, 9/9.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Maxine Hirsch
Pat Connolly, Kay DeMarco, Enid Doyle, Carolyn Foran, Rosalie Hamaty, Jean Holmes, Ed Len, Grace Parlapiano, Doris Velez

Club Officers

President: Christine Napolitano
Vice Pres.: Harry Kundrat
Treasurer: Sal Ligammar
1st Treasurer: Clara DelMonte
2nd Treasurer: Delores Felezzola

Contact these members with any questions regarding your club!

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.

Center Coordinator

Peggy Brodeur

Hours

Mondays 10:00 – 4:00
Tuesdays-Fridays: 9:45 – 4:00



Newsletter Staff

Peggy Brodeur
Clara DelMonte
Kay DeMarco
Jean Holmes
Barbara Koslap
Doris Velez

Trips, Activities & Meetings

Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the center at 665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

- **Wed., Sep. 3, 11:00am: Meeting** – We will celebrate September birthdays with the musical artistry of the Intergenerational Orchestra!
- **Sat., Sep. 6, 12:00Noon-4:00pm: Chinese Full Moon Festival Pot Luck Lunch.** Join the celebration at the center and learn about this traditional Chinese harvest festival. Please bring a dish to share.
- **Sun., Sep. 7, 10:00-5:00pm: New Providence Annual Street Fair.** Visit the Senior Citizens booth!
- **Mon., Sep. 8, 11:30am-1:00pm: Union County College Biology Class** resumes at its new time. Bring a bag lunch.
- **Wed., Sep. 10, 11:00am: Meeting** – Bayada Home Healthcare will share with us **“The importance of Music in Our Lives”**.
- **Fri., Sep. 12, 12:30pm: Remember When** – Jennie Andrews leads a discussion on **“Dates Gone Bad”** – the funny, the sad, and the just plain awful! Bring lunch or purchase pizza for \$1.75/slice. Register in advance.
- **Sun., Sep. 14, 3:00-4:30pm: Kickoff Party** to be held at Overlook Hospital for the **“New Vitality”** program. Reduced cost dinner (\$5) available from 4:30-6:30pm at their Sunday Senior Supper Club.
- **Mon., Sep. 15, 7:30pm: The League of Woman Voters** hosts a discussion of **“NJ Government and Higher Education”** at the New Providence Memorial Library.
- **Tues., Sep. 16, 2:00-3:30pm: Sage Spend-a-Day Open House** – Enjoy entertainment, refreshments, and activities. Spend-a-Day staff will be available for tours and information. To register or obtain more information, please call 908-598-5548 or email education@sageeldercare.org.
- **Wed., Sep. 17, 11:00am: Meeting** – Charles Clarkson, Esq., Project Director of Senior Medicare Patrol of New Jersey, explains how to protect yourself against **Medicare fraud, waste, and abuse**.
- **Thurs., Sep. 18, 7:00pm-9:30pm: After Hours** – An evening out for “empty nesters” and other NP adults 50 years plus. Bill Dunscombe will lead a NJ Trivia contest. Soft drinks and cheeses will be provided. Bring a dessert if you wish.
- **Sun., Sep. 21, 10:00am: John Basilone Parade** – Parade honoring Raritan native John Basilone who received the Congressional Medal of Honor and the Navy Cross for his courageous actions during World War II. Parade starts at 1:00. Bus leaves at 10:00am. If interested, speak with Clara DelMonte.
- **Wed., Sep. 24, 11:00am: Meeting** – Personal trainer Janine Skorski gives a presentation on **“Keeping Fit with Less Stress”**.
- **Fri., Sep. 26, 12:30pm: Pizza & Card Party** - Mary Beth Kane from Spring Meadows will teach us a **“Good Riddance Card Game”**. We'll have a great time together playing cards, winning prizes, and eating pizza! Register in advance so there will be enough cards and prizes. Free pizza will be provided.
- **Tues., Sep. 30, 8:45am: UC Passport Trip** – Informative historical tour of the Elizabeth Presbyterian Church, Cemetery, and Boxwood Hall followed by a delicious lunch at Chez Z. Bus leaves at 8:45am. Register in advance. Cost: Buy own lunch.
- **Wed., Oct. 1, 11:00am: Meeting** – We will celebrate October birthdays with a presentation by Leo Piovano on the 450th anniversary of the year in which the great Florentine artist, Michelangelo Buonarroti, died.
- **Sat., Oct. 4, 8:30am-3:00pm: Flea Market.** Hosted by the center. Donate “nearly new” items by October 3rd to be sold for the benefit of the Club. Tables are available for \$10. Harry Kundrat is in charge. Setup starts at 8:00am.
- **Wed., Oct. 8, 11:00am: Meeting** – Ann Lisa Cantatore of **Atlantic Rehab** will discuss their new facilities on Central Avenue.

(continued on page 4)

Thank you...

- Peggy MacNeill for a fun and festive Luau. The fruit basket centerpieces were an inspiration!
- Jimmy Cucco for organizing an exciting excursion and a scenic cruise on the River Lady. Phyllis did her typical fun trip to Mt. Airy – We are all WINNERS!
- NP Pool for a lovely afternoon at the pool with yummy food and great entertainment with Pete Lemone.
- Maestro Maull for an animated introduction to the Summer Concerto from Antonio Vivaldi's "The Four Seasons". Call 908-226-7300 for free tickets to the Discovery Orchestra's Brazilian concert at Drew University on November 9th.

SEPTEMBER FACTS

- Labor Day (Labour Day in Canada) is observed on the first Monday in September in the United States and Canada.
- National Grandparents' Day takes place on the first Sunday after Labor Day in the United States and Canada.
- September's birthstone is the sapphire.
- The birth flowers for September are the forget-me-not, morning glory and aster.
- The zodiac signs for the month of September are Virgo (until September 21) and Libra (from September 22 onwards).

TRIPS, ACTIVITIES & MEETINGS – Continued

- **Wed., Oct. 15, 12:00-3:00pm: Oktoberfest (no meeting)** – It's time to celebrate this traditional Bavarian festival. Enjoy delicious German food from Elmer's and entertainment by Andrew Roblin. Tickets go on sale beginning of September. Cost: \$15
- **Thurs., Oct. 16, 12:30: Papermill Playhouse, "Can-Can"** - A brand new production of Cole Porter's classic musical starring Kate Baldwin and Jason Danieley with show-stopping choreography by Patti Colombo. Tickets go on sale September 3rd. Bus leaves at 12:30. Cost: \$33.
- **Sat., Oct. 18, 10:00am-4:00pm: NPML Craft Fair** – The Friends of the New Providence Memorial Library will hold their annual craft fair at the library.
- **Wed., Oct. 22, 11:00am: Meeting** – Marguerite Stewart from SHIP (Senior Health Insurance Program) will visit. Bring your copy of "Medicare and You" book. Individual consults will be privately held in Senior Center library.
- **Thurs., Oct. 23, 7:30-9:00pm: Historical Society Meeting** – Historical fiction author, Janet Stafford, will give a presentation at the center on the Underground Railroad. Her new book, "After the Storm", will be available for purchase.
- **Wed., Oct. 29, 11:00: Meeting** – The Center for Life Transitions will introduce us to their "Planning Ahead for Changes" program.

MOVIE MARQUEE

SEPTEMBER MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30am & 2:00pm

- September 2 – *Devil's Knot*
 September 9 – *The Amazing Spider-Man 2*
 September 16 – *Divergent*
 September 23 – *Draft Day*
 September 30 – *The Fault in Our Stars*

Foreign Films

- Thu., Sep. 4 at 2:00pm – *The Children of Huang Shi* (English, Japanese & Mandarin)
- Tue., Sep. 23 at 6:30pm – *The Lives of Others* (German with English subtitles)

			~ September 2014 ~				
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
31 August	1 LABOR DAY Center Closed	2 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginning Italian	3 Happy Birthday! 10:00 Bus to Club 11:00 Meeting: B'days, Intergenerational Orchestra 12:30 Bingo & Cards	4 9:45 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	5 9:00 Bus to Mall 10:30 Zumba w/Tonya 12:30 Pizza Bingo 1:00 Scrabble	6 Chinese Full Moon Festival Pot Luck Lunch 12:00-4:00pm	
7 NP Street Fair (10AM-5PM)	8 9:30 Trustee Meeting 10:00 Chair Yoga 11:00 Newsletter 11:30 College Class 12:30 Bridge 1:30 InControl w/Myriam	9 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 10:00 Activities Meeting 11:00 Tennis w/Dick 2:00 Converse Italian	10 9:30 Blood Pressure Screening 10:00 Bus to Club 11:00 Meeting: Importance of Music 12:30 Bingo & Cards	11 9:45 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg	12 9:00 Bus to Mall 10:30 Zumba w/Tonya 12:30 Remember When: "Dates Gone Bad" 12:30 Pizza Bingo 1:00 Scrabble 1:00 Tai Chi w/Ayriel	13	
14 "Kickoff Party" for the New Vitality Program	15 10:00 Chair Yoga 11:00 Newsletter 11:30 College Class 12:30 Bridge 1:30 InControl w/Myriam	16 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginning Italian 2:00 Sage Open House	17 9:30 Blood Pressure Screening 10:00 Bus to Club 11:00 Meeting: Medicare Fraud 12:30 Bingo & Cards	18 9:45 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg 7:00pm After Hours: Cheese Tasting	19 9:00 Bus to Mall 9:00 Four Cities Bridge 10:30 Zumba w/Tonya 12:30 Pizza Bingo 1:00 Scrabble	20	
21 John Basilone Parade	22 10:00 Chair Yoga 11:00 Newsletter 11:30 College Class 12:30 Bridge 1:30 InControl w/Myriam	23 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	24 8:30 Mind the Body 9:30 Blood Pressure Screening 10:00 Bus to Club 11:00 Meeting: Keep Fit w/Less Stress 12:30 Bingo & Cards	25 9:45 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	26 9:00 Bus to Mall 10:30 Zumba w/Tonya 12:30 "Good Riddance" Card Game & Pizza 1:00 Scrabble	27	
28	29 9:00 Bus to Shoprite 10:00 Chair Yoga 11:00 Newsletter 11:30 College Class 12:30 Bridge 1:30 InControl w/Myriam	30 8:45 UC Passport Trip 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginning Italian	1 October	2 October	3 October	4 October	