

New Providence Senior Citizens Newsletter

"Good things happen here!"



NOVEMBER 2019



Vol. 19. No. 11

COORDINATORS CORNER

"By the time you're eighty years old you've learned everything. You only have to remember it." » George Burns

The month of November always reminds me to be grateful for everything in my life - the good and the not so good. My wish for you is that you can reflect on each day and find something for which to be grateful.

- **It's a birthday EXTRAVAGANZA!**

Please join us on **Wednesday, November 13th** at 11am as we CELEBRATE! We will celebrate November and December birthdays as well as "CHEERS TO 90 + YEARS!" We invite **all members** (and friends) to celebrate with those in their 9th decade with trivia and music of the 1940s. Come reminisce and enjoy refreshments *which are courtesy of Spring Grove Rehabilitation Center*.

- **Center Decorating** – come join Middle School student volunteers decorate our trees on Friday, December 6th. We will also make centerpieces that we will use at the Holiday Luncheon. If you make one, you can take it home after the luncheon. The students ask each year if they can "interact" with the seniors. Now is that opportunity!
- Please remember to sign up for **"Senior Day" at the New Providence High School held on Thursday, November 14th**. It's always a GREAT day with food and music!
- In October, Elyse Drucker, a representative from the State Health Insurance Assistance Program (SHIP) discussed the changes in Medicare—there are many! I recommend if you have questions to give her a call to make sure you are enrolled in the best option for YOU. This is a FREE service. The number for SHIP is 908-273-6999.

THANK YOU...

- Christine Napolitano for sharing her love of birds with us.
- Leo Piovano for his delightful talk on Italian artist "Caravaggio" and the Diversity Committee for providing delicious Italian pastries.
- Romesh Arora & Bill Wehrle for running the trip to Wind Creek Casino.
- Amulya Uppala from Overlook's New Vitality Program for the informative "Ask the Pharmacist" presentation.
- Elyse Drucker from SHIP for updating us on "Medicare Changes".
- Randi Emmer from Friends of the Great Swamp for teaching us about the Great Swamp and bird migration.
- Kathy Hendrickson for providing October's birthday cake.
- Maria Insinger and Joan Bollman for volunteering to help with refreshments at Wednesday meetings.
- Spring Grove for providing pizza for Pizza Bingo on October 11th.
- Ernie Gonczlik's friends and family who made donations to the NPSCC in his memory.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Vice-Chair: Grace Parlapiano
Secretary: Bette Schmitt
Kathy Hendrickson, Sal Ligamari, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Bill Wehrle

Club Officers

President: Peggy Brodeur
Vice President: Bill Wehrle
Treasurer: Sal Ligamari
1st Treasurer: Delores Felezzola
2nd Treasurer: Lidia Astapova
Sergeants-at-Arms: Don Kern, Mike Ferlise

Contact these members with any questions regarding your club.

Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Co-ordinators

Therese Dalton
Michelle Zack

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

- ShopRite - Tuesday mornings (call between 8:30-9:00am).
- Club Meetings - Wednesday mornings (call by 10:00am).
- Livingston Mall or Blue Star Mall - Friday mornings except 1st Friday (call between 8:30-9:00am).

Trips, Activities & Meetings

Tickets for events may be purchased at the Center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the Center at 908-665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

Check calendar for ongoing activities & schedule changes.

- ☑ **Tues., Nov 5, 6:00am-8:00pm: Election Day** – The DeCorso Center is the voting place for Districts 1, 3, 4, & 5. All classes and activities will be cancelled. There will be a bus to ShopRite.
 - **Wed., Nov 6, 11:00am: Club Meeting** – Dennis Kelleher of TransOptions will give a presentation on **“What’s Changed Since I Started Driving.”**
 - 🚩 **Mon., Nov 11, 10:30am: Veterans Day Remembrance @ American Legion Post** – Honor veterans on this special day. Sign up at the center in advance. Please bring a finger food dessert. See article on page 3.
 - ✂️ **Wed., Nov 13, 11:00am: Birthday Extravaganza** – Join us for a special celebration of members age 90 and above at **“Cheers for 90+ Years!”**. We will share refreshments, fun, and memories as we toast our most senior members. November and December birthdays will also be celebrated. Chatham Hills will call bingo!
 - 🚌 **Thurs., Nov 14, 10:00am: Senior Citizens Day at NPHS** – Musical performances, lunch, and the NPHS Fall play, “Clue”. Due to limited parking and seating, those attending MUST pre-register and take the bus from the center. See article on page 3.
 - 🚩 **Mon., Nov 18, 8:30am: Salt Brook School Veterans Breakfast** – All Veterans are invited to a breakfast at Salt Brook School. Please RSVP to Kristin Jacobs at 908-603-7742 by November 1.
 - 📖 **Tues., Nov 19, 10:45am** – Therese Dalton will moderate a discussion of **“An Invisible Thread”**.
 - **Wed., Nov 20, 11:00am: Club Meeting** – Mindy Parisi, RN, MSN, from Overlook’s New Vitality Program will explain the health benefits of humor in a presentation entitled **“Laughter is the Best Medicine”**.
- The Center will be closed Wednesday, November 27th through Friday, November 29th for the Thanksgiving holiday. We will reopen on Monday, December 2nd. Happy Thanksgiving!***
- **Tues., Dec 3, 11:00am: Address Holiday Greeting Cards** – Share the spirit of the season and join us as we prepare holiday cards to send to our absent members. Please sign up in advance if you plan to help.
 - **Wed., Dec 4, 11:00am: Club Meeting** – Meet the new generation of students as members of the **NPHS Sociology Class** visit the center to interview NPSCC members. Come prepared to share your teenage experiences as we compare our teenage years with theirs. Please participate in these delightful discussions!
 - **Fri., Dec 6, TBD: Center Decoration & Holiday Centerpieces** – Join the New Providence Middle School students as we decorate the center for the holidays and make centerpieces to be used at the Holiday Luncheon. Centerpieces will be labeled so that their creators may take them home after the luncheon.
 - **Tues., Dec 10, 1:00pm: Setup** for Holiday Luncheon.
 - 🎵 **Wed., Dec 11, 12:00noon: Holiday Luncheon** - Enjoy a delicious lunch from Elmer’s with entertainment provided by the NPMS Girls Chorus. Please bring a nonperishable item to donate to the OLP Food Pantry. COST: TBD. Tickets must be purchased in advance. Sign up for bus pickup.
 - **Wed., Dec 18, 11:00am: The Golden Age of Musicals** –Join us for a special program to start your holiday season! Enjoy film clips and an entertaining discussion led by Sam and Candy Caponegro about the great musical films of the 1950s. Holiday cookies will be served.
 - 🎵 **Sat., Dec 21, 1:00pm: Christmas Cantata** - The Union Methodist Church Choir will perform traditional carols at the center. Enjoy this wonderful opportunity to celebrate the season. Light refreshments. Sign up in advance.

The Center will be closed Monday, December 23rd through Wednesday, January 1st. We will reopen Thursday, January 2nd. Happy Holidays!

VETERANS DAY REMEMBRANCE

American Legion Post #433 invites veterans and friends to join them for a Veterans Day Remembrance on Monday, November 11th at 10:30am. An "Eleventh Hour of the Eleventh Day Service" will be held at 11:11am. Following the service, there will be a light lunch provided by local eateries and desserts prepared by senior citizen bakers. "The Cover Girls" will provide a musical tribute to our service men and women. If you plan to attend, please sign up at the De Corso Center or call 908-665-0046.

CHEERS FOR 90+ YEARS

Join us on Wednesday, November 13th at 11:00am as we pay tribute to NPSCC members who have attained the milestone age of 90 or above. We will share delicious refreshments, fun activities, and delightful memories! We invite you to participate in this wonderful celebration.

SENIOR CITIZENS DAY AT NPHS

New Providence High School will be hosting "Senior Citizens Day" on Thursday, November 14th. NPSCC members are invited to attend musical recitals, enjoy a delicious Thanksgiving lunch prepared by NPHS students, and attend a dress rehearsal of the NPHS Fall play, "Clue". Due to limited parking and lunch seating, those attending MUST pre-register and take the bus from the center. Bus transportation back to the center will be available after the lunch and, for those who stay to watch the play, when the play is over.

AROUND TOWN...**NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

Talking Across the Political Divide – Practice conversation skills that respectfully clarify political differences and lead to common ground. Workshop by Better Angels, a national bipartisan nonprofit. Sun., Nov 3, 1:30–4:00 pm.

Knitting/Crocheting Group - Mon., Nov 4 & 18, 7pm

Jon Gertner Author Event – Bestselling author of *The Idea Factory* will speak about his latest book *The Ice at the End of the World*. Tues., Nov 12, 7:30pm

DSLR Camera Basics – Workshop with Anne Sorochen. Sat., Nov 16, 10:00am – 12:00pm

Dino to Doo-wop: A Musical Story – Singer Joey Gilligan will sing music from the 1950s interspersed with stories and facts about the singers and music of that era. Sun., Nov 17, 3:00pm

Baseball Discussion Group – Mon., Nov 18, 7pm

Book Lovers Circle – Sue Lipstein will preview 10 new novels. Tues., Nov 19, 10:30am.

BOROUGH OF NEW PROVIDENCE

Holiday Festival – Kick off the holiday on Friday, Nov 29. Come watch Santa arrive in town with a parade led by the NPHS Pioneer Band and the NPSFD. The fun begins at 4:30pm and Santa arrives at 6:00pm at Provident Bank.

DECORSO CENTER

NJ Maternal Mortality: A Critical Issue – Panel discussion sponsored by The League of Women Voters. Thurs., Nov 14, 7:00pm

AMERICAN LEGION POST #433

Veterans Day Remembrance – See article at left.

SALT BROOK SCHOOL

Veterans Breakfast – Mon., Nov 18, 8:30am. Please RSVP to Kristin Jacobs at 908-603-7742 by November 1.

MOVIE MARQUEE**NOVEMBER MOVIES AT THE NP MEMORIAL LIBRARY**

The Tuesday movies have closed captioning.

Tuesdays at 1:00pm

November 5 – *Rocketman*
November 12 – *The Tomorrow Man*
November 19 – *Big Night*
November 26 – *Luce*

Foreign Films

Weds., November 6, 1:00pm – *Transit* (In German & French with English subtitles)
Mon., November 25, 7:00pm – *Cold War* (In Polish, French, & German with English subtitles, plus Russian, Italian & Croatian)

PSE&G...STAY INFORMED DURING STORMS

PSE&G's online Outage Center offers a number of ways to stay in touch and informed before, during, and after a storm. Visit pseg.com/outagecenter to report an outage and check your outage status; view the company's "outage map", updated every 15 minutes, which displays the location and status of power outages in the service territory; and give access to important information to help keep you safe.

PSE&G customers can also sign up for MyAlerts to report outages and get updates, through your preferred contact method, about the status of your outage. To learn more visit pseg.com/myalerts.

If you or a member of your household rely on electricity to operate life-sustaining equipment, notify PSE&G. For more information visit pseg.com/life or call 1-800-436-7734.

Also, consider signing up for the state's Register Ready program, New Jersey's special needs registry for disasters. To register call 2-1-1 or visit registerready.nj.gov. In Union County call the Office of Health Management at 908-518-5620 to request an application.

The Service Network, September 2019, Issue 5

SAGE ELDERCARE

SAGE Eldercare is a nonprofit organization committed to providing programs and services to meet the changing needs of older adults, their families, and caregivers. New Providence Borough has contracted with SAGE and their services are available to all New Providence residents. Kathy Larkin, LCSW, the liaison for New Providence residents, may be reached at 908-598-5509.

NOVEMBER PROGRAMS AT SAGE:

Self Defense for Older Adults: – Useful defense techniques and situational awareness skills for everyday life. Thurs., Nov 14, 10:30-11:30am.

Christmas Traditions – Historical slide show by Kevin Woyce. Explore favorite Christmas traditions. Tues., Nov 19, 2:00-3:00pm. Fee \$5.

Call 908-598-5548 to register.

THANKSGIVING RIDDLES

Q. If pilgrims travel on the Mayflower, then what do college students travel on?

A. The Scholar Ships

Q. Where did they take the Mayflower when it was sick?

A. The nearest doc.

Q. How did Mayflower sailors say hello to each other?

A. They waved.

Q. How did the Pilgrims bring their cows to America?

A. On the Moooooo-flower.

A. What would you get if you crossed a turkey with a ghost?

A. A poultry geist!

Q. Why was the turkey in jail?

A. Fowl play.

HAPPY THANKSGIVING!

You've Made a Difference

*As Thanksgiving Day approaches,
Our blessings we recall;
The things we are most thankful for
We recollect them all.
You are really special,
In all you say and do.
You've made a difference in our lives;
We're thankful now for you.*

NOVEMBER FACTS

Birthstone: Topaz and Citrine

Flower: Chrysanthemum

Zodiac Signs: Scorpio (Oct 23 – Nov 21) & Sagittarius (Nov 22 – Dec 21)

Holidays and Observances:

Daylight Saving Time Ends – Nov 3


Election Day – Nov 5

Veterans Day – Nov 11

Thanksgiving Day – Nov 28

NEW PROVIDENCE SENIOR CITIZENS CLUB

~ November 2019 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 27 NP Street Fair 10:00am-4:00pm	Oct 28 8:30 In Control 10:30 Biology Class 11:00 Newsletter Meeting 11:00 Chair Yoga 12:30 Bridge	Oct 29 9:00 Bus to ShopRite ⁴ 9:45 Balance & Conditioning 11:00 Communication Crew 11:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	Oct 30 10:00 Blood Pressure 10:00 Bus to Club ⁵ 11:00 Meeting – “The Great Swamp and Bird Migration” 12:30 Bingo	Oct 31 Happy Halloween! 9:30 Fit & Healthy 10:00 Bridge Lessons - \$10 11:00 Exercise with Arthritis 12:30 Bridge 12:30 Mah Jongg 	1 9:00 <u>NO</u> Bus to Mall 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 <u>NO</u> Pizza Bingo	2 Paca Club Craft Fair & Bake Sale @ Paca Club 10:00am – 4:00pm
3 Daylight Saving Time Ends	4 8:30 In Control 9:30 Trustee Meeting 10:30 Biology Class 11:00 Newsletter Meeting 11:00 Chair Yoga 12:30 Bridge	5 Election Day 6:00am – 8:00pm 9:00 Bus to ShopRite ⁴ All other classes and activities are cancelled.	6 10:00 Blood Pressure 10:00 Bus to Club ⁵ 11:00 Meeting – “What’s Changed Since I Started Driving.” 12:30 Bingo	7 9:30 Fit & Healthy 10:00 Bridge Lessons - \$10 12:30 Partner Bridge 12:30 Mah Jongg	8 9:00 Bus to Blue Star ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo	9
10	11 Veterans Day 8:30 In Control 10:30 Biology Class 10:30 Veterans Day @ American Legion Post¹ 11:00 Chair Yoga 12:30 Bridge	12 9:00 Bus to ShopRite ⁴ 9:45 Balance & Conditioning 10:00 Activities Meeting 11:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	13 Happy Birthdays! 10:00 Blood Pressure 10:00 Bus to Club ⁵ 11:00 Special - “Cheers for 90+ Years!” & Birthday Extravaganza 12:30 Bingo – Chatham Hills	14 9:30 Fit & Healthy 10:00 Bridge Lessons - \$10 10:00 Seniors Day @ NPHS¹ 12:30 Duplicate Bridge 12:30 Mah Jongg	15 9:00 Bus to Mall ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo	16
17 Dino to Doo-wop: A Musical Story @ NPML 3:00pm	18 8:30 Veterans Breakfast @ Salt Brook School¹ 8:30 In Control 10:30 Biology Class 11:00 Newsletter Meeting 11:00 Chair Yoga 12:30 Bridge	19 9:00 Bus to ShopRite ⁴ 9:45 Balance & Conditioning 10:45 Book Club 11:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	20 10:00 Blood Pressure 10:00 Bus to Club ⁵ 11:00 Meeting – “Laughter is the Best Medicine!” 12:30 Bingo	21 9:30 Fit & Healthy 10:00 Bridge Lessons - \$10 12:30 Duplicate Bridge 12:30 Mah Jongg	22 9:00 Bus to Mall ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo	23
24	25 8:30 In Control 10:30 Biology Class 11:00 Newsletter Meeting 11:00 Chair Yoga 12:30 Bridge	26 9:00 Bus to ShopRite ⁴ 9:45 Balance & Conditioning 11:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	27 CENTER CLOSED	28 CENTER CLOSED 	29 CENTER CLOSED NP Holiday Festival 4:30pm	30

¹Sign up in advance

²Purchase ticket in advance

³Schedule appointment in advance

⁴Call between 8:30 - 9:00am

⁵Call before 10:00am